

First paper assignment

Length: Two double-spaced pages

Due: 10am, Tuesday, **January 20, 2015**

Where: Send electronically to your TA

Details: Please make sure to **write your table number** and the **name of your TA** on the paper heading.

After participating in the break out session discussion on Thursday, choose one of the passages discussed and/or its related topic to develop a more extended argument. Your remarks should build on what was said but be your own further analysis. You are encouraged to use modern parallels, but make sure that they reflect on or illuminate ancient ideas or practices.

The topics are:

1. How did two different Greek city states imagine the relationship between athletic training and war?
2. How do trainers motivate athletes?
3. How do trainers select the young for specific sports?
4. Resistance training and the tetrads (since you had a great deal to say about this, we are including it as a follow-up topic).