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## The exoribonuclease Xrn1 is a post-transcriptional negative regulator of autophagy

Elizabeth Delorme-Axford<sup>a</sup>, Emma Abernathy<sup>b</sup>, Nicholas J. Lennemann <sup>b</sup><sup>c</sup>, Amélie Bernard<sup>a#</sup>, Aileen Ariosa<sup>a</sup>, Carolyn B. Coyne <sup>c</sup>, Karla Kirkegaard<sup>b</sup> and Daniel J. Klionsky <sup>a</sup>

<sup>a</sup>Life Sciences Institute, University of Michigan, Ann Arbor, MI, USA; <sup>b</sup>Department of Genetics, Stanford University School of Medicine, Stanford, CA, USA; <sup>c</sup>Department of Pediatrics, University of Pittsburgh, Pittsburgh, PA, USA

#### ABSTRACT

Macroautophagy/autophagy is a conserved catabolic process that promotes survival during stress. Autophagic dysfunction is associated with pathologies such as cancer and neurodegenerative diseases. Thus, autophagy must be strictly modulated at multiple levels (transcriptional, post-transcriptional, translational and post-translational) to prevent deregulation. Relatively little is known about the post-transcriptional control of autophagy. Here we report that the exoribonuclease Xrn1/XRN1 functions as a negative autophagy factor in the yeast *Saccharomyces cerevisiae* and in mammalian cells. In yeast, chromosomal deletion of *XRN1* enhances autophagy-related (*ATG*) transcripts under nutrient-replete conditions, and this effect is dependent on the ribonuclease activity of Xrn1. Xrn1 expression is regulated by the yeast transcription factor Ash1 in rich conditions. In mammalian cells, siRNA depletion of XRN1 enhances autophagy and the replication of 2 picornaviruses. This work provides insight into the role of the RNA decay factor Xrn1/XRN1 as a post-transcriptional regulator of autophagy.

Abbreviations: Ape1: aminopeptidase I; CVB: coxsackievirus B; EV: empty vector; GFP: green fluorescent protein; HA: hemagglutinin; HBMECs: human brain microvascular endothelial cells; HBSS: Hanks balanced salt solution; HDAC: histone deacetylase complex; KO: knockout; LC3: microtubule associated protein 1 light chain 3; PA: protein A; PCR: polymerase chain reaction; prApe1: precursor Ape1; RT-qPCR: real-time quantitative PCR; PE: phosphatidylethanolamine; PV: poliovirus; SD: standard deviation; RNAse: ribonuclease; Rpd3L: Rpd3 large; TEM: transmission electron microscopy; ts: temperature-sensitive; WT: wild type

## Introduction

Macroautophagy/autophagy is a highly dynamic and conserved process of cellular self-eating that promotes survival during various types of stress including nutrient deprivation. The formation of the double-membrane autophagosome is the classical morphological feature of autophagy. Basal levels of autophagy are generally low; however, autophagy is upregulated by various stimuli. During nonselective autophagy (such as that induced by starvation), bulk cytoplasm is taken up into phagophores, the precursors to autophagosomes. Fusion of the autophagosome with the vacuole (in yeast) or the lysosome (in mammalian cells) is a late step in the autophagy pathway. Autophagic flux culminates with cargo degradation within the vacuole or lysosome, followed by efflux of the breakdown products through membrane permeases.

Dysregulated autophagy is associated with a wide range of human diseases. Accordingly, this process must be strictly regulated, and these controls occur at multiple levels including transcriptional, post-transcriptional and post-translational [1–3]. In mammalian cells, noncoding RNAs such as microRNAs may influence autophagy induction at the post-transcriptional level

#### **ARTICLE HISTORY**

Received 7 September 2017 Revised 1 November 2017 Accepted 13 February 2018

#### **KEYWORDS**

Ash1; Atg8; autophagosome; autophagy related; BECN1; coxsackievirus B; CRISPR; CVB; Dcp2; LC3; macroautophagy; mRNA; picornavirus; poliovirus; RNA; RNA decay; stress; vacuole; yeast

[1,3–5]. However, the RNA interference system has been lost in *Saccharomyces cerevisiae* [6]v RNA decay pathways are also critical to maintaining post-transcriptional regulation over gene expression. mRNA species are canonically degraded following trimming of the polyA tail in either the 5' to 3' direction by the cytoplasmic exoribonuclease Xrn1, or the 3' to 5' direction by the multisubunit exosome complex (for review see refs. [7–9]). At least for yeast, these 2 degradation pathways are the major mechanisms for RNA decay and turnover in the cytoplasm.[10]

Xrn1 is a highly conserved (from yeast to human) component of processing bodies, which are considered to be probable sites of cytoplasmic mRNA degradation for nontranslating mRNAs [7,11–13]; although mRNA degradation also occurs cotranslationally [14]. In the 5' to 3' mRNA decay pathway, mRNAs are trimmed and/or deadenylated by the Pan2-Pan3 and Ccr4-NOT complexes and then undergo decapping by Dcp2 and the decapping cofactor Dhh1/Ddx6 to hydrolytically remove the 5' methylguanosine cap from transcribed mRNAs prior to degradation [8,9,15]. Pathways involving Xrn1-mediated RNA decay also exist

**CONTACT** Daniel J. Klionsky klionsky@umich.edu Life Sciences Institute, University of Michigan, Ann Arbor, MI 48109, USA. <sup>#</sup> Current address: Laboratory of Membrane Biogenesis, CNRS UMR5200, University of Bordeaux, Bordeaux, France.

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Supplemental data for this article can be accessed on the https://doi.org/10.1080/15548627.2018.1441648.

independently of the canonical 5' to 3' decapping-dependent mechanism [8,10,16–21]. Endonucleolytically cleaved mRNA and long non coding RNA are also substrates that are susceptible to Xrn1 RNAse activity (reviewed in refs. [8,19]) [20–23]. Furthermore, Xrn1 may function as a selectivity factor [24], as loss of expression does not simply equate to an overall global increase in steady-state transcript levels [25].

In this study, we expand on our previous work, which identified the decapping enzyme Dcp2 and Dhh1 as posttranscriptional regulators of autophagy and autophagyrelated (ATG) transcripts [26]. Here we investigate the role of Xrn1, which functions downstream of Dhh1-Dcp2 in canonical 5' to 3' RNA decay. Our studies demonstrate that Xrn1/XRN1 functions as a negative regulator of autophagy in both yeast and mammalian cells. In yeast, chromosomal deletion of XRN1 enhances autophagy during short-term nitrogen starvation and increases the frequency of autophagosome formation (i.e., the number of autophagosomes formed). Loss of Xrn1 results in the upregulation of unique ATG transcripts under nutrient-replete conditions. We demonstrate that downregulation of select ATG transcripts is dependent on the ribonuclease activity of Xrn1. Xrn1 expression is positively regulated by the yeast transcription factor Ash1 during nutrient-rich conditions. Xrn1 expression decreases significantly when cells are starved. In mammalian cells, XRN1 also functions to maintain autophagy at an appropriate basal level and to limit the infectivity of 2 picornaviruses-poliovirus (PV) and coxsackievirus B (CVB). Our current data support a model in which the cell produces an excess of select ATG transcripts during fed conditions, which are targeted by Xrn1; this mechanism serves to jumpstart autophagy once the cell is starved.

## Results

## The exoribonuclease Xrn1 is a negative regulator of autophagy

In a comprehensive screen for RNA-binding proteins, we previously identified the RCK family member Dhh1, a cytoplasmic DExD/H-box helicase that promotes mRNA decapping and decay, and Dcp2, the catalytic subunit of the decapping enzyme complex in S. cerevisiae, as post-transcriptional regulators of autophagy [26]. To expand on our earlier work and to search for other RNA regulatory factors that could be involved in modulating autophagy, we screened additional mutants deficient in genes from various RNA decay pathways using the Pho8∆60 assay and identified Xrn1 (Figure 1A). In the Pho8 $\Delta$ 60 assay, vacuolar phosphatase activity is a quantitative enzymatic measurement of autophagy activity [27]; however, some minimal degree of background phosphatase activity is observed in cells even under rich conditions. Here, we examined cells at 3 h of nitrogen starvation when the level of background activity should be reduced; shorter time points of starvation (1-2 h) lead to higher background levels and a less robust signal-to-noise ratio (our unpublished observations). As expected, in cells that were starved for nitrogen, we observed a substantial increase in autophagy activity in the wild-type (WT) strain and little activity in the  $atg1\Delta$  strain (Figure 1A). In comparison, starvation-induced autophagy was enhanced (~20%) in the  $xrn1\Delta$  strain (Figure 1A). Additional evidence presented here (Figure 1B to F, Figure 2A and B, and Figure 5A and B) indicates a role for Xrn1 as an autophagy mediator at earlier stages in the pathway and may explain why the Pho8 $\Delta$ 60 response (measured at 3 h) is not as robust as observed in assays performed using shorter time points (30–120 min).

To further validate our results that the loss of XRN1 enhances autophagy, we performed the GFP-Atg8 processing assay (Figure 1B and C). Atg8 is required for membrane expansion and closure of the phagophore. Atg8 associates with both the inner and outer membranes of the nascent phagophore, and the population that is present on the inner membrane remains associated with the completed autophagosome [28]. Progression through the autophagic pathway results in the fusion of the autophagosome with the vacuole. The inner autophagosome vesicle is released into the vacuole lumen, where it is termed an autophagic body; this vesicle is lysed allowing cargo access to vacuolar hydrolases. The use of a GFP-Atg8 fusion protein can be utilized as a method to assess the level of bulk autophagy based on the release of free GFP, which is relatively stable in the vacuole lumen [29-31]. Utilizing the GFP-Atg8 processing assay, we observed that the  $xrn1\Delta$  strain showed higher levels of free GFP (and thus higher autophagy activity) than the WT strain at 1 h of starvation (Figure 1B and C).

We further confirmed that cells deficient in Xrn1 undergo a more rapid and robust autophagy response by performing the precursor aminopeptidase I (prApe1) processing assay in a vac84 strain background (Figure 1D and E). Apel is a resident vacuolar hydrolase that traffics to the vacuole through the cytoplasm-to-vacuole targeting (Cvt) pathway, a biosynthetic mechanism of selective autophagy. The Cvt pathway involves recognition of an Ape1 complex by its receptor Atg19 [32] and the scaffold protein Atg11 [33] under rich conditions. Within the vacuole, prApe1 (61 kDa) is proteolytically processed to Ape1 (50 kDa); this can be monitored by SDS-PAGE and western blotting, thus providing a method for assaying selective autophagy activity. In the vac81 mutant, the Cvt pathway is defective under nutrient-replete conditions, and prApe1 can only traffic to the vacuole and undergo processing during starvation conditions in a selective autophagy process that still requires both Atg11 and Atg19 [34]. In this autophagy assay,  $xrn1\Delta$ cells exhibit a more rapid induction of autophagy when starved for nitrogen (Figure 1D and E).

Finally, we examined the consequence of deleting *XRN1* on the biosynthesis of Atg8. The Atg8 protein exists in 2 forms in the cell—a C-terminally cleaved, nonlipidated soluble species, and a lipidated phosphatidylethanolamine (PE)-conjugated form. In addition, *ATG8* transcription and Atg8 protein levels increase substantially during autophagy induction [35]. Thus, monitoring the total amount of Atg8 and its lipidation status provides another readout for autophagy. We found that cells lacking *XRN1* had an increased amount of Atg8 relative to the



**Figure 1.** Xrn1 negatively regulates autophagy. (**A**) WT (WLY176),  $atg1\Delta$  (WLY192) and  $xn1\Delta$  (EDA62) cells were grown to mid-log phase in YPD (+N) and then starved for nitrogen (-N) for 3 h. The Pho8 $\Delta$ 60 activity was measured and normalized to the activity of starved WT cells, which was set at 100%. Results are the mean of 5 independent experiments. Error bars indicate standard deviation (SD). (**B**) WT (WLY176) and  $xn1\Delta$  (EDA62) cells transformed with a centromeric plasmid encoding GFP-Atg8 were grown to mid-log phase in rich selective medium and then starved for nitrogen (SD-N) for 0, 1, 2 or 3 h. Cells were collected at the indicated time points and protein extracts were analyzed by SDS-PAGE and blotted with anti-YFP or anti-Pgk1 (loading control) antibodies. (**C**) Densitometry of blots represented in (**B**). The ratio of GFP-Atg8 to fuel served for fuel (sum of full-length GFP-Atg8 and free GFP) or free GFP:total GFP was quantified with ImageJ. Results shown are the mean of 4 independent experiments +/- SD. (**D**) WT ( $vac8\Delta$ ; CWY230) and  $xn1\Delta$  ( $vac8\Delta$   $xn1\Delta$ ; EDA152) cells at 0, 30 and 60 min of nitrogen starvation. Precursor (prApe1) and mature (Ape1) forms of ami-nopeptidase 1 were detected with anti-Age1 or anti-Pgk1 (loading control) antisera. (**E**) Densitometry of blots represented in (**D**). The ratio of Ape1:total Ape1 and Ape1) was quantified with ImageJ. Results shown are the mean of 4 independent experiments +/- SD. (**F**) WT (SEY6210),  $atg8\Delta$  (YAB369) and  $xn1\Delta$  (EDA85) cells were grown to mid-log phase in YPD and then starved for nitrogen (SD-N) for 0, 1, or 2 h. Protein extracts were analyzed by SDS-PAGE and blotted with anti-Atg8 or anti-Pgk1 (loading control) antisera (\*denotes nonspecific band). Blots shown are representative of 3 independent experiments. Also see Table S1.

WT and showed enhanced Atg8 lipidation (Atg8–PE) (Figure 1F), further demonstrating that Xrn1 negatively regulates autophagy.

## Loss of Xrn1 increases the frequency of autophagosome formation

Alterations in the magnitude of autophagy can be due to a change in the number or in the size of autophagosomes [35-37]. To address whether loss of Xrn1 affected the size or frequency of autophagosome formation, we performed transmission electron microscopy (TEM) on starved yeast cells lacking *XRN1* (Figure 2). To do this analysis, we examined the status of autophagic bodies within the vacuole of cells lacking the vacuolar protease Pep4/proteinase A. In the absence of Pep4, cells maintain (rather than degrade) autophagic bodies in the vacuole. In total, we examined over 200 unique cells (between 2 independent sample preparations) and analyzed the

images using a published method for estimating both the size and number of the original autophagic bodies [38] (Figure 2, Figure S1 and Table S2). When nitrogen starved for 2 h, *xrn1* $\Delta$ cells exhibited an increase in the number of autophagosomes of ~2-fold over WT (Figure 2A and B and Table S2). No significant difference in autophagosome size was noted between WT and *xrn1* $\Delta$  cells (Figure 2A and C and Table S2). These data support a model whereby Xrn1 negatively regulates autophagy by affecting the frequency of autophagosome formation.

## *Xrn1 expression decreases with nitrogen starvation and autophagy induction*

Negative regulators of autophagy, which maintain activity at a basal level under nutrient-rich conditions, are typically inactivated following the induction of autophagy (reviewed in ref. [39]). To determine whether Xrn1 expression is altered during autophagy induction, we examined *XRN1* mRNA levels during



**Figure 2.** Loss of *XRN1* increases autophagosome formation frequency. (A) Representative TEM images showing enhanced accumulation of autophagic bodies (ABs) in *xrn1* $\Delta$  cells (EDA117) compared to WT cells (FRY143) from 2 independent experiments after 2 h in SD-N. Asterisks indicate autophagic bodies. Scale bar: 500 nm. (B) Estimated average number of autophagic bodies per cell. Estimation was based on the number of autophagic body cross-sections observed by TEM [38]. Over 100 unique cells were captured and analyzed per strain for each independent experiment. (C) The estimated mean radii (in nm) of the original autophagic bodies observed by TEM in WT and *xrn1* $\Delta$  cells was analyzed as described previously [38]. Over 400 unique autophagic bodies were captured and analyzed per strain for each independent experiment. Also see Figure S1 and Table S2.

both growing and starvation conditions in WT cells with realtime quantitative PCR (RT-qPCR; Figure 3A). We observed a significant decrease (~60%) in *XRN1* mRNA levels at 1 h of nitrogen starvation compared to rich conditions (Figure 3A). We then sought to determine whether the observed decrease in *XRN1* mRNA corresponded to a similar reduction in Xrn1 protein levels (Figure 3B and C and Figure S2). We chromosomally tagged *XRN1* with either hemagglutinin (3xHA; Figure 3B and C) or (PA; Figure S2) at the C terminus, and assessed endogenous Xrn1 fusion protein expression levels by western blot (Figure 3B and C and Figure S2). We observed a significant decrease in Xrn1-3xHA (and Xrn1-PA) expression during nitrogen starvation, further supporting its role as a negative autophagy regulator in growing conditions that is inactivated when autophagy is stimulated.

## Xrn1 represses the expression of select ATG mRNAs under nutrient-replete conditions

Recent work has demonstrated the inherent complexity in the regulatory network that controls ATG gene expression at multiple levels (reviewed in refs. [1,40]) [26,36,37,41–43]. Additionally, components of the mRNA decapping machinery (in particular Dcp2 and Dhh1) play an important role in regulating ATG mRNA levels [26]. As Xrn1 is the major cytoplasmic 5' to 3' exoribonuclease in yeast and because we observed that Xrn1 functions as an autophagy repressor under rich conditions, we



**Figure 3.** Xrn1 expression levels decrease after autophagy induction. (A) WT (WLY176) cells were grown to mid-log phase in YPD (+N) and then nitrogen starved (-N) for 1 h. Total RNA was extracted and RT-qPCR was performed. Results shown are relative to the level of *XRN1* mRNA in rich conditions (+N), which was set to 1. *TFC1* was used to quantify relative expression levels. Results shown are the mean of 6 independent experiments +/- SD. (B) Cells (EDA161) endogenously expressing Xrn1-3xHA were grown to mid-log phase in YPD (+N) and then nitrogen starved (-N) for 1 h. Protein extracts were analyzed by SDS-PAGE and blotted with anti-HA antibody or anti-Pgk1 (loading control) antiserum. (C) Densitometry of n=4 blots represented in B. The ratio of Xrn1-3xHA:Pgk1 was quantified with ImageJ. Also see Figure S2.



**Figure 4.** Xrn1 represses the transcription of select *ATG* mRNAs under nutrient-rich conditions. (A) WT (WLY176) and  $xrn1\Delta$  (EDA62) cells were grown to mid-log phase in YPD (+N). Total RNA was extracted and RT-qPCR was performed. Results are shown relative to the level of mRNA expression in WT cells under rich conditions (+N), which was set to 1. *TFC1* was used to quantify relative expression levels. Results shown are the mean of at least 3 independent experiments. (B) WT (WLY176) and  $xrn1\Delta$  (EDA62) cells were nitrogen starved (-N) for 1 h. Total RNA was extracted and analyzed as in (A). (C) (Top) Loss of *XRN1* enhances Atg8 protein expression. WT (*pep4* $\Delta$ ; TVY1), *atg8* $\Delta$  (YAB369) and  $xrn1\Delta$  (EDA84) cells were grown to mid-log phase in YPD and then nitrogen starved (SD-N) for 0 or 1 h. Protein extracts were analyzed by SDS-PAGE and blotted with anti-Atg8 or anti-Pgk1 (loading control) antisera (\* denotes nonspecific band). The blots shown are representative of 3 independent experiments. (Bottom) Densitometry of blots represented on the top. The ratio of total Atg8 (sum of Atg8 and Atg8-PE species):Pgk1 was quantified with ImageJ. (D-F) (Top) Loss of *XRN1* enhances Atg5 (D), Atg7 (E) and Atg12 (F) protein expression. WT (*atg7* $\Delta$ , D; JMY104, E; JMY099, F) or  $xrn1\Delta$  (EDA129, EDA87 or EDA86) cells were grown to mid-log phase in YPD and then nitrogen starved (SD-N) for 0 (+N) or 2 h (-N). Protein extracts were analyzed by SDS-PAGE and blotted with anti-Atg8 or untiple of 0 (-N) or 2 h (-N). Protein expression. WT (*atg7* $\Delta$ , D; JMY104, E; JMY099, F) or  $xrn1\Delta$  (EDA129, EDA87 or EDA86) cells were grown to mid-log phase in YPD and then nitrogen starved (SD-N) for 0 (+N) or 2 h (-N). Protein extracts were analyzed by SDS-PAGE and blotted with anti-Pq, anti-Dpm1 (D) or anti-Pgk1 (E, F; loading controls) antisera. The blots shown are representative of a least 3 independent experiments. (Bottom) Densitometry of blots represented on the top. The ratio of PA:Dpm1 (D) or PA:Pgk1 (E, F) was quantified with Ima

examined whether loss of Xrn1 affected ATG mRNA levels (Figure 4A and B). We observed that under nutrient-replete conditions, mRNA levels of select ATG mRNAs including ATG1, 4, 5, 7, 8, 12, 14, 16, 29 and 31 were significantly upregulated in  $xrn1\Delta$  cells compared to WT (Figure 4A). During starvation conditions, only ATG5 and ATG12 mRNA levels remained significantly higher in  $xrn1\Delta$  cells; while ATG2, ATG10, ATG11 and ATG32 decreased significantly compared to WT (Figure 4B).

We also investigated whether the transcriptional increases in specific ATG mRNAs correlated with increases at the protein level (Figure 4C to F). To analyze Atg8 protein levels, we used a  $pep4\Delta$  strain to ensure that any changes in protein level were not due to alterations in Atg8 turnover and degradation within the vacuole (Figure 4C). Under nutrient-rich (but not starvation) conditions, we found a significant upregulation of Atg8 protein in  $xrn1\Delta$  cells compared to WT (Figure 4C), which is consistent with what we observed by RT-qPCR (Figure 4A). Next, we examined whether Atg5 protein levels were also increased (Figure 4D). To ensure that we were only analyzing free Atg5 (and not Atg5 as a component of the covalently linked Atg12–Atg5 complex), we used an  $atg7\Delta$  strain expressing Atg5 chromosomally tagged with PA at its C terminus. Atg7 is a ubiquitin-activating E1-like enzyme that is required for Atg12–Atg5 conjugation [44]. Thus, in the absence of Atg7, Atg12-Atg5 do not undergo conjugation. We observed a significant upregulation in free Atg5-PA protein levels under rich conditions in cells lacking Xrn1 (Figure 4D). In xrn1 $\Delta$  cells, Atg5-PA protein levels were higher under starvation conditions compared to WT cells, but this was not statistically significant at the time point tested (2 h; Figure 4D). We also examined Atg7-PA and Atg12-PA levels, both of which notably increased during rich conditions in  $xrn1\Delta$  strains compared to WT (Figure 4E and F), consistent with what we had observed by RT-qPCR (Figure 4A). In xrn1 $\Delta$  cells expressing endogenous Atg12 chromosomally tagged with PA (preventing Atg12-Atg5 conjugation), Atg12-PA protein levels were substantially higher than WT under nitrogen starvation conditions (Figure 4F), also consistent with our RT-qPCR data (Figure 4B). Together, these results support a role for Xrn1 in the turnover and repression of a subset of ATG mRNAs during nutrient-replete conditions.

# The exoribonuclease activity of Xrn1 is required for autophagy regulation

Xrn1 functions as a component of a buffering mechanism for maintaining appropriate transcript levels [25,45]. As we had observed that XRN1 deletion led to enhanced autophagy (Figures 1 and 2) and the selective upregulation of unique ATG transcripts (Figure 4A and B), we investigated whether the RNase activity of Xrn1 was responsible (Figure 5). Key residues within the Xrn1 active site are conserved across species (Figure S3A). We cloned XRN1 from S. cerevisiae genomic DNA and mutated E176G and D208A within the active site because mutations at these sites eliminate the RNase activity of Xrn1 [46,47]. We then integrated these constructs (empty vector [EV], WT Xrn1-PA, Xrn1<sup>E176G</sup>-PA and Xrn1<sup>D208A</sup>-PA) at the URA3 locus in xrn1 $\Delta$  strains and investigated the impact on



Figure 5. The ribonuclease activity of Xrn1 is required for autophagy regulation. (A) Lysates were collected from  $vac8\Delta xrn1\Delta$  cells expressing a chromosomally integrated plasmid encoding WT Xrn1-PA (EDA147), empty vector (EV, pRS406; EDA142), or catalytically inactive Xrn1<sup>E176G</sup>-PA (EDA148) or Xrn1<sup>D208A</sup>-PA (EDA149), which were nitrogen starved for 0, 30 or 60 min. Protein extracts were analyzed by SDS-PAGE and probed with anti-PA, anti-Ape1 or anti-Pgk1 (loading control) antisera (\* denotes nonspecific band). The blots shown are representative of 3 independent experiments. (B) Densitometry of blots represented in A. The ratio of Ape1:total Ape1 (sum of prApe1 and Ape1) was quantified with ImageJ. The oneway ANOVA with Dunnett's multiple comparison post-hoc test was used to determine statistical significance. Results shown are the mean +/- SD. (C) Total RNA was extracted from  $xrn1\Delta$  cells expressing a chromosomally integrated plasmid encoding WT Xrn1-PA (EDA134), empty vector (EV, pRS406; EDA133), Xrn1<sup>E176G</sup>-PA (EDA135) or Xrn1<sup>D208A</sup>-PA (EDA136), and RT-qPCR was performed. Results are shown relative to the level of ATG8, ATG12 or ATG29 mRNA expression in WT cells under rich conditions (+N), which was set to 1. The geometric mean of TFC1 and SLD3 was used to quantify relative expression levels. Results shown are the mean of 3 independent experiments +/- SD. Also see Figure S3 and Table S4.

autophagy by performing the prApe1-processing assay in a  $vac8\Delta xrn1\Delta$  background (Figure 5A and B). We assayed autophagy at short time points of nitrogen starvation when the impairment of Xrn1 catalytic activity should be most obvious with regard to its affect on autophagy activity (Figure 5A and B). We found that autophagy was markedly enhanced in the strains containing the integrated EV and catalytically inactive Xrn1 strains (Xrn1<sup>E176G</sup>-PA and Xrn1<sup>D208A</sup>-PA) compared to WT (Figure 5A and B), consistent with our previous results (Figure 1 and Figure 2) that loss of Xrn1 significantly enhances autophagy.

We then investigated whether the downregulation of select ATG transcripts was mediated by the RNase function of Xrn1 (Figure 5C). To do this, we grew  $xrn1\Delta$  cells expressing

chromosomally integrated WT, EV or Xrn1 mutants under nutrient-rich conditions, collected RNA, and processed the samples for RT-qPCR (Figure 5C). We found that *ATG8*, *ATG12* and *ATG29* mRNA levels were significantly upregulated in cells expressing the EV or catalytically inactive Xrn1 mutants, consistent with our previous findings in the *xrn1Δ* strain under growing conditions (Figure 4A). These results support the hypothesis that Xrn1 mediates selective degradation of *ATG* transcripts under nutrient-rich conditions in a manner that is dependent on its RNAse activity.

#### Ash1 regulates XRN1 expression

Because we had observed that XRN1 mRNA and protein levels significantly decreased with nitrogen starvation and autophagy induction (Figure 3 and S2), we wanted to further explore the mechanism regulating XRN1 transcription (Figure 6). To narrow down potential regulators of XRN1, we used an online yeast database, Yeastract (www.yeastract.com), to search for possible transcription factors based on predicted binding sites within the XRN1 promoter. We tested potential candidates by performing a directed RT-qPCR screen in the corresponding null strains to determine which factors affected XRN1 mRNA levels relative to WT under either growing or starvation conditions. One of the candidates, Ash1, showed a significant decrease in XRN1 mRNA levels (i.e., in an  $ash1\Delta$  strain) during nutrient-replete conditions that was comparable to the level of XRN1 mRNA in a WT strain under starvation conditions, suggesting that Ash1 could function as a transcriptional activator of XRN1 in nutrient-rich conditions (Figure 6A). Ash1 shares 35% homology with known GATA transcription factors [48]. Multiple predicted Ash1 consensus sequences (YTGAT, where Y is C or T) lie within the XRN1 promoter region (upstream of the ATG +1 start site). Ash1 (along with autophagy transcriptional regulators Ume6 [42] and Pho23 [36]) is a component of the Rpd3 large (Rpd3L) complex [49]. In yeast, Rpd3L is one of the 2 Rpd3 histone deacetylase complexes (HDAC) that regulate gene expression [49-51]. However, to our knowledge, the connection between Ash1 and autophagy has not yet been described in the literature.

To test whether changes in XRN1 mRNA expression corresponded to altered protein levels, we collected protein extracts in WT and  $ash1\Delta$  strains expressing endogenous Xrn1-3xHA under growing and starvation conditions (Figure 6B and C). We observed that Xrn1-3xHA expression was significantly lower in  $ash1\Delta$  cells compared to WT under both rich and starvation conditions (Figure 6B and C). Given the possibility that Ash1 could function as an activator of Xrn1 expression in nutrient-replete conditions, we tested the autophagy phenotype of the  $ash1\Delta$  strain using the Pho8 $\Delta$ 60 assay (Figure 6D). In the *ash1\Delta* strain, we found that Pho8 $\Delta$ 60-dependent phosphatase activity was significantly upregulated (~30%) relative to WT under starvation conditions (Figure 6D). We also found that ASH1 mRNA levels significantly decreased during nitrogen starvation (>50% decrease; Figure S3B), further supporting its role as a negative regulator of autophagy during growing conditions that is inactivated when autophagy is induced. However, we cannot conclude at this time whether the



Figure 6. Ash1 regulates XRN1 expression under nutrient-replete conditions. (A) WT (WLY176) and  $ash1\Delta$  (EDA125) cells were grown to mid-log phase in YPD (+N) and then nitrogen starved (-N) for 1 h. Total RNA was extracted and RT-qPCR was performed. Results shown are relative to the level of XRN1 mRNA expression in WT cells under rich conditions (+N), which was set to 1. The geometric mean of TFC1 and SLD3 was used to quantify relative expression levels. Results shown are the mean of 3 independent experiments +/- SD. (B) WT (EDA161) and ash1 $\Delta$  cells (EDA166) endogenously expressing Xrn1-3xHA were grown to mid-log phase in YPD (+N) and then nitrogen starved (-N) for 1 h. Protein extracts were analyzed by SDS-PAGE and blotted with anti-HA or anti-Pgk1 (loading control) antisera. (C) Densitometry of n=3 blots as represented in B. The ratio of Xrn1-3xHA:Pgk1 was quantified with ImageJ. (D) WT (WLY176), atg14 (WLY192) and ash14 (EDA125) cells were grown to mid-log phase in YPD (+N) and then nitrogen starved (-N) for 3 h. The Pho8 $\Delta$ 60 activity was measured and normalized to the activity of starved WT cells, which was set at 100%. Results shown are the mean of 4 independent experiments +/- SD. Also see Figure S3.

regulatory effect of Ash1 on XRN1 transcript levels is due to a direct or indirect interaction. Considering that  $ash1\Delta$ cells express significantly less XRN1 mRNA (Figure 6A) and protein than WT cells under nutrient-rich conditions (Figure 6B and C), and  $ash1\Delta$  cells undergo increased autophagy when starved (Figure 6D), we conclude that Ash1, at least in part, regulates Xrn1 expression during nutrient-replete conditions.

## XRN1 depletion enhances autophagy and virus infection in mammalian cells

Many of the 42 Atg proteins found in fungi are conserved or have analogous counterparts in mammalian cells. As we had observed Xrn1 to be a negative autophagy regulator in the yeast S. cerevisiae, we next examined whether depletion of XRN1 had an impact on autophagy in mammalian cells (Figure 7, Figure S4 and Figure S5). Mammalian MAP1LC3B/LC3B is an Atg8 family member, and similar to the Atg8 lipidation assay we previously described, can be used to monitor autophagy progression [52]. LC3B-I (18 kDa) is converted to LC3B-II (16 kDa) by ATG4-mediated cleavage and ATG7-dependent activation, followed by ATG3-mediated PE lipidation at a conserved glycine residue at the C terminus (reviewed in ref. 29). We transfected WT or BECN1 CRISPR knockout (KO) HeLa cells with either scrambled control or XRN1-directed small interfering RNA (siRNA) and performed the LC3 conversion assay to monitor autophagy activity (Figure 7A and B). The knockdown of XRN1 was effective in both WT HeLa and BECN1 KO strains (Figure 7A). In the control cells starved in Hanks' balanced salt solution (HBSS), we observed the characteristic increase in total LC3B, and the majority of the protein was in its lipidated form, LC3B-II (Figure 7B). To further validate our results, we also performed the LC3 lipidation assay in a human brain microvascular endothelial cell (HBMEC) line (Figure S4). In HBMECs transfected with the XRN1 siRNA, we observed a greater proportion of LC3-II relative to LC3-I compared to control cells, which again suggested an increase in autophagy activity (Figure S4).

We also used a GFP-LC3 construct to examine the formation of LC3 puncta, another marker of autophagy induction [52], in either WT HeLa or *BECN1* KO cells (Figure 7C and D). BECN1 is a critical factor for autophagy induction that forms part of the autophagy-inducing phosphatidylinositol 3-kinase complex [53]. As expected, WT HeLa cells starved with HBSS accumulated GFP-LC3 puncta (Figure 7C and D; columns 1 and 2). GFP-puncta formation was enhanced significantly with XRN1 siRNA under non-starved conditions (Figure 7C and D; columns 1 and 3), whereas starvation had no additional effect (Figure 7C and D; columns 3 and 4); the enhanced autophagy was lost in BECN1 CRISPR KO cells (Figure 7C and D; columns 5 to 8). In mammalian cells, the acidic environment within the lysosome quenches the green fluorescent protein (GFP) signal, making it difficult to assess whether autophagosomes (as indicated by GFP-LC3 fusion proteins) have fused with lysosomes [28,52,54]. However, red fluorophores (such as RFP or mCherry) conjugated to LC3 are more stable at a low pH, and a red punctate signal corresponds to an autolysosome, or an autophagosome that has undergone lysosomal fusion [52,55]. We examined WT or ATG5 CRISPR KO HeLa cells which were cotransfected with a dual labeled mCherry-EGFP-LC3B construct and either a scrambled control or XRN1 siRNA to assay autophagic flux (Figure 7E and S5). We observed more LC3B-positive puncta in untreated XRN1-depleted cells



Figure 7. XRN1 depletion enhances autophagy in mammalian cells. (A) WT or *BECN1* CRISPR KO HeLa cells were transfected with either scrambled control or pooled *XRN1*-targeted siRNAs for 48 h, and lysates were blotted for XRN1 or GAPDH (loading control). (B) Lysates from HeLa cells transfected with either scrambled control or *XRN1*-targeted siRNA were blotted for LC3 (LC3-I, non-lipidated; LC3-II, lipidated species) or GAPDH after 6 h starvation in HBSS. (C) Representative confocal images of WT or *BECN1* KO HeLa cells expressing GFP-LC3 and transfected with scrambled control or *XRN1*-targeted siRNA under fed (non-treated; NT) or starved (HBSS) conditions. (D) GFP-LC3 puncta were counted per cell in all conditions (>25 cells). (E) mCherry-EGFP-LC3B puncta per cell in all conditions (at least 30 cells). Quantifications are shown as EGFP/mCherry<sup>+</sup> or mCherry<sup>+</sup> only LC3B puncta. Also see Figure S4 and S5.

compared to untreated WT HeLa cells transfected with control siRNA (which showed a diffuse vellow signal), indicating a higher level of basal autophagy in XRN1-depleted cells (Figure 7E and Figure S5; columns 1 and 2 versus 5 and 6). These puncta were largely absent in ATG5 CRISPR KO cells that had been transfected with XRN1 siRNA (Figure 7E and S5; columns 13 and 14). Furthermore, there was a substantial increase in mCherry<sup>+</sup>-only puncta in XRN1-depleted cells (Figure 7E and S5; columns 2 and 6) indicating an increase in autolysosomes. No additive effect was observed with starvation (Figure 7E and S5; columns 5 and 6 versus 7 and 8). These data support the idea that the increase in LC3-II that we observed with XRN1 depletion is due to increased autophagic flux and not due to defects in autophagosome-lysosome fusion. Thus, Xrn1/XRN1 functions as a conserved regulator of autophagy in both yeast and mammalian cells.

Picornaviruses are nonenveloped, positive-sense singlestranded RNA viruses that include PV, coxsackieviruses, rhinoviruses and other enteroviruses. Subsequent to host cell entry, the virus releases its genome and initiates replication. Picornaviruses such as PV and CVB form characteristic autophagosome-like double-membrane structures during infection[56-59]. Further evidence indicates a role for autophagy in promoting the replication of PV and CVB, as these and other RNA viruses require extensive membrane resources for genome replication, and are proposed to utilize autophagy-generated membranes for this purpose [60-65]. Because we found a role for XRN1 as a negative regulator of autophagy in mammalian cells (Figure 7, Figure S4 and Figure S5), we investigated whether knockdown of XRN1 had an impact on the replication of 2 picornaviruses, PV and CVB (Figure 8A and B). We transfected WT HeLa, BECN1 CRISPR KO or ATG5 CRISPR KO cells with a siRNA towards XRN1 and pre-starved cells to induce autophagy prior to infecting with PV (Figure 8A). In these experiments, we pre-induced autophagy through starvation because previous work indicates that PV targets XRN1 during infection by an unknown mechanism, leading to its degradation by the proteasome [66]. Starvation alone enhances PV infection (Figure 8A), indicating that an induced autophagy pathway benefits the virus; this is not surprising as previous evidence demonstrates enhanced viral replication when the autophagy pathway is induced [63,67]. However, we found that PV titers were significantly increased in pre-starved XRN1-depleted cells compared to pre-starved control cells (Figure 8A). Enhanced PV infection was lost in starved BECN1 and ATG5 CRISPR KO cells transfected with XRN1 siRNA, indicating that the impact on virus replication was autophagy dependent (Figure 8A).

We next examined the effect of XRN1 on the infection of a related picornavirus, CVB (Figure 8B). We depleted XRN1 by siRNA in polarized HBMEC, which also showed higher levels of LC3-II conversion (Figure 8B and Figure S4). HBMECs transfected with scrambled control or *XRN1* siRNA were infected with CVB, and the supernatants were collected and used to perform plaque assays on HeLa cells (Figure 8B). We observed a significant increase in viral titer from the supernatants of XRN1-deficient cells relative to control (Figure 8B). Together, we demonstrate that XRN1 functions as an antiviral



**Figure 8.** XRN1 depletion enhances virus infection in mammalian cells. (**A**) PV titers (plaque-forming units/ml; PFU) were determined by plaque assay in WT, *BECN1* or *ATG5* CRISPR KO HeLa cells transfected with scrambled control or *XRN1*-targeted siRNA. Cells were starved in HBSS for 1 h prior to infecting with PV at a multiplicity of infection. Results shown are the mean of 3 independent experiments. (**B**) CVB titers (PFU/ml) as determined by plaque assay in HeLa cells (left). HeLa cells underwent plaque assays with supernatants from CVB-infected HBMECs expressing either control or *XRN1*-targeted siRNA. Results shown are the mean of 4 independent experiments. (**C**) Schematic representation of the model by which Xrn1 functions as a negative autophagy regulator in yeast.

factor for 2 different picornaviruses—PV and CVB—in 2 different types of cells, and its depletion enhances infection through an autophagy-dependent mechanism.

## Discussion

Here we present data supporting a model for the cytoplasmic exoribonuclease Xrn1 as a post-transcriptional negative autophagy regulator in yeast and mammalian cells (Figure 8C). Chromosomal deletion of *XRN1* in yeast and siRNA-mediated depletion in mammalian cells resulted in a significant upregulation of autophagy. We also found that Xrn1 was well expressed

during nutrient-rich conditions and its expression significantly decreased during nitrogen starvation at both the mRNA and protein levels, further supporting the proposal that Xrn1 functions as a negative autophagy regulator during growing conditions. Protein levels of Xrn1 mutants (Xrn1<sup>E176G</sup>-PA and Xrn1<sup>D208A</sup>-PA) appeared more stable during starvation (Figure 5A). Although we do not currently know the reason, it is interesting to speculate that starvation-induced downregulation of Xrn1 may be dependent on its RNAse activity. Under nutrient-replete conditions, Xrn1 expression is regulated, at least in part, by the yeast transcription factor Ash1. Furthermore, in mammalian cells, loss of XRN1 expression by siRNAmediated knockdown enhanced the infection of 2 picornaviruses, PV and CVB, which utilize autophagy to promote their replication. Thus, our data link 2 separate but related observations regarding virally induced autophagy: some viruses target XRN1, while simultaneously upregulating autophagy to enhance replication. We now show directly that downregulation of XRN1 results in enhanced autophagy and an autophagy-dependent increase in viral titer.

Our data further indicate that under nutrient-rich conditions, excess ATG transcripts (particularly ATG1, 4, 5, 7, 8, 12, 14, 16, 29 and 31) are produced within the cell. Based on the data presented here, the RNAse activity of Xrn1 is required to regulate select ATG mRNA levels during nutrient-rich conditions. Thus, these transcripts are normally targeted for RNA decay when nutrients are abundant. In the absence of Xrn1, these select transcripts are in excess and  $xrn1\Delta$  cells undergo enhanced autophagy during short-term nitrogen starvation compared to WT, similar to what has been observed when other negative factors are eliminated [36,37,42]. The results presented here implicate a role for the degradation of specific ATG transcripts by Xrn1, especially given that not all of the ATG transcripts examined were affected. At least for ATG5, ATG7, ATG8 and ATG12, an increase in mRNA in xrn1 $\Delta$  cells corresponded to a similar upregulation in protein levels under rich conditions. In *ume6* $\Delta$  cells, basal levels of Atg8 are higher, and these cells undergo a more rapid autophagy response during starvation [42]. Related phenomena have also been noted in  $rph1\Delta$  [37] and  $spt10\Delta$  cells [41]. Similarly, Xrn1 functions as part of a mechanism that enables the cell to produce an abundance of ATG mRNAs in growing conditions, which readies the cell for a robust autophagy response once it is depleted of nutrients.

In the canonical 5' to 3' mRNA decay pathway, mRNA decapping by the Dcp1-Dcp2 complex precedes Xrn1-mediated degradation (reviewed in ref. [8]). Hu et al. identified the mRNA decapping enzyme Dcp2 as a key mediator of ATG mRNA regulation [26]. In the study by Hu et al., mRNA levels of ATG1, 4, 5, 7, 8, 14, 16, 29 and 31 are increased to a statistically significant level in the *dcp2-7* $\Delta$  *ts* strain examined under nutrient-replete conditions, indicating that these transcripts presumably undergo decapping by Dcp2 prior to targeting by Xrn1 [26]. In the same study, ATG8 mRNA was found to undergo decapping by the Dhh1 homolog Vad1 in the pathogenic yeast *Cryptococcus neoformans*. [26]

Xrn1 has a distinct preference for RNA substrates with an exposed 5' monophosphate, likely due to steric hindrance within the RNA binding pocket, excluding larger groups such

as those with a m<sup>7</sup>G cap or triphosphorylated RNAs [10,15]. Aside from steric selection due to physical restrictions, little is known about other factors such as common sequence-specific elements that may select certain transcripts for Xrn1 targeting, although stable secondary structures may block or stall hydrolysis by Xrn1 [68]. Based on the evidence presented here and by others[26], the transcripts of *ATG7* and *ATG8* are likely regulated by the canonical 5' to 3' mRNA decay pathway; that is, these transcripts accumulated in all 3 strains—*xrn1*Δ, *dhh1*Δ, and *dcp2-7*Δ *ts*. Therefore, *ATG7* and *ATG8* transcripts likely undergo decapping by Dcp2 and its accessory factor Dhh1, followed by Xrn1-mediated degradation.

In the present study, we found that mRNA levels of ATG8, but not ATG9, increased in  $xrn1\Delta$  cells under nutrient-rich conditions. This corresponded to an increase in the frequency/ rate, but not size, of autophagic bodies in an  $xrn1\Delta$  strain when examined by TEM. Previous work has demonstrated a role for the transcription factor Ume6 in regulating Atg8 levels, and increased Atg8 levels are associated with increased autophagosome size [35,42]. Increased autophagosome frequency is associated with Atg9 levels (regulated by Pho23) [36]. In these previous studies [36,42], the expression level of a single ATG mRNA (either ATG8 or ATG9), and subsequently protein, was altered demonstrating a unique phenotype. In the present study, there is a selective upregulation of multiple ATG transcripts, and thus upregulation of a single Atg protein cannot account for the results that we observe (i.e., increased autophagosome frequency but not size). The magnitude of the autophagy response may be greatly affected by the stoichiometric ratio of Atg proteins at the PAS; however, there is relatively little data available regarding the stoichiometry of Atg proteins during autophagy. Although work by Geng and colleagues indicated that Atg8 is the most abundant (of the Atg proteins examined) at the PAS [69]. The ability of the cell to successfully integrate and interpret these signals determines the impact on autophagosome formation, and thus, on autophagy. Our observations indicate targeting of unique ATG mRNAs by Xrn1, which is consistent with reports by others who indicate a role for Xrn1 in selective RNA degradation [24].

Additionally, we have identified Ash1 as a transcription factor regulating Xrn1 expression during nutrient-rich conditions. At present, we cannot conclude whether Ash1 is a direct transcriptional regulator of Xrn1 or if Ash1 functions in a complex to indirectly modulate Xrn1 expression. Ash1 recognizes a consensus sequence, YTGAT, which is found at multiple sites within the *XRN1* promoter region. Ash1 has been previously described as a transcriptional repressor [49,70], whereas here we have found a role for Ash1 as a positive transcriptional regulator of *XRN1*.

Autophagy can function in a proviral or antiviral capacity depending on the virus involved and the context of the infection (for further review see refs. [71–73]). Dougherty et al. demonstrated that PV disrupts processing bodies and downregulates XRN1 during infection, independently of the viral proteases  $2A^{\text{pro}}$  and  $3C^{\text{pro}}$  [66]. However, the mechanism by which PV targets XRN1 to enhance viral replication has not been previously identified [66]. Viruses have evolved complex strategies to circumvent the host defense response and promote their own replication. Flaviviruses, such as dengue, West Nile, Zika and hepatitis C virus, also target and/or resist XRN1 during their infectious life cycles [74–79]. One possibility for why these RNA viruses target XRN1 is to further promote autophagy induction in order to support viral replication. Our data indicate that PV (and CVB) replicate to a higher degree in the absence of XRN1 and that this is dependent on a fully functional autophagy pathway.

Xrn1/XRN1 has been associated with human pathologies such as osteosarcoma and infectious diseases [80,81] and even virus infection in yeast [82,83]. Thus, the cell must strictly modulate autophagy at multiple levels to prevent disease pathogenesis. The mechanism described here contributes to our understanding of the complex regulatory network involved in fine-tuning autophagy and maintaining it at appropriate levels to meet cellular demands.

#### **Materials and methods**

#### Yeast strains, media and cell culture

Yeast strains used in this study are listed in Table S1. Yeast cells were grown in YPD (1% yeast extract, 2% peptone and 2% glucose) or synthetic minimal medium (SMD; 0.67% yeast nitrogen base and 2% glucose, supplemented with the appropriate auxotrophic amino acids and vitamins as needed). Autophagy was induced by shifting mid-log phase cells from rich medium to nitrogen starvation medium (SD-N; 0.17% yeast nitrogen base without ammonium sulfate or amino acids and 2% glucose) for the indicated times. Gene deletions and chromosome tagging were performed using standard methods [84,85].

### Mammalian cell culture and viruses

*BECN1* and *ATG5* CRISPR knockout were generated in HeLa cells using the pSpCas9-sA-GFP (PX458) system (Addgene, 48138; deposited by Feng Zhang) [86] for generating single cell isolates (guide RNA sequence: CACCGGCGAAACCAGGA-GAGACCC and CACCGAACTTGTTTCACGCTATATC, respectively). Poliovirus type 1 Mahoney was grown in HeLa cells as previously described [87]. Titers were determined by plaque assay. HeLa cells were starved for 1 h in HBSS prior to infection with PV at a multiplicity of infection of 0.1 in PBS containing 100  $\mu$ g/ml MgCl<sub>2</sub> and CaCl<sub>2</sub>. Complete DMEM medium (GE, SH30243.01) with 10% fetal bovine serum and 1% pen/strep or HBSS was added back to cells after 30 min adsorption. Supernatant and cell monolayers were harvested together at 6 h post infection and titered by plaque assay.

HBMECs were cultured as described previously [88]. Coxsackievirus B3-RD isolate (CVB3-RD) was cultured in HeLa cells and purified as described [89]. Viral titers were determined by plaque assay. HBMECs were infected with CVB for 16 h (multiplicity of infection of 3), and supernatants were used for subsequent plaque assays in HeLa cells. Confluent HeLa cell monolayers were exposed to serial dilutions of virus for 1 h at room temperature. Cells were then overlayed with agarose and incubated for 48 h. Plaques were visualized by crystal violet staining and enumerated.

### Plasmids and site-directed mutagenesis

The *pRS406-XRN1p-Xrn1-PA* plasmid was generated by Fast-Cloning technology[90]. The ORF of *XRN1* (including –800 base pairs upstream of the *XRN1* start site) was amplified from genomic DNA obtained from the SEY6210 strain using the primers 173F and 173R (see Table S4). This fragment was inserted into a *pRS406-PA* vector, amplified using primers 172F and 172R, simultaneously tagging Xrn1 with protein A at the C terminus. The E176G and D208A mutants were created using site-directed mutagenesis with the primers 178F and 178R (E176G) and 179F and 179R (D208A). The plasmids were integrated at the *URA3* locus into the indicated strains. The GFP-LC3B plasmid has been previously described [63]. The mCherry-EGFP-LC3B plasmid was obtained from Addgene (22418; deposited by Jayanta Debnath) [91].

#### Small interfering RNAs (siRNAs) and transfections

For mammalian autophagy assays and PV infection experiments, 4 pooled siRNAs targeting human *XRN1* (siGENOME SMARTpool, Dharmacon, 54464) or control scrambled siGE-NOME non-targeting siRNA pool (Dharmacon, D-001206-13-05) were transfected into HeLa cells using Lipofectamine 3000 (Life Technologies/Thermo Fisher Scientific, L3000015). XRN1 knockdown was tested after 48 h by western blot. For microscopy assays, GFP-LC3 was transfected into cells 24 h postsiRNA transfection using Lipofectamine 3000. Twenty-four h post DNA transfection, cells were fixed with 4% formaldehyde and treated with DAPI to stain the nuclei. Cells were viewed using a Leica SP8 confocal microscope.

HBMECs were reverse transfected with 25 nM Mission siRNA Universal scrambled control (Sigma-Aldrich, SIC001) or XRN1-targeting siRNA (5'-GAG AGU AUA UUG ACU AUG Att-3') [92] using Dharmafect 1 (GE Healthcare Dharmacon, T-2001). Cells were infected with CVB  $\sim$ 48 h post transfection.

#### Antibodies and inhibitors

Antisera to Atg8 [93], Ape1 [94] and Vma8 [95] have been described previously. Pgk1 antibody was a generous gift from Dr. Jeremy Thorner (University of California, Berkeley). Antibody to YFP (that also detects GFP) was purchased from Clontech (JL-8; 63281). Dpm1 antibody was purchased from Life Technologies (A6429). Commercial PA antibody was purchased from Jackson Immunoresearch (323-005-024). HA antibody was purchased from Sigma-Aldrich (H3663). Mammalian GAPDH and XRN1 antibodies were purchased from Santa Cruz Biotechnology (sc-48167 or sc-25778) and Bethyl Laboratories (A300), respectively. LC3B antibodies were purchased from Novus Biologicals (NB100-2220) and Abcam (ab48394).

#### RNA and real-time quantitative PCR (RT-qPCR)

Yeast cells were cultured in YPD to mid-log phase and then shifted to SD-N (1 h) for autophagy induction. Cells (1  $OD_{600}$  unit) were then collected and flash frozen in liquid nitrogen. Total RNA was extracted using an RNA extraction kit

(Clontech, Nucleo Spin RNA, 740955.250). Reverse transcription was carried out using the High-Capacity cDNA Reverse Transcription Kit (Applied Biosystems/Thermo Fisher Scientific, 4368814). For each sample, 1  $\mu$ g RNA was used for cDNA synthesis. RT-qPCR was performed using the Power SYBR Green PCR Master Mix (Applied Biosystems/Thermo Fisher Scientific, 4367659) in an Eppendorf RealPlex<sup>4</sup> (no longer available) or CFX Connect (Bio-Rad, 1855201) real-time PCR machine.

For HBMECs, RNA extraction was performed using GenElute total RNA miniprep kit (Sigma-Aldrich, RTN70). RNA samples were treated with RNase-free DNase (Sigma-Aldrich, DNASE70). Total RNA was reverse transcribed using the iScript cDNA Synthesis Kit (Bio-Rad, 1708891). RT-qPCR was performed using iQ SYBR Green Supermix (Bio-Rad, 1708882) in a CFX96 Real-Time System (Bio-Rad, 1855195). XRN1 expression was normalized to ACTB. For all RT-qPCR experiments, melting curves were run after the PCR cycles to verify primer specificity. Relative gene expression was calculated using the  $2^{-\Delta\Delta CT}$  method [96] and normalized as indicated. Primer sequences are included in Table S3.

#### Transmission electron microscopy (TEM)

TEM and analysis of autophagic bodies was performed as previously described [38]. Images were captured using a JEOL JEM-1400-Plus transmission electron microscope at the University of Michigan Microscopy and Image Analysis Laboratory.

#### Other methods

Phosphatase (Pho8 $\Delta$ 60) activity, GFP-Atg8 and prApe1 processing, Atg8 lipidation and western blot assays were performed as previously described [97–99]. Densitometry for western blots was performed using ImageJ.

#### Statistical analysis

The 2-tailed Student *t* test was used to determine statistical significance unless otherwise indicated. For all figures, *P* values are as follows:  ${}^{*}P < 0.05$ ;  ${}^{**}P < 0.01$ ;  ${}^{***}P < 0.001$ ;  ${}^{****}P < 0.001$ ;  ${}^{***}P < 0.001$ ;  ${}^{**}P < 0.001$ ;  ${}^{*}P < 0.001$ 

## **Disclosure of potential conflicts of interest**

The authors declare that they have no competing financial interests.

#### Acknowledgments

We thank Xin Wen (University of Michigan) and Dr. Steven K. Backues (Eastern Michigan University) for technical assistance and/or helpful comments.

## Funding

HHS | NIH | National Institute of General Medical Sciences (NIGMS) HHS | National Institutes of Health (NIH) This work was supported by

NIH [grant number GM053396] and by the Protein Folding Diseases Initiative, University of Michigan (to DJK) and NIH [grant number F32-AI122456 (to NJL)].

## ORCID

Nicholas J. Lennemann D http://orcid.org/0000-0002-6379-0965 Carolyn B. Coyne D http://orcid.org/0000-0002-1884-6309 Daniel J. Klionsky D http://orcid.org/0000-0002-7828-8118

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