

Everyone's calendars are full, yet most of us still feel overwhelmed, burned out, and unsatisfied with how our time is spent.

Kyro changes that by blending time-management with emotional awareness.

Instead of just tracking tasks, it lets you log moods and energy levels, tag calendar events by how they make you feel, and over time discovers patterns.

With that insight, Kyro helps you schedule in a way that balances productivity *and* well-being, so you don't just get more things done but you also feel better doing them.