



Gentle nudges. Real progress.

Problem

ADHD learners have challenges with focus, tackling large goals & finding conducive work environments for themselves.

Solution

A friendly work buddy that targets time management and creates personalized learning experiences.



Timed work sessions with break reminders

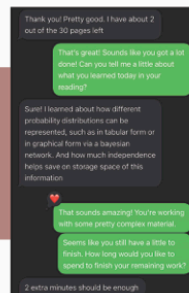
AI-assistance to break down goals

Design Process

1. NEEDFINDING



2. TESTING



3. LOW-FI PROTOTYPE



4. MED-FI PROTOTYPE

