

# Lab 1: RF Spectrum

# Today

- Frequency, wavelength
- Antennas
- RF exposure

# Frequency and Wavelength

# Wavelength and Frequency

- wavelength = (speed of light)X(period)
- wavelength = (speed of light)/(frequency)
- If we measure speed in  $10^6$  m/s, and frequency in MHz, then

$$\text{wavelength (in m)} = 300 / \text{frequency (in MHz)}$$

# Finding Wavelengths

- What are the wavelengths for
  - Citizens band ~30 MHz
  - FM radio ~100 MHz
  - Cell phone ~900 MHz
  - WiFi ~ 2.4 GHz and 5.5 GHz

# Finding Frequencies

- What are the frequencies for
  - 33 cm ISM band
  - 2 m Amateur band
  - 60 m shortwave band
  - 200 m AM band

# UNITED STATES FREQUENCY ALLOCATIONS

## THE RADIO SPECTRUM

- RADIO SERVICES COLOR LEGEND**
- AERONAUTICAL MOBILE
  - AERONAUTICAL MOBILE SATELLITE
  - AERONAUTICAL RADIONAVIGATION
  - AMATEUR
  - AMATEUR SATELLITE
  - BROADCASTING
  - BROADCASTING SATELLITE
  - EARTH EXPLORATION SATELLITE
  - FIXED
  - FIXED SATELLITE
  - INTER-SATELLITE
  - LAND MOBILE
  - LAND MOBILE SATELLITE
  - MARITIME MOBILE
  - MARITIME MOBILE SATELLITE
  - MARITIME RADIONAVIGATION
  - METEOROLOGICAL
  - METEOROLOGICAL SATELLITE
  - RADIO ASTRONOMY
  - RADIO DETERMINATION SATELLITE
  - RADIOLOCATION
  - RADIOLOCATION SATELLITE
  - RADIONAVIGATION
  - RADIONAVIGATION SATELLITE
  - SPACE OPERATION
  - SPACE RESEARCH
  - MOBILE
  - MOBILE SATELLITE
  - STANDARD FREQUENCY AND TIME SIGNAL
  - STANDARD FREQUENCY AND TIME SIGNAL SATELLITE

- ACTIVITY CODE**
- GOVERNMENT EXCLUSIVE
  - GOVERNMENT/NON-GOVERNMENT SHARED
  - NON-GOVERNMENT EXCLUSIVE

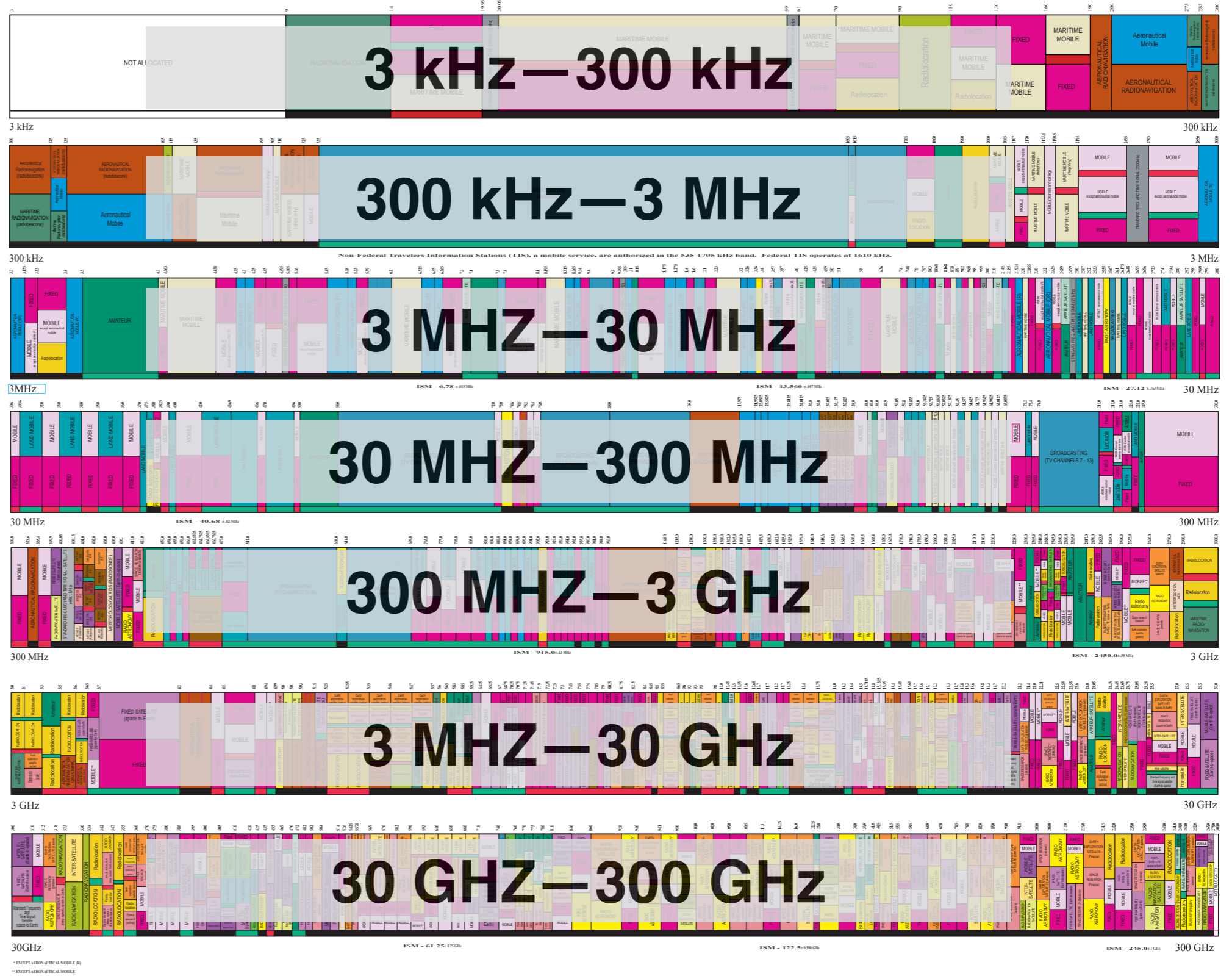
**ALLOCATION USAGE DESIGNATION**

SERVICE	EXAMPLE	DESCRIPTION
Primary	FIXED	Capital Letters
Secondary	Mobile	1st Capital with lower case letters

This chart is a graphic single-point-in-time portrayal of the Table of Frequency Allocations used by the FCC and NTIA. As such, it does not completely reflect all aspects, i.e. footnotes and recent changes made to the Table of Frequency Allocations. Therefore, for complete information, users should consult the Table to determine the current status of U.S. allocations.

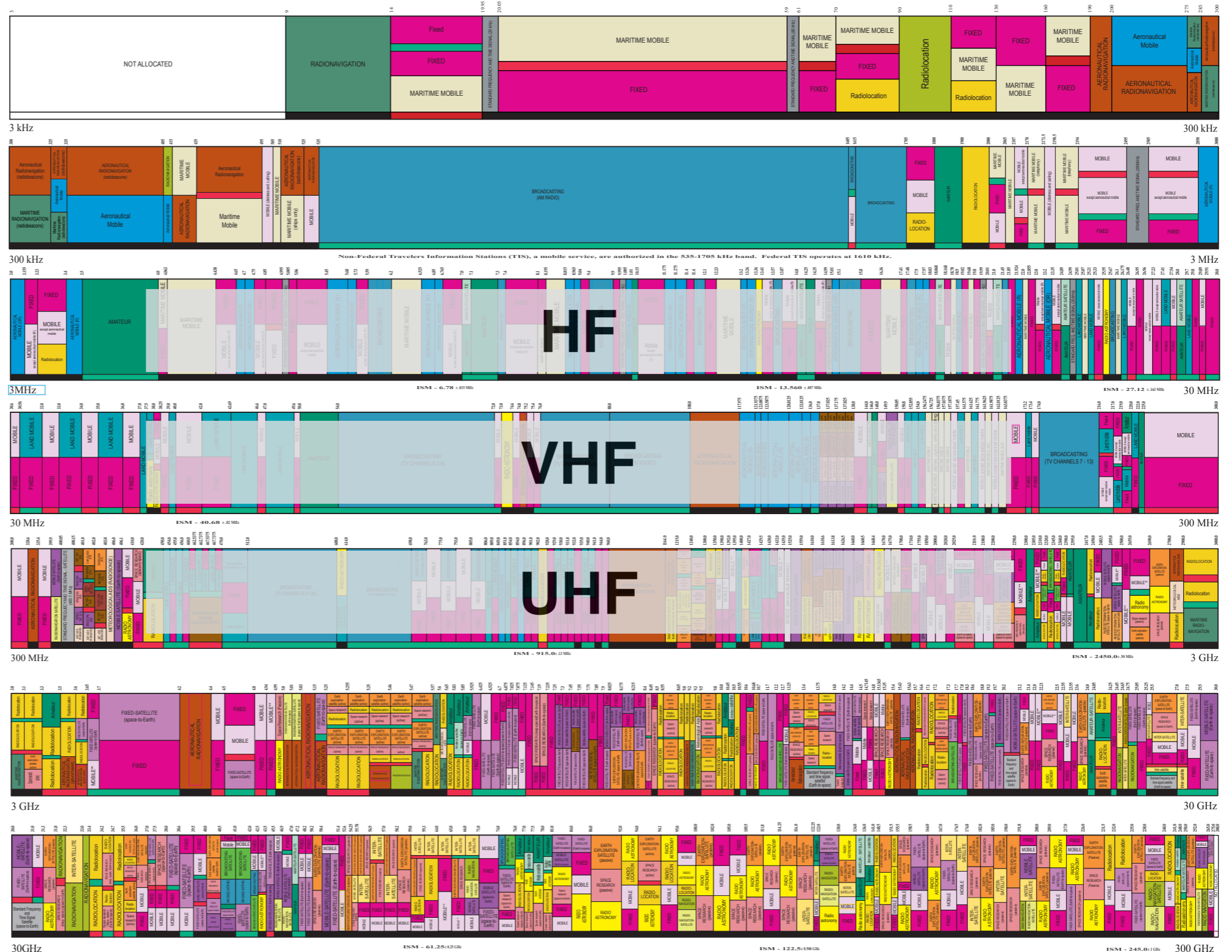
**U.S. DEPARTMENT OF COMMERCE**  
**National Telecommunications and Information Administration**  
 Office of Spectrum Management  
 August 2011

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PLEASE NOTE: THE SPACING ALLOTTED THE SERVICES IN THE SPECTRUM SEGMENTS SHOWN IS NOT PROPORTIONAL TO THE ACTUAL AMOUNT OF SPECTRUM OCCUPIED.

# UNITED STATES FREQUENCY ALLOCATIONS THE RADIO SPECTRUM



**RADIO SERVICES COLOR LEGEND**

AERONAUTICAL MOBILE	INTER-SATELLITE	RADIO ASTRONOMY
AERONAUTICAL MOBILE SATELLITE	LAND MOBILE	RADIODETERMINATION SATELLITE
AERONAUTICAL RADIONAVIGATION	LAND MOBILE SATELLITE	RADIOLOCATION
AMATEUR	MARITIME MOBILE	RADIOLOCATION SATELLITE
AMATEUR SATELLITE	MARITIME MOBILE SATELLITE	RADIONAVIGATION
BROADCASTING	MARITIME RADIONAVIGATION	RADIONAVIGATION SATELLITE
BROADCASTING SATELLITE	METEOROLOGICAL	SPACE OPERATION
EARTH EXPLORATION SATELLITE	METEOROLOGICAL SATELLITE	SPACE RESEARCH
FIXED	MOBILE	STANDARD FREQUENCY AND TIME SIGNAL
FIXED SATELLITE	MOBILE SATELLITE	STANDARD FREQUENCY AND TIME SIGNAL SATELLITE

**ACTIVITY CODE**

GOVERNMENT EXCLUSIVE	GOVERNMENT/NON-GOVERNMENT SHARED
NON-GOVERNMENT EXCLUSIVE	

**ALLOCATION USAGE DESIGNATION**

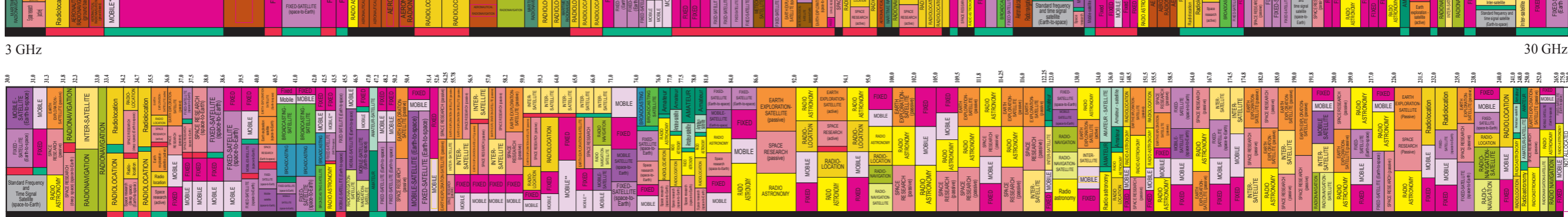
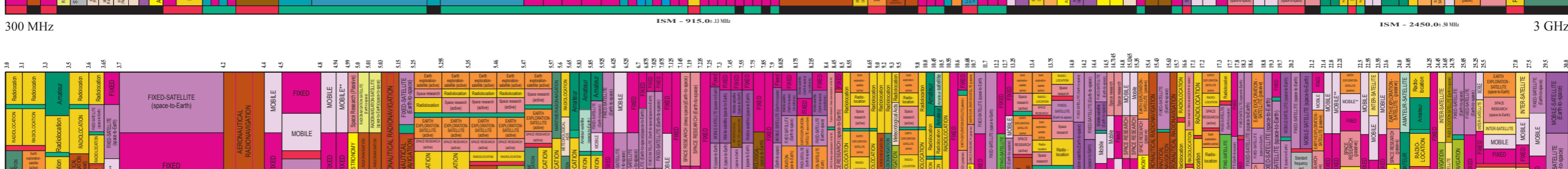
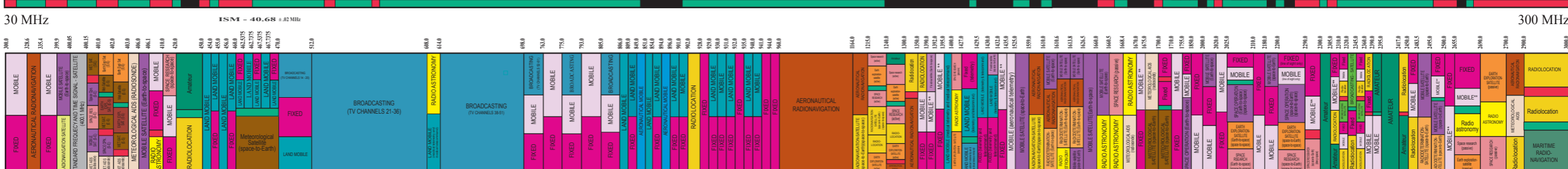
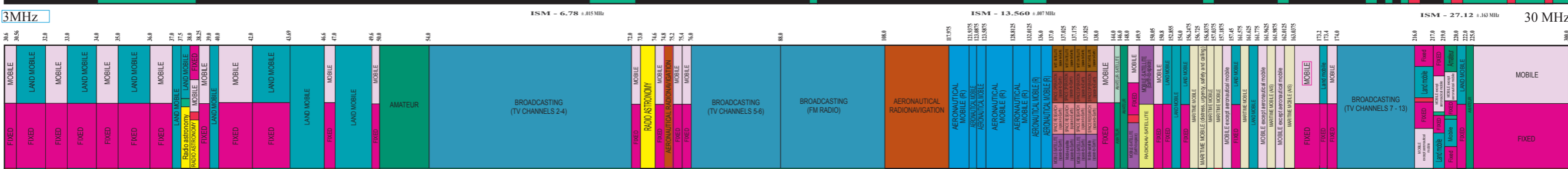
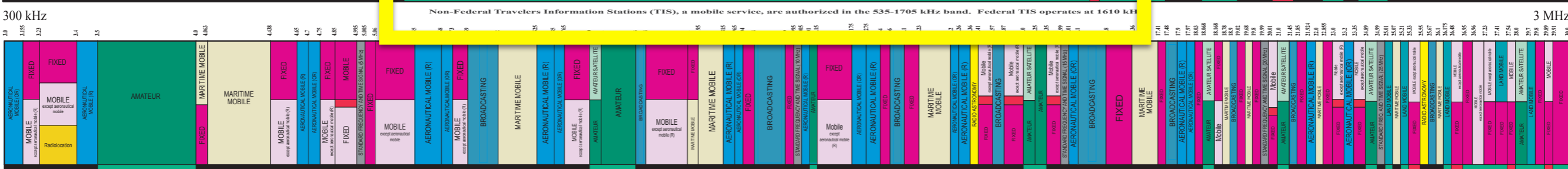
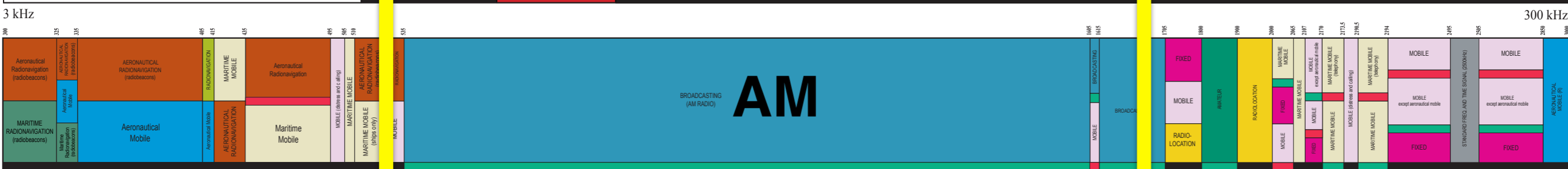
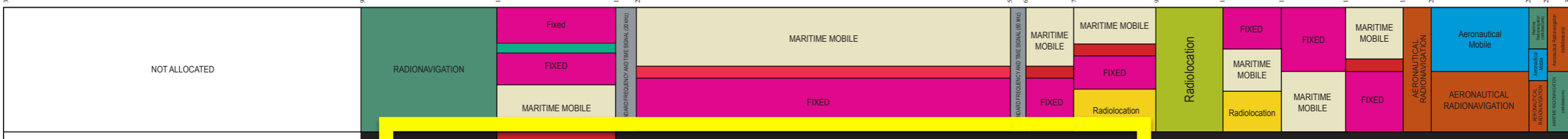
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AM

Non-Federal Travelers Information Stations (TIS), a mobile service, are authorized in the 535-1705 kHz band. Federal TIS operates at 1610 kHz.

ISM - 6.78 ± 0.15 MHz

ISM - 13.560 ± 0.07 MHz

ISM - 27.12 ± 0.10 MHz

ISM - 40.68 ± 0.12 MHz

ISM - 915.0 ± 13 MHz

ISM - 2450.0 ± 50 MHz

3 kHz

300 kHz

300 kHz

3 MHz

3MHz

30 MHz

30 MHz

300 MHz

300 MHz

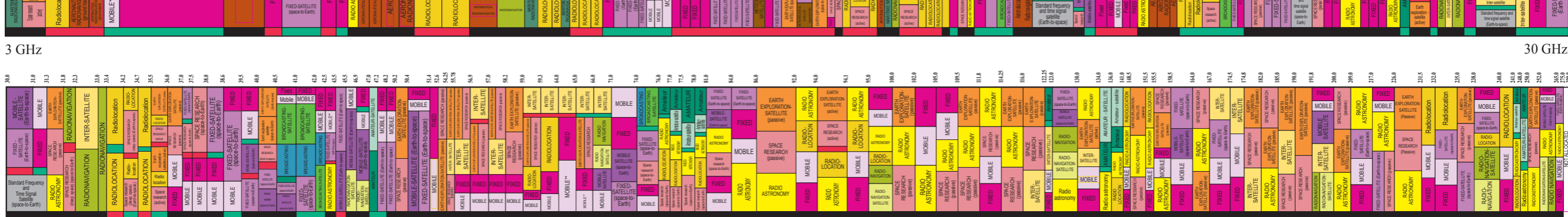
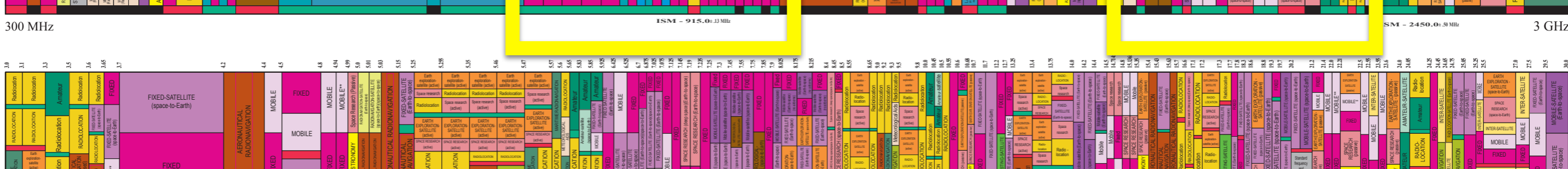
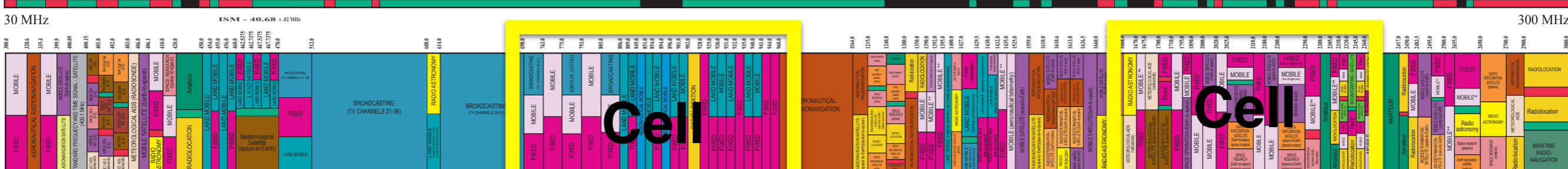
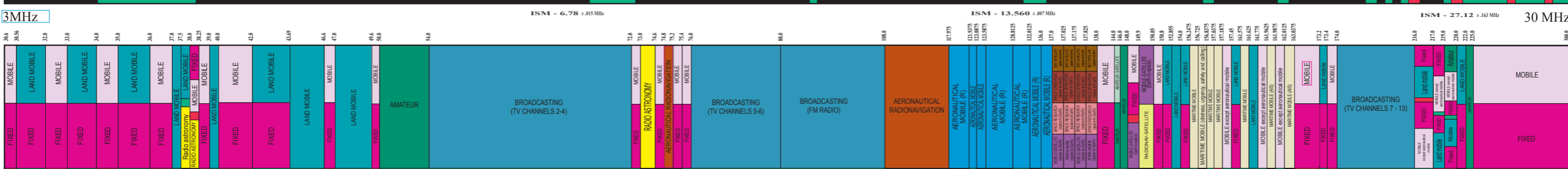
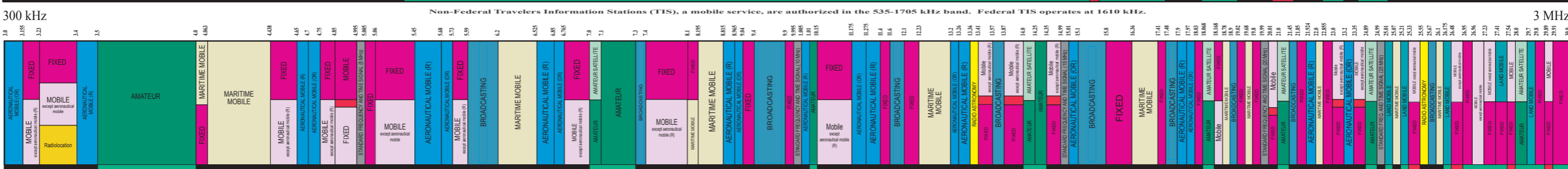
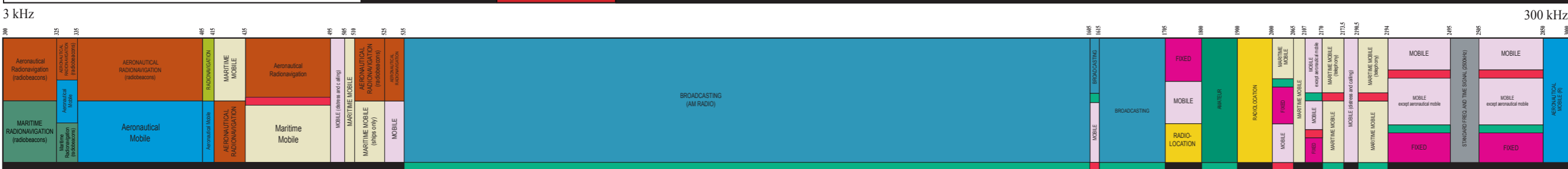
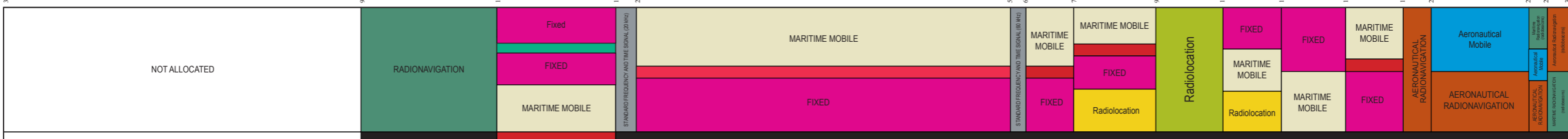
3 GHz

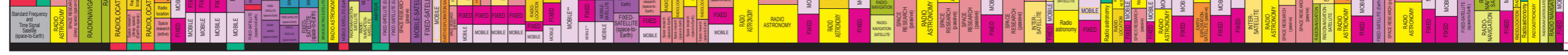
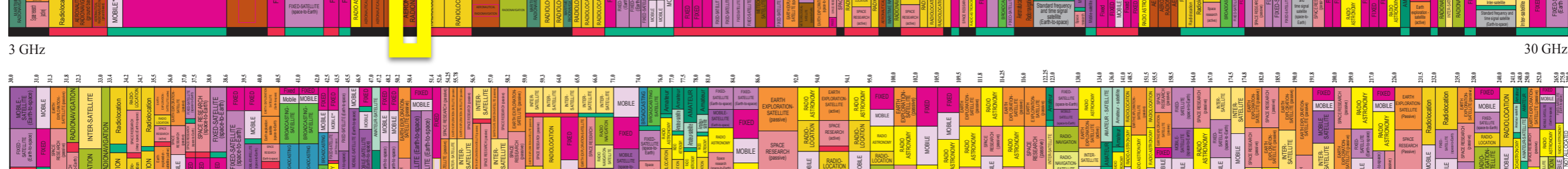
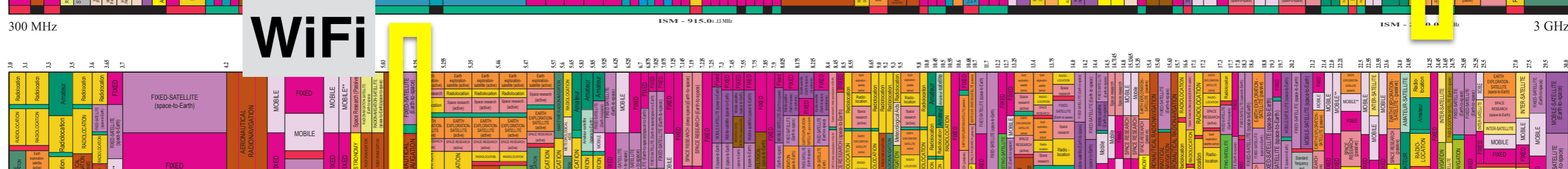
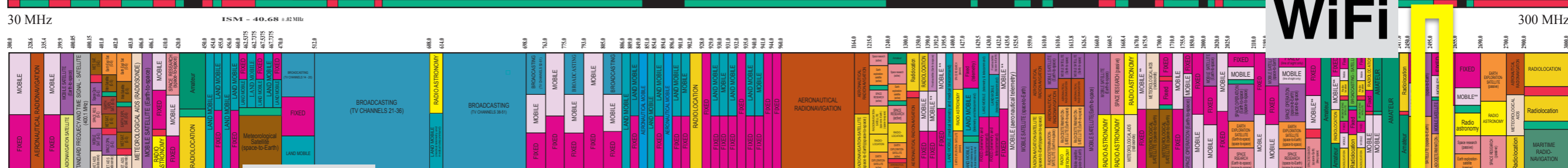
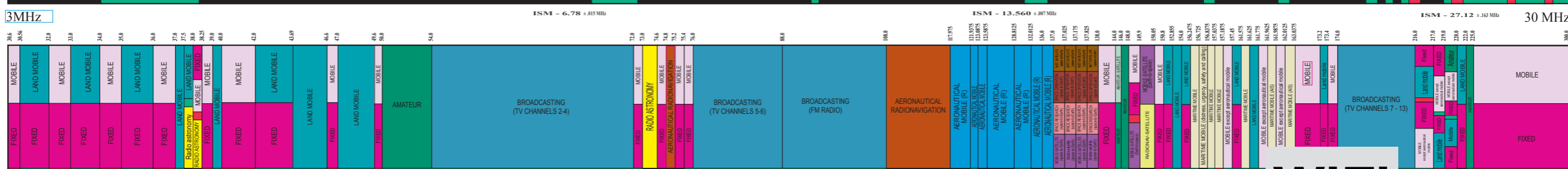
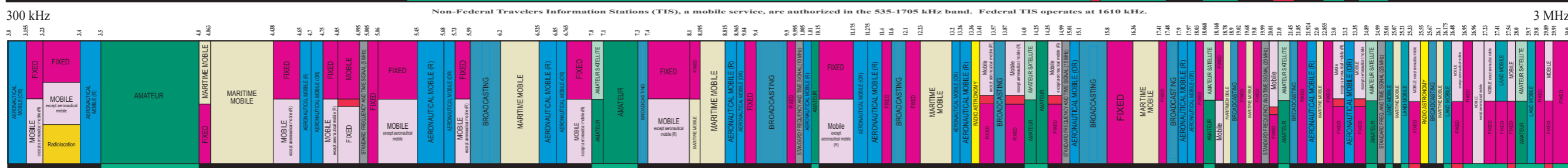
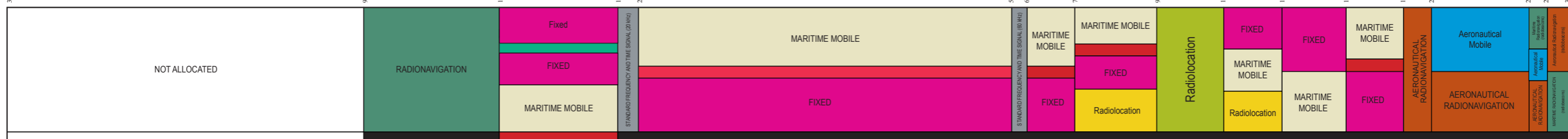
3 GHz

30 GHz

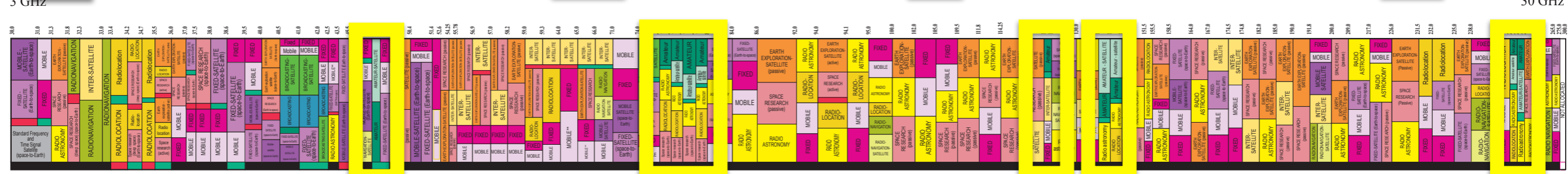
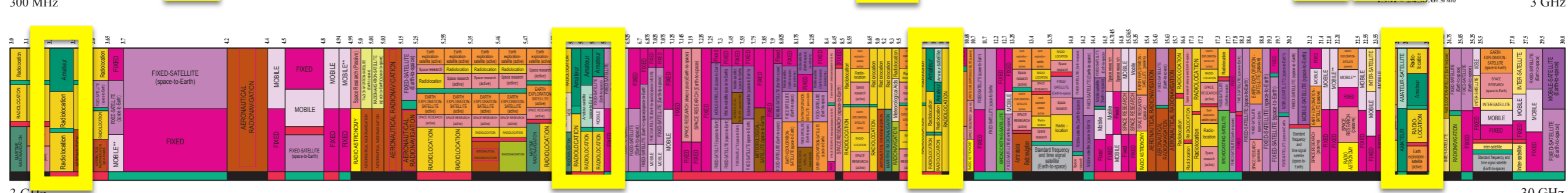
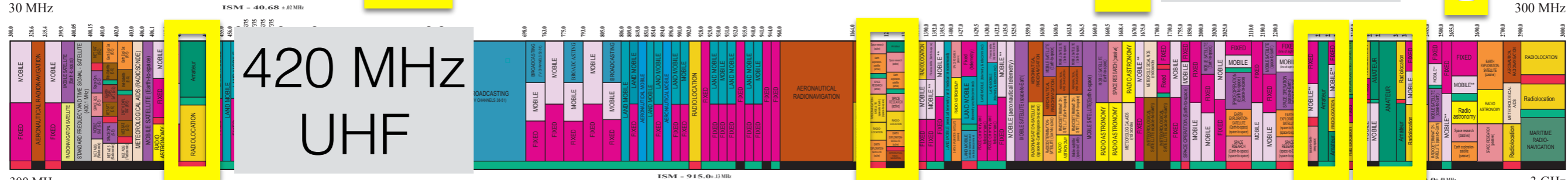
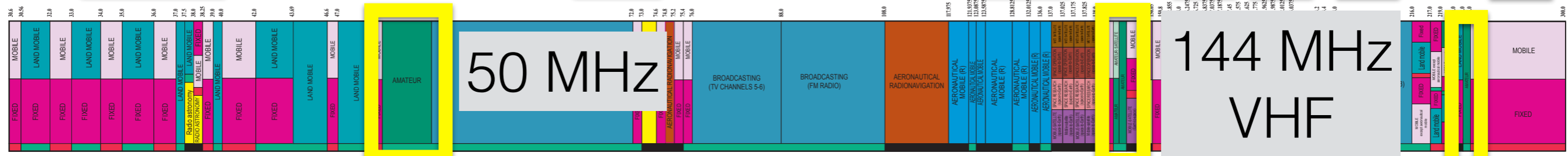
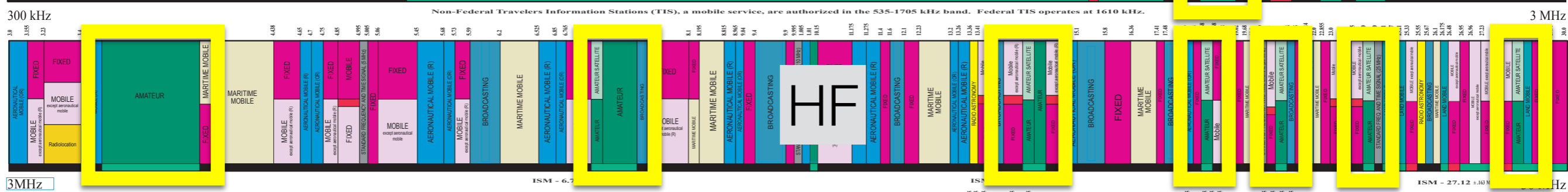
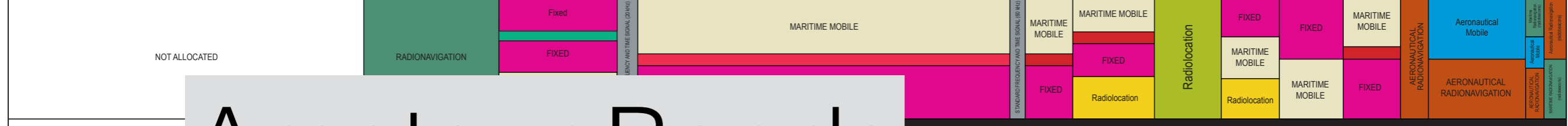






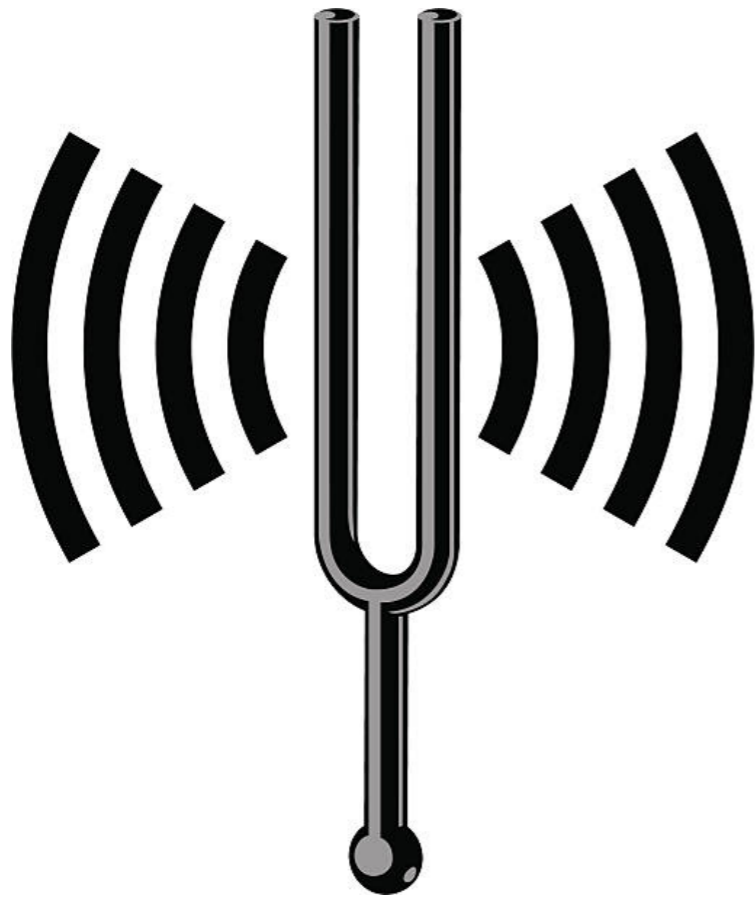


# Amateur Bands

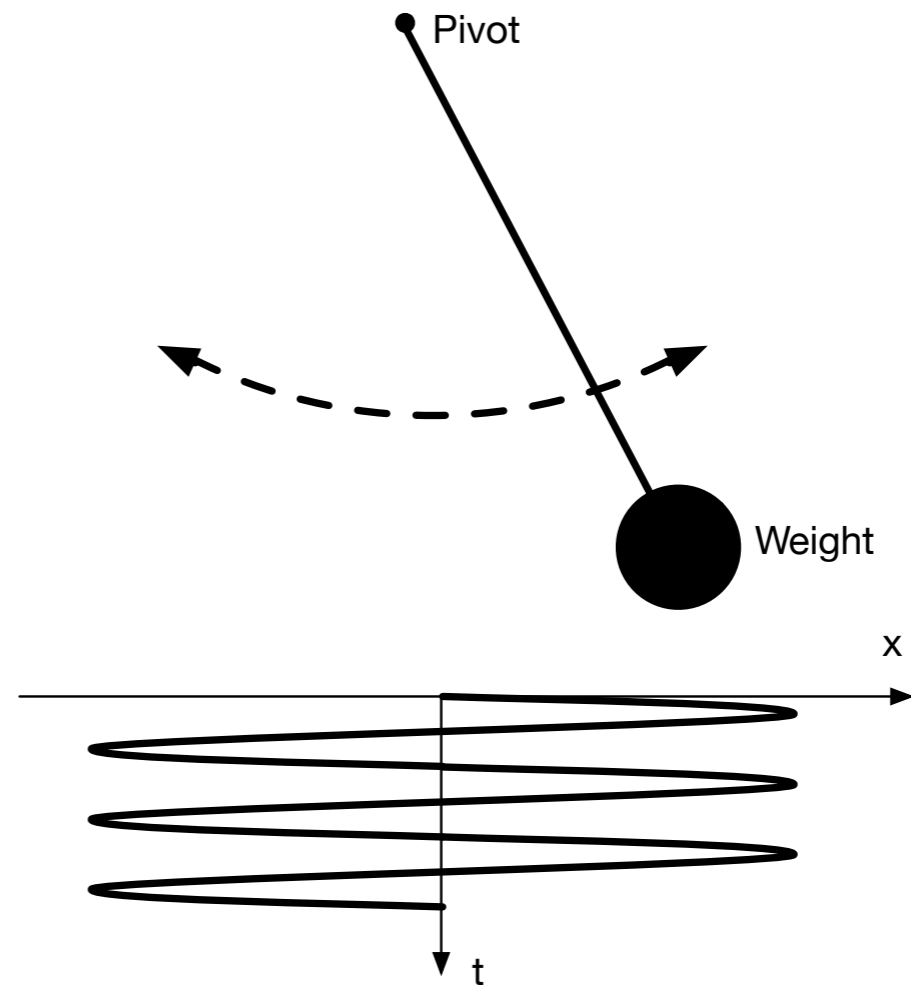


Antennas

# Resonance



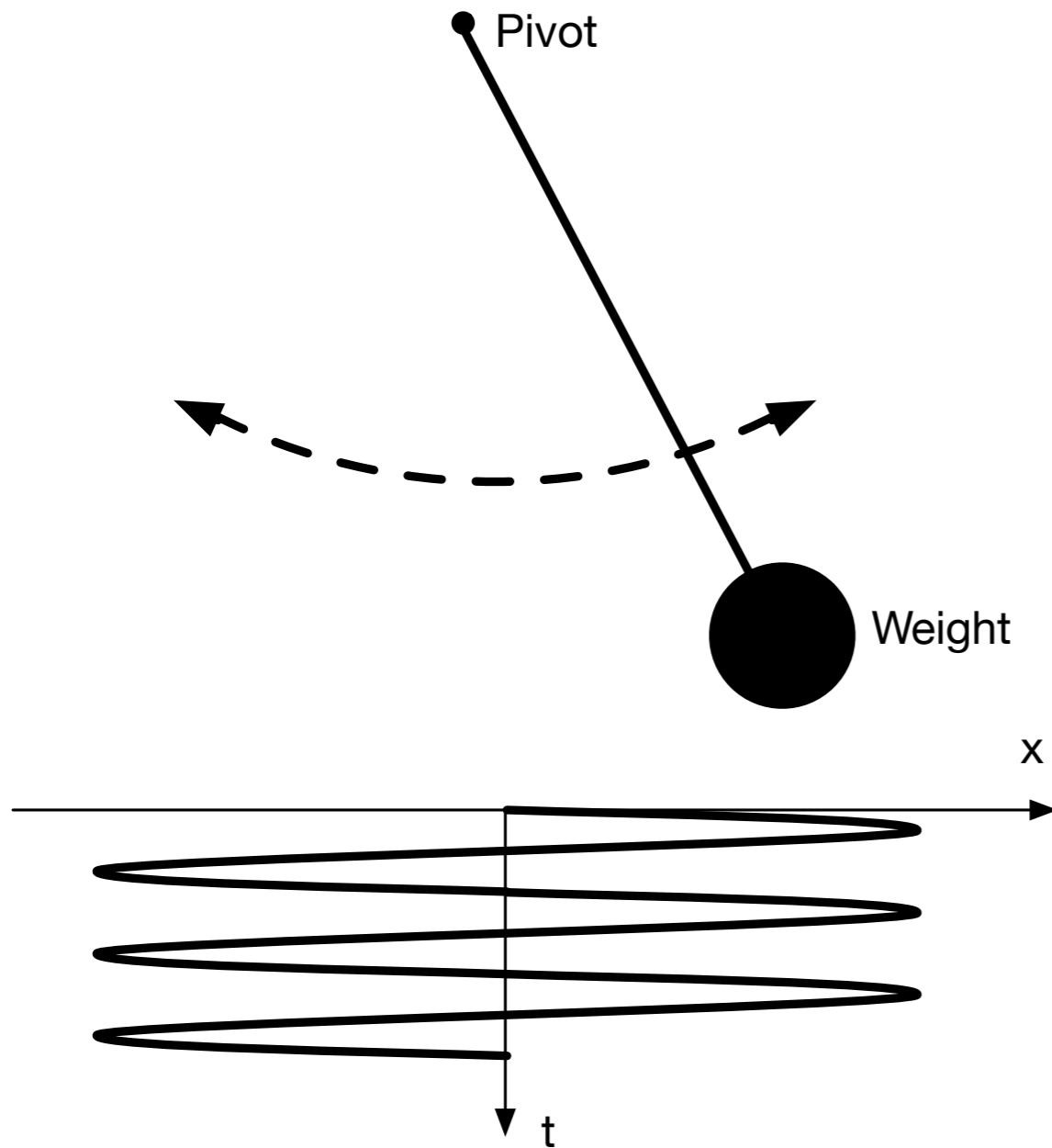
Tuning Fork



Pendulum

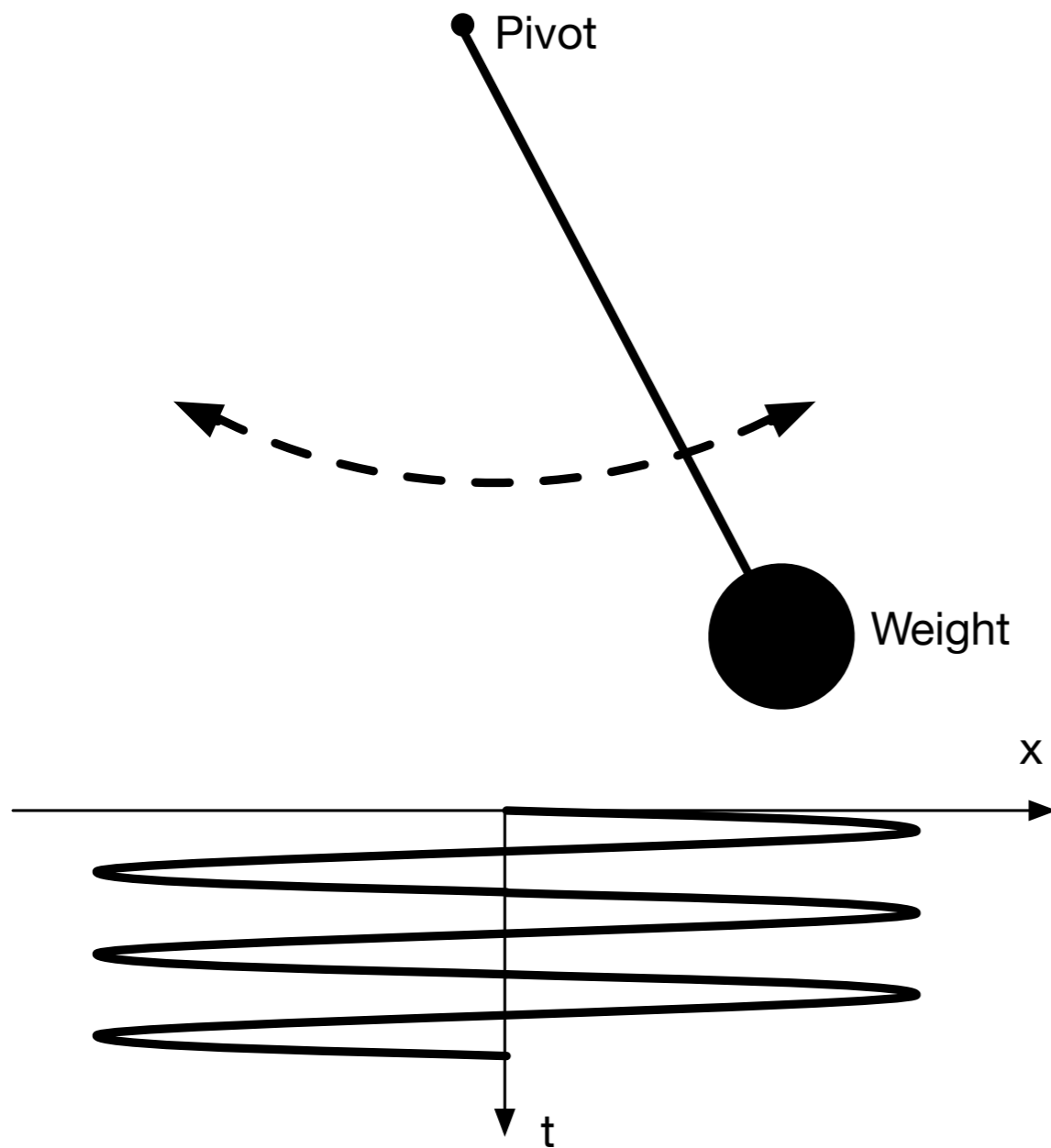


# Pendulum



- Think of it as a swing
- How often should you push?
- When should you push?
- How hard/long should you push?

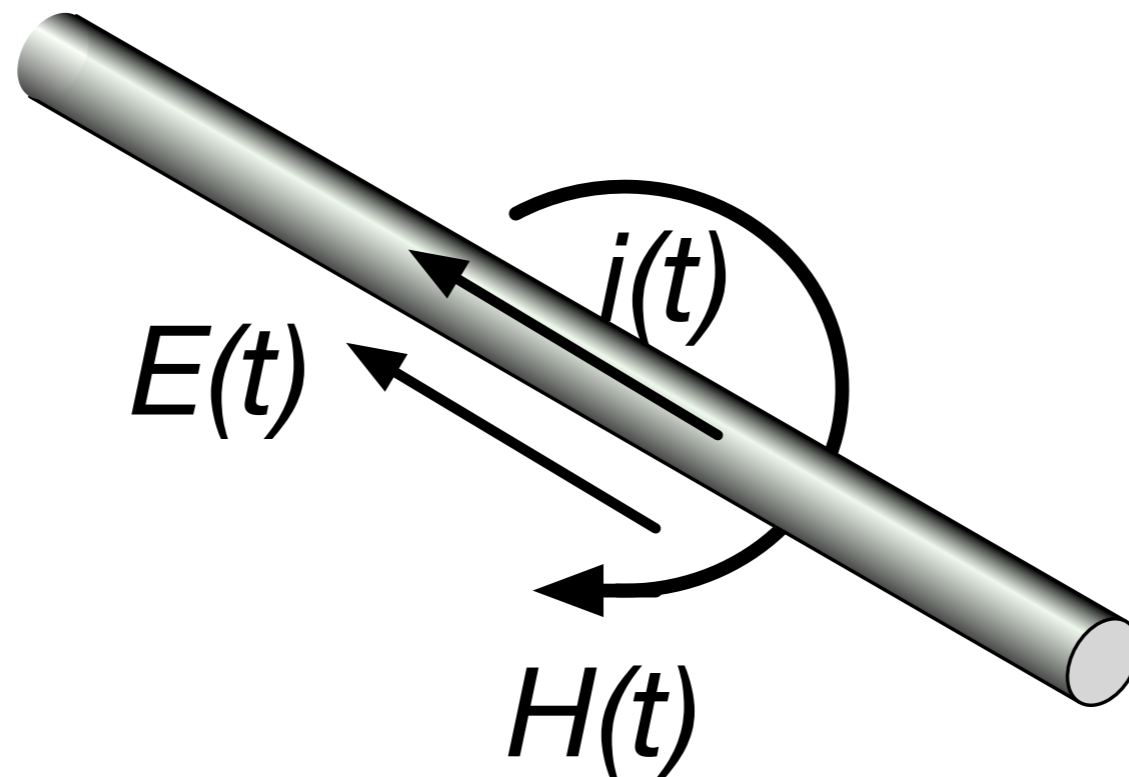
# Pendulum, Input



- Push once per cycle works well
- How about twice per cycle?
- Once every two cycles?
- Only certain frequencies couple energy into the system

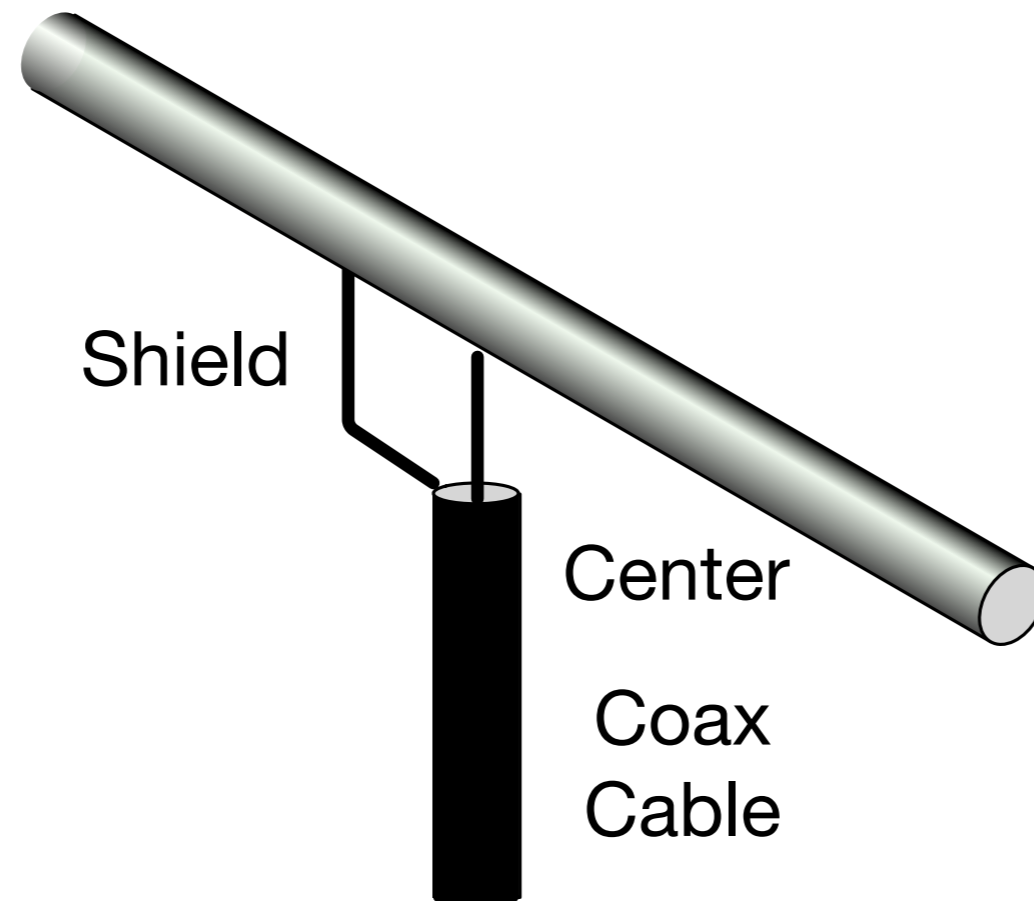
# Resonant Antennas

- Current flows along conductor
- Electric and magnetic fields propagate at the speed of light
- We'd like the antenna round trip to match the transmit frequency



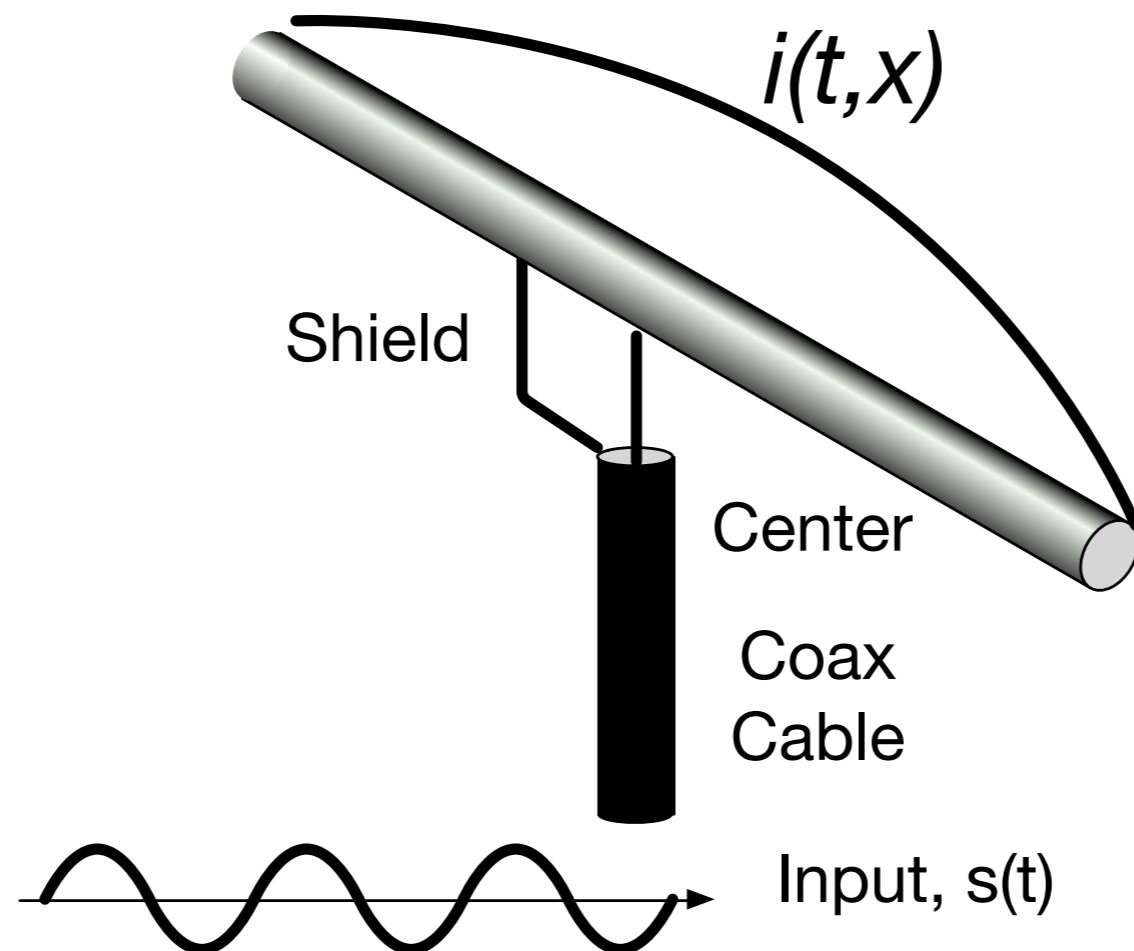
# Dipole Antenna

- Drive the antenna at center, offset
- Sets the input impedance



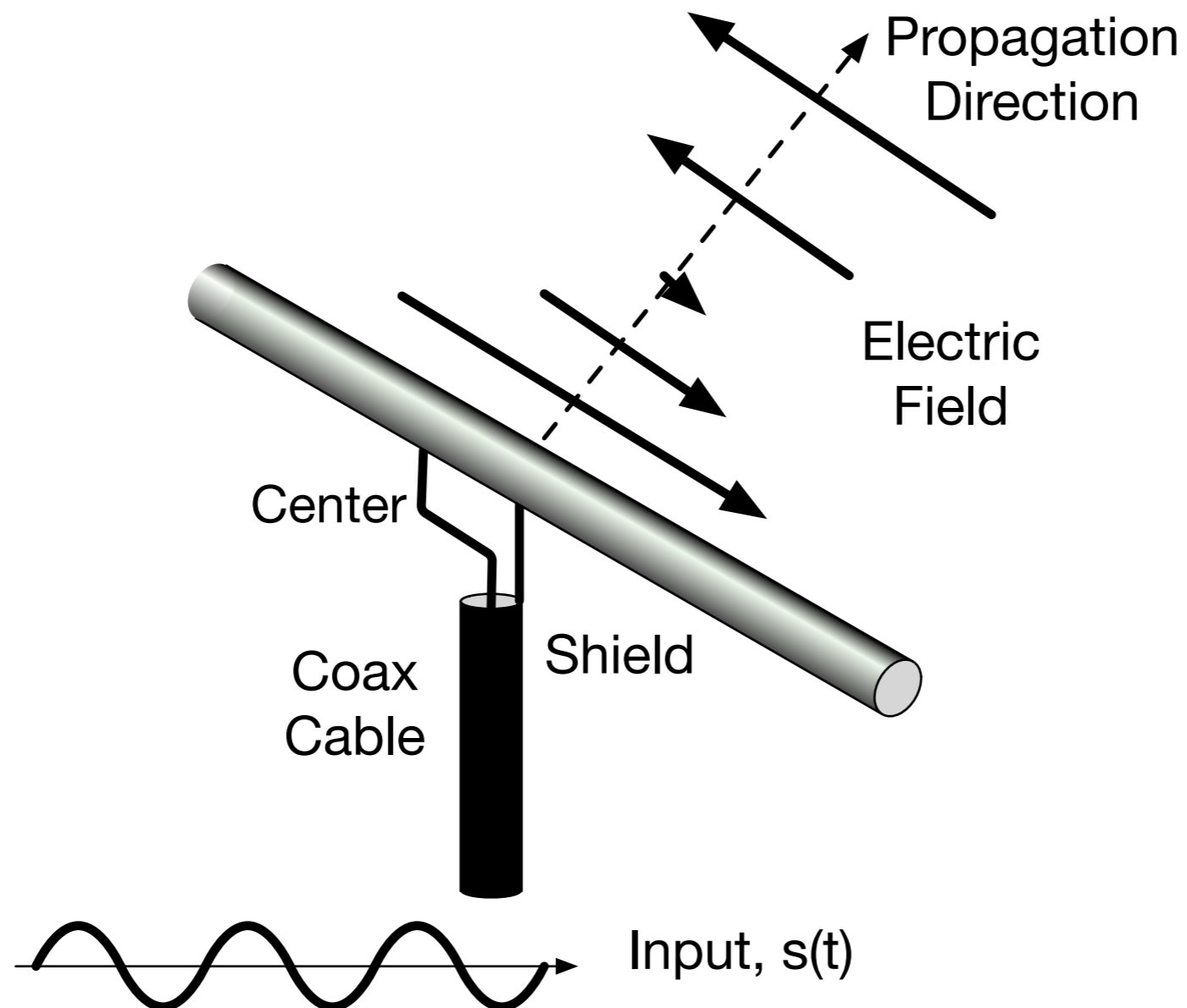
# Dipole Antenna

- Sinusoidal input sets up half cycle of current along antenna
- Length should be  $1/2$  wavelength for the frequency



# Dipole Antenna

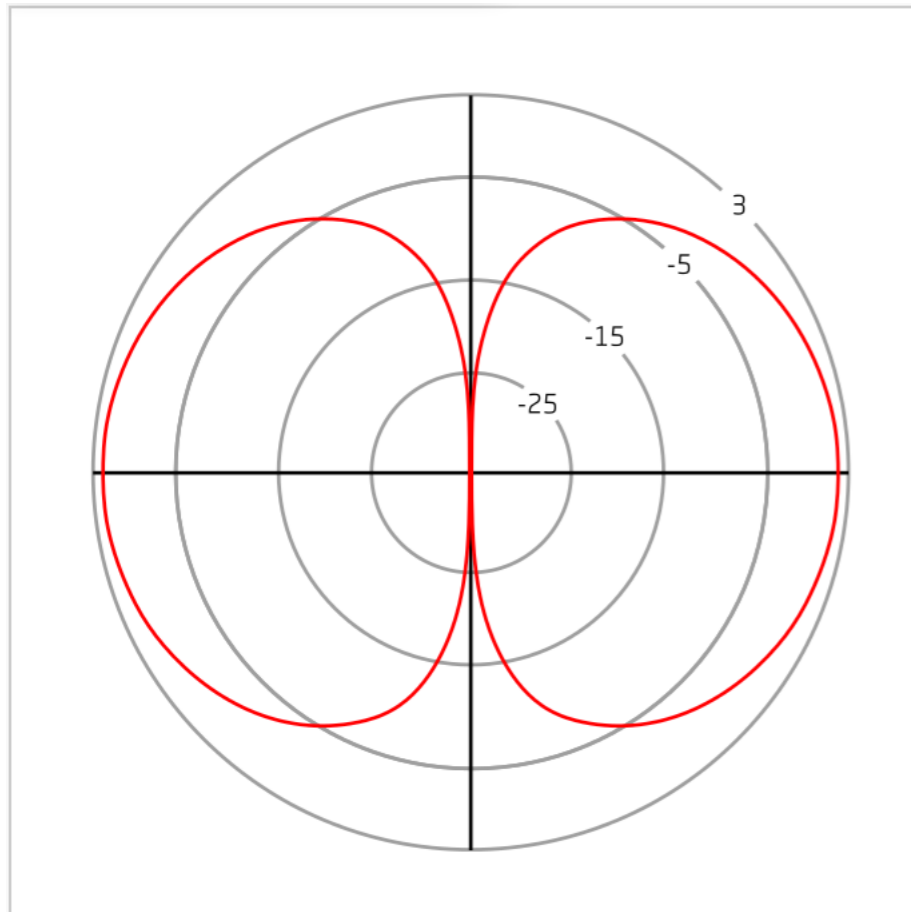
- Oscillating electric field propagates away from antenna



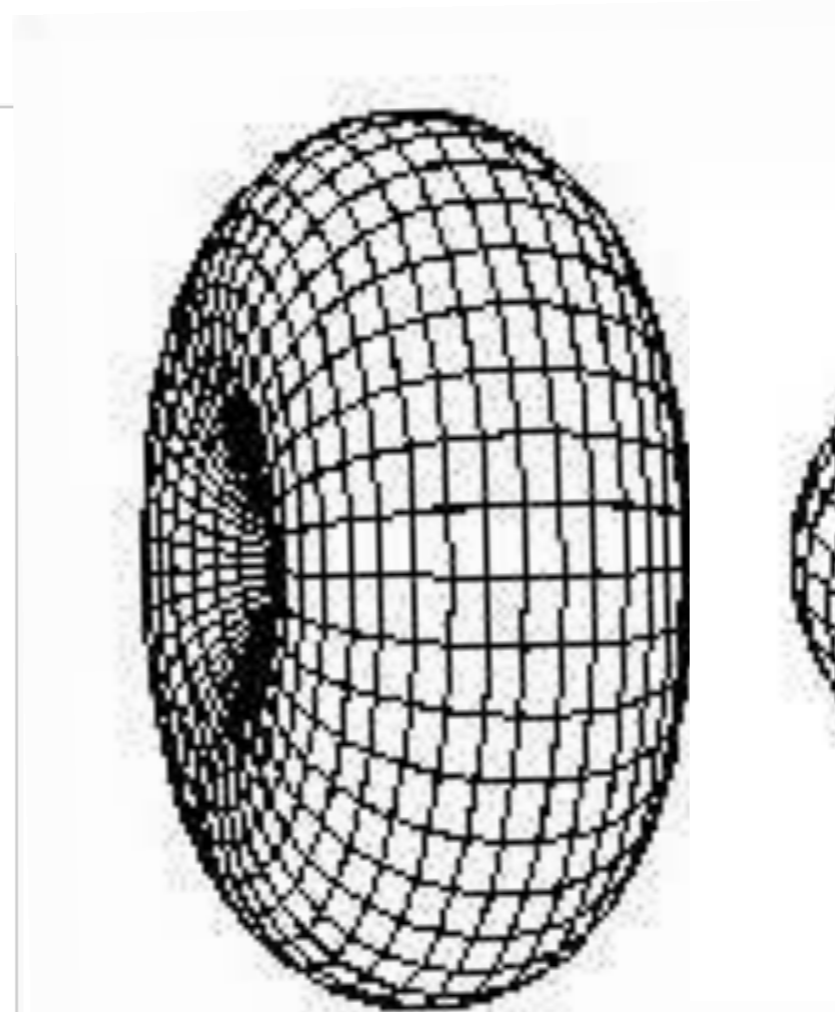
# Dipole Antenna

- Length is  $1/2$  wavelength of the transmit carrier frequency
- For 150 MHz one wavelength is 2 m, and the antenna should be 1 m long
- For 450 MHz, one wavelength is 67 cm, and the antenna should be 33 cm long

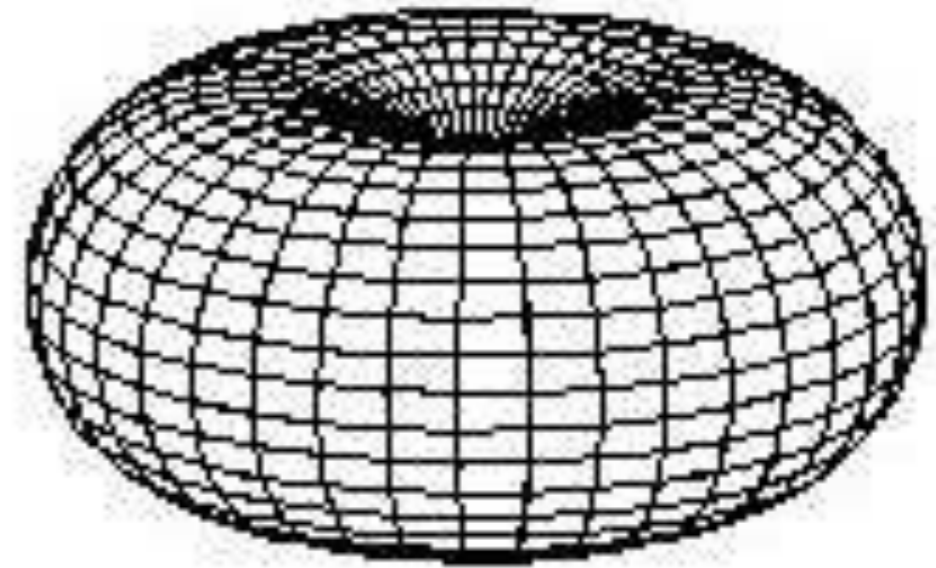
# Dipole Radiation Pattern



**Horizontal**



**Horizontal**



**Vertical**

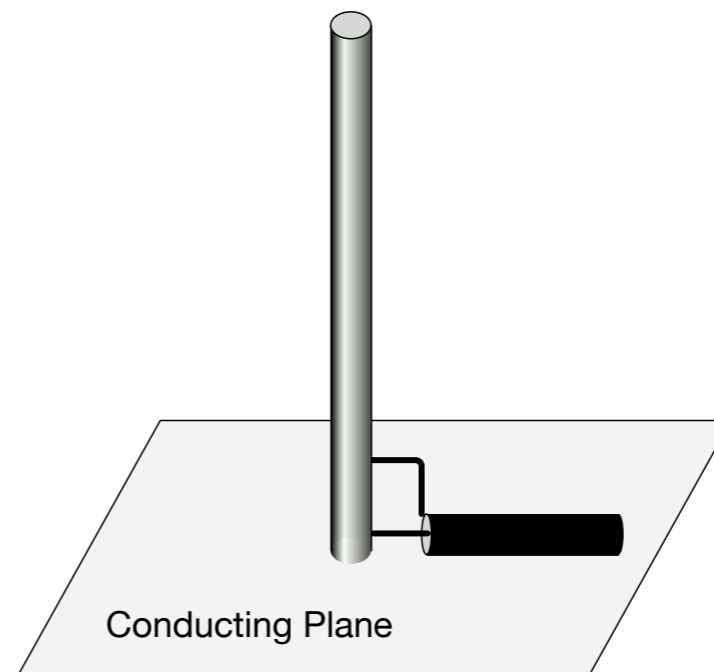


# Polarization

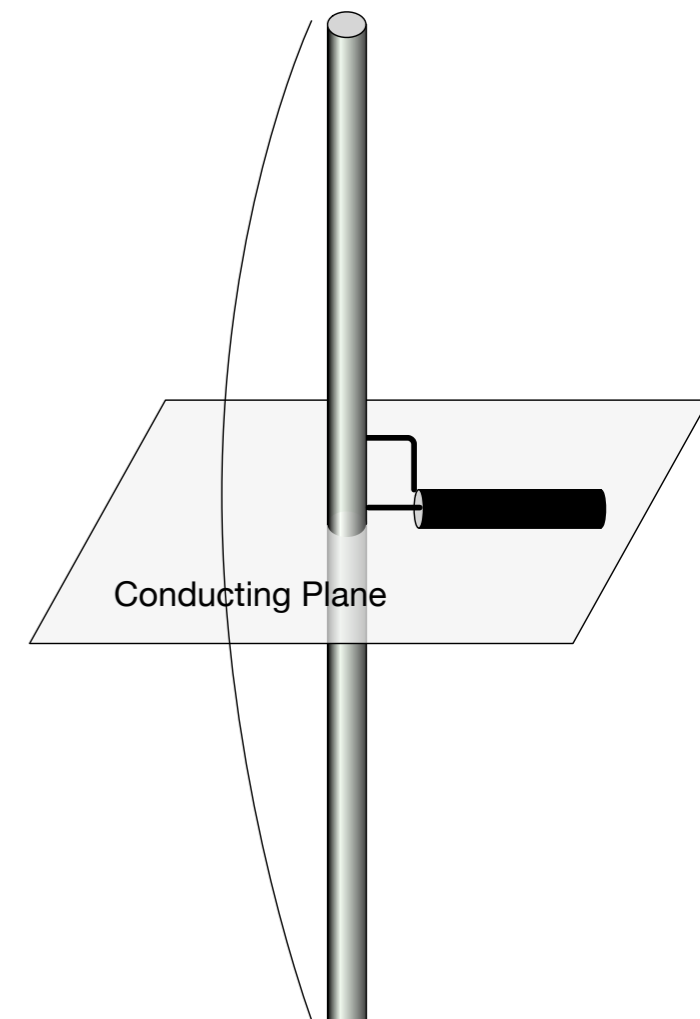
- Polarization is the direction of the electric field (horizontal, vertical, circular)
- A horizontal dipole has a horizontal polarization
- A vertical dipole has a vertical polarization
- If the transmitting and receiving antennas have different polarizations, there can be a very large signal loss

# 1/4 Wave Vertical Antennas

- Conducting surfaces (the earth, your car roof) act as current mirrors
- You get the second half of the antenna for free!



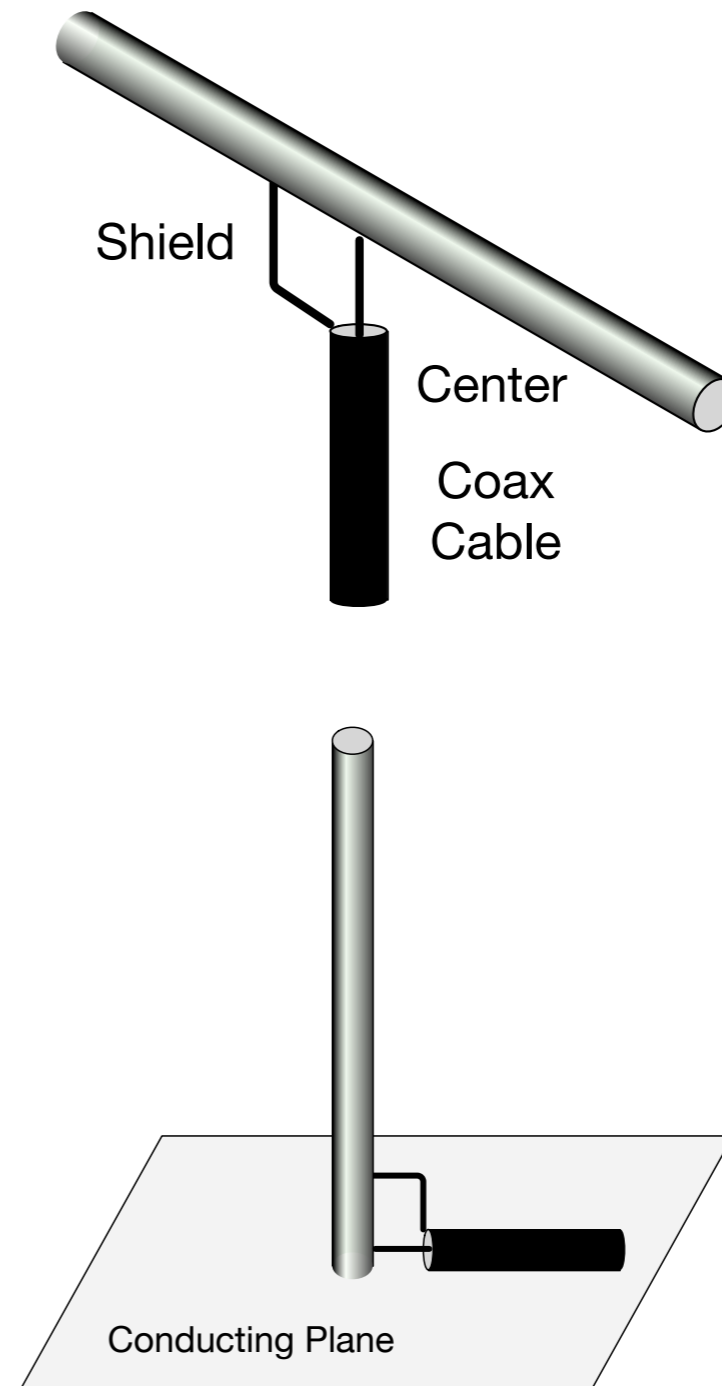
Antenna above  
Conducting Plane



Effective Antenna

# Key Points

- Half-Wave Dipole
  - Usually horizontal
  - Driven at middle
  - Half wavelength
- Quarter Wave
  - Usually vertical
  - Driven at end
  - Quarter wavelength



# How Long are These?

- 1/4 wave FM antenna (100 MHz)
- 1/2 wave TV antenna (300 MHz)
- 1/4 wave WiFi antenna (6 GHz)
- 1/4 wave cell phone antenna (600 MHz)
- 1/4 wave shortwave antenna (3 MHz)

# RF Exposure

# RF Exposure

- Exposure to high levels of RF can cause problems.
- If precautions are taken, RF exposure is minimal and not dangerous.
- Problem is RF energy can heat body tissues.
- Heating depends on the RF intensity and frequency.

# RF Power Density

- Actual transmitter power.
- Antenna gain and proximity.
- Transmission duty cycle.

# Antenna Proximity

- Controlled Environment:
  - People know what they are doing, and that the RF is there
  - Higher power allowed
- Uncontrolled Environment:
  - You have no idea, or have no control of people near your antenna.
  - Less power is allowed because you have to assume the worse case scenario.

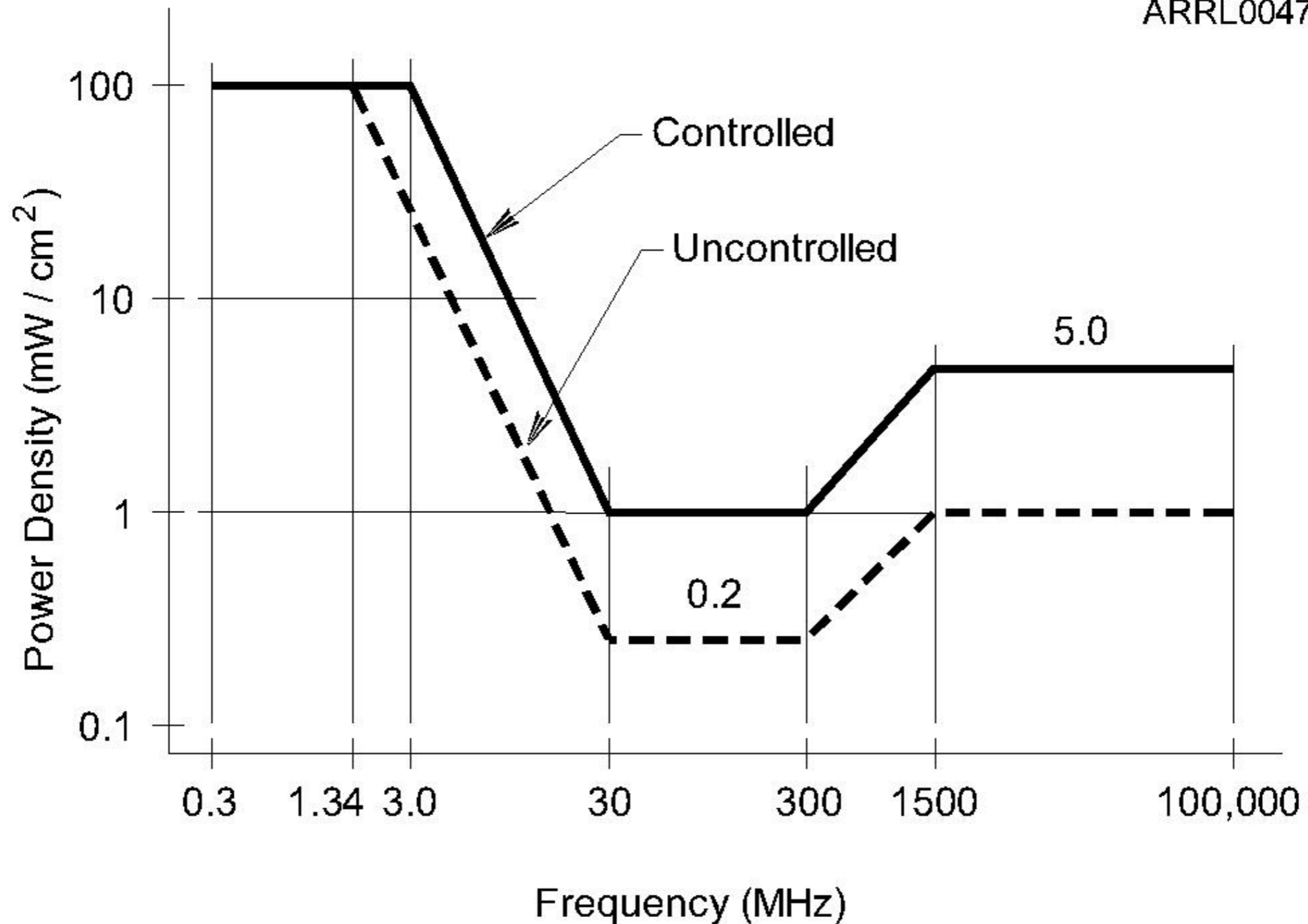


# RF Exposure and Frequency

- When body parts act like antennas, those parts absorb RF energy at certain frequencies (wavelengths) more efficiently and increase risk.
- RF exposure risk varies with frequency.
- More caution is dictated at some frequencies more than other frequencies.
- At what frequencies are you a  $1/2$  or  $1/4$  wave dipole? Assume you are 2 m tall, for simplicity.

# RF Exposure and Frequency

ARRL0047



# RF Exposure and Frequency

- You will see this plot in almost every FCC filing.
- Does the specific device in question produce heating above the standard spec?
- This doesn't address other ways that RF might interact with tissue. These are still research topics, and under very active research.
- However, we've done a very large population study, and any negative effects are exceedingly difficult to find.