Call Me Dave

Professor Irwin Corey  Dr. Who  Mr. Jaffe

Professionally – David L. Jaffe, MS
Today’s Agenda

• Welcome to the Course

• Course Outline

• Introduction to Assistive Technology

• Student Projects
  – Prior Years’ Student Projects
  – Project Suggestions for this Quarter
Welcome to the Class

• Welcome to students and community
• Introduce Professor Drew Nelson
• Introduce Susan Nourse
• Administrative items
  – Time conflicts
  – Sign-up form
  – Attendance sheet
Who are these people and why are they smiling?
Class Genesis

- How this course came about
- Why it is being offered
Course Goals

• Disseminate background knowledge about Assistive Technology through lectures and interactions with professionals, clinicians, and users
  – learn about the different perspectives in the design and use of assistive technology
  – be prepared to develop a prototype, conduct user testing with that prototype, and iterate / refine the design in the Spring Quarter in ME113, CS194, or as independent study

• Introduce engineering students to concepts of effective design that goes beyond technical engineering aspects

• Provide information to the greater Stanford community

• Caveats
What this Course isn’t

- Not about starting a company
- Not about commercializing a device or product
- Not about business or manufacturing
- Projects not with big companies or in other countries
- No exams or quizzes
- No books to buy or required reading
- No problem sets
- No boring lectures

“Not that there is anything wrong with that”
What this Course is

• Engineering design-development process:
  – Need-finding
  – Brainstorming
  – Prototyping
  – Testing
  – Communicating

• Team-work
• Partnering with local community
Course Structure

• A twice-weekly lectures exploring perspectives in the design and use of assistive technology by engineers, designers, entrepreneurs, clinicians, and persons with disabilities

• An opportunity to work in project teams and engage in a design experience that includes need-finding, project identification, and design
Student Experience

- Gain an appreciation for the psychosocial, medical, and technical challenges in developing assistive technologies

- Learn about engineering concepts, design strategies, ethical issues, and intellectual property rights

For those working on a project this quarter:

- Engage in a comprehensive design experience that includes working with real users of assistive technology to identify needs, prototype solutions, perform device testing, practice iterative design, and communicate results

- Employ engineering and design skills to help people with disabilities increase their independence and improve their quality of life
Projects

- Need not be impressive
- Low tech is ok
- Going through the design process and getting it to work are priorities
Credit Options

• **1-unit option:**
  – attend **at least 10** ENGR110/210 lectures (including this one), **no** participation in a project, **no** continuation in the Spring Quarter – C/NC (**no** letter grade)

• **3-unit options:**
  – attend **all** ENGR110/210 lectures, participate in a project, continue with ME113 or CS194 in the Spring Quarter
  – attend **all** ENGR110/210 lectures, participate in a project, **no** continuation in the Spring Quarter
ENGR110/210 Project Activities

For those working on a project:

• Review project suggestion offerings
• Select a project
• Form a team
• Investigate project needs with an individual with a disability
• Evaluate the needs and further define the project
• Gather relevant background information for the project, including any prior design approaches and commercial products
• Brainstorm, evaluate, and choose a design concept
• Prototype, fabricate, test, and assess the design
• Present team’s design - giving background, criteria, initial concepts from brainstorming, selected design candidate, and any prototyping, fabrication, and testing
• Submit a report and reflect on experience
ENGR110/210 Course Assignments

For those working on a project:

• Submit and present team **Mid-term Report**
• Communicate team’s project progress
• Submit and present team **Final Report**
• Reflect on your personal class experience
Grading

For those working on a project:

• Mid-term Report & Presentation 30%
• Final Report 30%
• Final Presentation 30%
• Individual Reflection 10%
• Participation 10%

Participation includes actively listening, posing questions to speakers, engaging in class discussions, verbalizing thoughts & analyses, and communicating project progress.
Spring Quarter Activities in ME113 or CS194

- Continue brainstorming additional design approaches
- Evaluate the approaches and select one to pursue
- Prepare an updated design proposal
- Perform detailed design and analysis
- Prepare a midway report
- Build a first cut prototype to demonstrate design feasibility
- Test the prototype and get feedback from users
- Redesign as necessary
- Construct a second, improved prototype
- Pursue re-testing and get feedback
- Prepare a final report documenting the results of a project and suggesting steps to further develop the design
• Introduction to Assistive Technology
• Team Formation & Project Review
• The Transdisciplinary Team: Bridging the Gap between Consumers and Products in Rehabilitation Medicine
• Design Thinking and Applied Ideation for Assistive Technologies
• Universal Design: A Student’s Perspective
• Design Challenges in Assistive Technology
• Motion-sensing Devices
• Human Engineering: The Field of Prosthetics and Orthotics
• What Kind of Assistive Technology Do You Need if You Break your Neck?
The Lingraphicia – An Assistive Technology for Persons with Aphasia

• Introduction to Clinical Biokinesiology: Gait and Upper Limb Motion Analysis
• Designing Beyond the Norm to Meet the Needs of All People
• Virtual Reality Applications in Assistive Technology and Rehabilitation
• Wheelchair Fabrication in Developing Countries
• Driving with Adaptive Equipment
• Personal Perspectives of a Person with a Disability
• Introduction to Web Accessibility
• Robotics Applications
Questions so far?
Introduction to Assistive Technology

- Definitions
- Broad overview
- What is a disability?
- Range of disabilities
- People involved - demographics and numbers
- Goal of rehabilitation
- Needs of people with disabilities
- Perception of people with disabilities
- Examples of assistive technology products and devices
- Phraseology, semantics, and social correctness
Definitions

- Disability
- Assistive Technology
- Rehabilitation
- Rehabilitation Engineering
Disability
Work-Based Definition

Persons with a disability are those who have a “health problem or condition which prevents them from working or which limits the kind or amount of work they can do”.

Current Population Survey
Cornell University Disability Statistics
Disability
Anatomically-Based Definition

The Department of Veterans Affairs uses a percent disabled definition partially based upon loss of use of limbs, etc that “interferes with normal life functions”. 
Disability
Activity-Based Definition

• Disability is defined in terms of limitations in a person's activities due to a health condition or impairment.

• Activities is a broad enough term to include working, doing housework, taking care of personal and household needs, and other age-appropriate activities. - National Health Interview Survey

• UCSF Disability Statistics Center
Disability
Opportunity-Based Definition

Disability is defined as a health condition or impairment that prevents an individual from taking full advantage of life’s **opportunities** such as education, vocation, recreation, and activities of daily living.
54.6 million citizens are disabled, about 22% of 250 million
- Some reports cite 49 to 78 million
24.1 million individuals have a severe disability
11 million children have a disability
25% of health care costs relate to disability
Disability is the largest minority group
15 million are 65 or older
10 million people with vision impairments
- 1.3 million are legally blind
24 million people with hearing impairments
- 2 million are deaf
1 million wheelchair users
6 million people are mentally retarded
Less than 5% are born with their disability
Disability in the US

- Disability rates vary by age, sex, race, and ethnicity
- Disabilities result in a reduced chance for employment
- Disability is associated with differences in income
- As the nation ages, the number of people experiencing limitations will certainly increase.
Disability Types

• Congenital / Acquired
• Physical
  – Sensory
  – Functional
• Psychological / neurological
There is a group of individuals who are so impaired that they spend 12 to 25 years in institutions before they can contribute significantly to society.
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Students!
Needs / Desires of People with Disabilities

• Regain wellness & function
• Perform tasks independently
• Improve quality of life
• Take full advantage of all opportunities
  – Educational
  – Vocational
  – Recreational
  – Activities of daily living
• Pursue happiness
• Integrate into society
Perceptions of Disabilities

• In the US:
  – A diminishing stigma
  – Mainstreaming
  – ADA

• In other countries:
  – Taken care of, but often hidden away
  – Pursuit of a technology solution is a priority
Social and Political Correctness

• Put the person rather than the condition first:
  – Individuals or people with a disability

• Focus on capabilities rather than disabilities
  – Wheelchair user

• Refer to the person rather than the disability group – be inclusive
  – The Blind, the Disabled, the Deaf
The People

Exclusive

The Deaf
The Blind
The Brain Injured
The Short
The Obese
Diabetics
Smokers
The Elderly
Amputees
The Sick
The Retarded
The Disabled
Inclusive

The People

- People who are blind
- People who are deaf
- People with brain injuries
- People who are short
- People who are obese
- People with diabetes
- People who smoke
- Senior citizens
- People with amputations
- People who are sick
- People with mental impairments
- People with disabilities
- People with disabilities
Social and Political Correctness

- **Shorthand terms:**
  - Para, Quad

- **Derogatory terms:**
  - Gimp, Crip, Spaz, Retard

- **Use of terms:**
  - “Patient”, “User”, “Subject”, “Consumer”
  - “Suffering from”, “Afflicted with”, “Confined to”, “Victim of”
  - “Diagnosed with”, “Living with”, “Survivor of”
Robert Van Etten

- Dwarf
- Midget
- Shorty
- Little person
- Munchkin
- Elf
- Vertically challenged
- Scooter-man
Bob
Yell if you are paying attention

Blue Man Group
Assistive Technology

• Assistive Technology (AT) is a generic term that includes both:
  – devices that benefit people with disabilities and
  – the process that makes these devices available to people with disabilities.

• An AT device is one that has a diagnostic, functional, adaptive, or rehabilitative benefit.

• Engineers employ an AT process to specify, design, develop, test, and bring to market new devices.
Assistive Technology

Health care professionals (not just engineers) are involved in evaluating the need for AT devices; working on research, design, and development teams; prescribing, fitting, and supplying them; and assessing their benefit.

- Physicians
- Clinicians
- Therapists
- Suppliers
- Policy makers
- Educators
AT devices provide greater independence, increased opportunities for participation, and an improved quality of life for people with disabilities by enabling them to perform tasks that they were formerly unable to accomplish (or had great difficulty accomplishing, or required assistance) through enhanced or alternate methods of interacting with the world around them.
New AT devices incorporating novel designs and emerging technologies have the potential to further improve the lives of people with disabilities.

- Computers
- Robotics & mechatronics
- Nanotechnology
- Medical technologies
Rehabilitation

• **Medical model**: Restoration of function caused by disability – through surgery, medication, therapy, and/or retraining

• **More inclusive model**: Includes Assistive Technology
Goals

• Goal of Rehabilitation
  – Restore function

• Goals of Assistive Technology
  – Increase independence
  – Improve quality of life
Rehabilitation Engineering

Rehab Engineers assist people who have a functional impairment by engaging in one or more of these activities:

– Device Design
– Research & Development
– Technology Transfer
– Marketing
– Provision
– Education & Training
Facets of Rehabilitation Engineering

- Personal Transportation (vehicles and assistive driving)
- Augmentative & Alternative Communication
- Dysphagia: Eating, Swallowing, Saliva Control
- Quantitative Assessment
- Technology Transfer
- Sensory Loss & Technology
- Wheeled Mobility & Seating
- Electrical Stimulation
- Computer Applications
- Rural Rehabilitation
- Assistive Robotics & Mechatronics
- Job Accommodation
- Gerontology - Technology for Successful Aging
- International Appropriate Technology
- Universal Access

RESNA SIGs
Assistive Technology Market

• Many people with a disability – in US and world-wide

• Every consumer has unique needs and desires

• Largest homogeneous group in the US is wheelchair users

• Lack of a well-defined mass market means that companies serving individuals with disabilities are small and their products are expensive
Example Assistive Technology Devices

- Projects I worked on at the VA RR&D Center
- Commercial devices and research projects
- Technologies that have made an impact
Head Control Interface

• **Features**
  – 2 degrees of freedom
  – real-time operation
  – non-contact interface
  – front or rear sensing
  – mouse or joystick substitute

• **Applications**
  – control of mobility (electric wheelchair)
    contrast with voice control alternative
  – control of cursor position with hands on keyboard
  – demonstrated robot control
Head Control Interface Video
Ralph Fingerspelling Hand

- **Ralph** offers individuals who are deaf-blind improved access to computers and communication devices in addition to person-to-person conversations.

- Enhancements of this design include better intelligibility, smaller size, and the ability to optimize hand positions.
Ralph Video
Virtual Reality

• **Features**
  – treadmill-based training aid
  – step over virtual obstacles
  – harness prevents falling
  – computer senses “collisions”

• **Applications**
  – safe training aid for clinic
  – range of motion, coordination, balance
Virtual Reality Video
Driving Simulator

- The goal of this project was to evaluate the potential of a high quality computer-based driving simulator to accurately assess and improve the driving ability of veterans with Stroke and Traumatic Brain Injury (TBI).

- Create realistic driving scenarios to address specific cognitive, visual, and motor deficits in a safe setting

- Compare driving performance with traditional “behind-the-wheel” assessment and training
Brain Computer Interface

- Noninvasive – picks up surface EEGs
- Determines 6 mental states – concentration / meditation
- Controls computer games
- Open API for other applications

NeuroSky’s MindSet

$200
Personal Robot 2

- Two-armed mobile robot
- Vision system
- Ethernet connectivity
- Grasps and handles physical objects
- Human-controlled or autonomous operation

PR2 - Willow Garage
Advanced Prosthetics

The Proprio Foot is a $30,000 device that uses artificial intelligence, sensors, and microprocessors to adjust automatically to the user’s gait as well as to surface angles. It’s capable of remembering exactly how its owner walked up a flight of stairs or down a hill, and can be trained to respond differently.
Bionic Hand

• Individually powered digits
• Myoelectric signal input to open and close fingers
• Cosmetic covering available

i-LIMB Hand – a fully articulating and commercially available prosthetic hand
Bionic Fingers

- Each finger is a standalone functional unit
- Myo-electric or pressure sensitive sensor signals open and close fingers
- Robotic or life-like cosmetic coverings available

ProDigits – motor-powered prosthetic for those with missing fingers
Mobility for Small Children

• Provides mobility to children who are unable to fully explore the world on their own
• Employs obstacle sensors

UD1 - University of Delaware
PowerKnee

- The **PowerKnee** is an active orthotic device. It provides active assistance, resistance, and rehabilitation of knee function for those with impaired mobility and is constructed with patented actuator technology, an embedded computer system, sensors, and a software control system. The result is a transparently activated, sensor-driven device which greatly enhances mobility and rehabilitation.

- The photo at the right is the prototype FlexCVA attached to a knee brace. Future versions will reduce the size and allow the entire device to fit under loose-fitting clothing.

Tibion – Moffett Field
iBot Wheelchair

- **The Balance Function** elevates the user to move around at eye level and to reach high places independently. In this function, the front wheels rotate up and over the back wheels, while the user remains seated at an elevated position.

- **The Stair Function** enables the user to safely climb up and down stairs, with or without assistance, giving them access to previously inaccessible places.

- **The 4-Wheel Function** enables the user to climb curbs as high as five inches and to travel over a variety of uneven terrain, such as sand, gravel, grass, thick carpet and other surfaces.

- Johnson & Johnson Independence Technology
The Hocoma Lokomat Robotic Ambulation System for body weight supported treadmill training is an effective therapy for persons with spinal cord injuries.

Research indicates that spinal and cortical nervous systems have the ability to recall the walking process from repeated walking therapy.
Intel Reader

- Camera, computer, optical character recognition software, text-to-speech device for people with low vision, blindness, or reading-related disabilities
- Plays pre-recorded and mp3 content
- Zoom screen display

$1500 – one pound
Top Ten Rehabilitation Technologies

As judged by Denis Anson - not in any particular order
Adaptive Firmware Card

Developed by Paul Schweda in the late 1970s, this card allowed people with severe disabilities to access "mainstream" computer programs on the Apple II. The card included virtually all modern access technologies (expanded keyboard support, Morse code, single switch) except for voice input, and worked in a computer that didn't have a real operating system, to allow keyboard replacement in virtually any program. It promoted the idea that people with disabilities should be able to use the same programs as anyone else, not just the programs produced by hobbyist therapists.
Quickie UltraLight Wheelchairs

Back in the days when standard wheelchairs were big, heavy, flexible, and inefficient, Quickie showed up with rigid chairs that were light weight and adjustable. Originally designed for wheelchair athletes, they were actually most useful for folks with very limited endurance, who lacked the energy to propel themselves in conventional wheelchairs.
High-precision Wheelchair Bearings

Those old wheelchairs, and even the early ultra-lights used standard wheel bearings, which meant that you could push them and they'd quickly roll to a stop. Then we started getting high-precision bearings, and the silly things started rolling, on their own, to the low points in the therapy area floor if you forgot to set the wheel locks. Suddenly, the effort required to propel all chairs, and especially ultra-lights, decreased markedly!
When the Adaptive Firmware Card came out, it included a demo program that allowed messages to be stored behind keys of the Unicorn Keyboard. When you pressed a key, the attached Echo synthesizer spoke the message. Therapists went wild! It's a communication system! It lets non-vocal folks talk! And here is where you plug it in! Of course, it wasn't a communication system, it was a quick and dirty demo program in AppleSoft BASIC. But later, Zygo, among others, developed systems that did the same thing, and that had enough batteries to operate in the real world. Those big, clunky, and *SLOW* systems started it all.
Speech Recognition Software

It originally cost $6000! It required the most powerful PC money could buy, and it required that you stop after each word to let it decide what word you had spoken, but it was a large vocabulary, general purpose speech to text system that allowed people who couldn't use the keyboard to generate written text.
IBM ViaVoice

Introduced at $149, it forced the price of speech recognition down to a level that mere mortals could afford. In the process, it also moved speech recognition into the mainstream, and away from disability, so the customer support changed to a much lower level of involvement.
LC Technologies Eye Gaze Computer

I first saw this at a RESNA conference exhibit hall, and was blown away. I could sit at the computer, and just by looking at letters on the screen, type. I could look away and look back, and go right on typing. It was cool! While I was gazing, a person came in to the booth behind me, and, after a moment, asked what it cost. I don't recall exactly what the price was, but I think it was on the order of $60,000. The person squawked, "Why would I spend $60,000 on this, when right over there, I can buy a HeadMaster for $1000?" The booth person said, "If you could use a HeadMaster, you'd be out of your mind to buy one of these. This is for people who can't use anything else." In 1994, they had sold 50, but they allowed 50 people to talk and to work who would not have been able to do anything else.
Al Ross, at University of Washington, was a ham radio operator as well as a communications specialist. In the course of his work, he started to wonder if people with profound disabilities might be able to use Morse Code to communicate. He wrote a grant, and did some research with Kathy Yorkston, a speech pathologist, and some others, and found that, indeed, Morse could be used by people with significant cognitive disorders to allow communication at much faster rates than single switch scanning. As part of the project, they built some communication systems to be used for the 6 months of the study (1980). In the late 1990s, some of these communicators were still in daily use.
Early communication systems were limited by the number of keys that could be used, and the amount of information that could be displayed at once. You could swap overlays to get more versatility, but that meant that someone else had to assist (in most cases). If you put lots of icons on the screen, the clutter make it difficult to interpret for many. If you ask the user to remember what the generic symbols mean, you put a lot of load on them. But with dynamic displays, you only have to show the current meaning of a key, not all of them, and the user doesn't have to remember as much.
Graphical Computer Displays

A watershed event, but not one for the better. Text screens are easy. You need to be able to emulate a keyboard, and generate 128 unique characters. Piece of cake. Then we got the Mac, and Windows. Now, you need to be able to move to any spot on the screen, you need to be able to capture text off the screen without knowing where it is (it's not just the 40th character in the 12th row, it can be anywhere!). The difficulty in providing access to a graphical computer, as compared with a text based one is immense. It was a great leap backwards for disability access, and one that we are still recovering from. (How's your access to Windows Vista?)
Gallery of Assistive Technology Projects

- ME113 projects from 2006
- ENGR110/210 projects from prior years
Standing Aid

- Device to assist a young male wheelchair user to stand while urinating, without assistance
Wheelchair Lift

• Portable wheelchair lift to facilitate the transfer of a patient and caregiver to/from bed / wheelchair
Page Turner

• Microcontroller-based prototype page turner to allow a man with ALS, a neuromuscular disorder, to independently read a book
  – Caitlin Donhowe
Aid for Donning an Artificial Leg

• A motorized device with wireless remote control that makes it easier for an individual with a below-knee amputation to don an artificial leg
  – Barrett Heyneman
  – Linus Park
Aid for Donning an Artificial Leg

- A second motorized device with wireless remote control that makes it easier for an individual with a below-knee amputation to don an artificial leg (ME113)
Let’s Get Physical
Pediatric Gait Project

The design team, **Lets Get Physical**, developed a physical therapy motivational device for use by children with Cerebral Palsy who are learning to walk. Combining innovative audio effects with a fun, portable design, the device encourages users to keep walking outside physical therapy classes.
ElevAid
Device to Press Elevator Buttons

The ElevAid team addressed the need of a Stanford student who uses a powered wheelchair to access the elevator call button and to press the button corresponding to the floor desired.
Opening Doors addressed the need for a device that can assist wheelchair users in opening doors, specifically in the task of pulling.
Sonification of Movement is a device that will make physical exercises more engaging for stroke survivors who need to practice arm movement. The device translates arm movement into musical sounds, and can be customized to help the user practice different types of motion.
Handi-Cart

The goal of the **Handi-Cart** project was to make a device that would allow wheelchair users to use a shopping cart independently and easily.
iPhone Dialer for Individuals with Visual Impairments

The iPhone Dialer is a simple eyes-free dialing program which does away with absolute button location and which substitutes sound and vibration for the lack of tactile feedback.
Steerable Surfboard for a Surfer with Quadriplegia

The purpose of the Steerable Surfboard projects is to develop a prototype design with a fin-based steering system controlled by means of a forward-mounted joystick. (ME113)
Project Ideas

- Listed in handout – presentations on Thursday
- Further work on prior year’s projects:
  - Accessible interfaces for:
    - iPods and MP3 players
    - Cell phones
    - Game consoles
    - Remote controls
- Projects listed in the NSF guidebook
- Student-defined projects
Student Project Resource People

- Debbie Kenney – Occupational Therapist
- Doug Schwandt – Mechanical Engineer
Contact Information

• Websites:
  – http://www.stanford.edu/class/engr110/
  – http://www.stanford.edu/class/me113/
  – http://www.stanford.edu/class/cs194/

• Telephone numbers and email addresses:
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  – Susan Nourse – 650/799-6295
    • senourse@stanford.edu
Questions?
Thursday

Team Formation & Project Review

Project / technology presentations:
- Debbie Kenney
- Mike Norell
- Bob Bauer – Willow Garage
- Eric Sabelman – Kaiser Permanente
- Liliana Kaszuba & Joseph Villanueva – Webster House
- Tansy Brook - NeuroSky
- Dave Jaffe for Prof Tom Kane
Adjourn