

## Zero-Order and First-Order Optimization Algorithms I

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(Chapters 7 and 8)

## Introduction

Optimization algorithms tend to be **iterative procedures**. Starting from a given point  $\mathbf{x}^0$ , they generate a sequence  $\{\mathbf{x}^k\}$  of **iterates** (or trial solutions) that converge to a “solution” – or at least they are designed to be so.

Recall that scalars  $\{x^k\}$  **converges to 0** if and only if for all real numbers  $\varepsilon > 0$  there exists a positive integer  $K$  such that

$$|x^k| < \varepsilon \quad \text{for all } k \geq K.$$

Then  $\{\mathbf{x}^k\}$  **converges to solution  $\mathbf{x}^*$**  if and only if  $\{\|\mathbf{x}^k - \mathbf{x}^*\|\}$  converges to 0.

We study algorithms that produce iterates according to

- **well determined rules–Deterministic Algorithm**
- **random selection process–Randomized Algorithm.**

The rules to be followed and the procedures that can be applied depend to a large extent on the characteristics of the problem to be solved.

## The Meaning of “Solution”

What is meant by a solution may differ from one algorithm to another.

In some cases, one seeks a **local minimum**; in some cases, one seeks a **global minimum**; in others, one seeks a first-order and/or second-order **stationary or KKT point** of some sort as in the method of steepest descent discussed below.

In fact, there are several possibilities for defining what a solution is. Once the definition is chosen, there must be a way of testing whether or not an iterate (**trial solution**) belongs to the set of solutions. For example, the residuals of the KKT conditions converge to zero.

## Generic Algorithms for Minimization and Global Convergence Theorem

**A Generic Algorithm:** A point to set mapping in a subspace of  $R^n$ .

**Theorem 1** (Page 222, L&Y) Let  $A$  be an “algorithmic mapping” defined over set  $X$ , and let sequence  $\{\mathbf{x}^k\}$ , starting from a given point  $\mathbf{x}^0$ , be generated from

$$\mathbf{x}^{k+1} \in A(\mathbf{x}^k).$$

Let a solution set  $S \subset X$  be given, and suppose

- i) all points  $\{\mathbf{x}^k\}$  are in a compact set;
- ii) there is a continuous (merit) function  $z(\mathbf{x})$  such that if  $\mathbf{x} \notin S$ , then  $z(\mathbf{y}) < z(\mathbf{x})$  for all  $\mathbf{y} \in A(\mathbf{x})$ ; otherwise,  $z(\mathbf{y}) \leq z(\mathbf{x})$  for all  $\mathbf{y} \in A(\mathbf{x})$ ;
- iii) the mapping  $A$  is closed at points outside  $S$  ( $\mathbf{x}^k \rightarrow \bar{\mathbf{x}} \in X$  and  $A(\mathbf{x}^k) = \mathbf{y}^k \rightarrow \bar{\mathbf{y}}$  imply  $\bar{\mathbf{y}} \in A(\bar{\mathbf{x}})$ ).

Then, the limit of any convergent subsequences of  $\{\mathbf{x}^k\}$  is a solution in  $S$ .

## Descent Direction Methods

In this case, merit function  $z(\mathbf{x}) = f(\mathbf{x})$ , that is, just the objective itself.

- (A1) **Test for convergence** If the termination conditions are satisfied at  $\mathbf{x}^k$ , then it is taken (accepted) as a “solution.” In practice, this may mean satisfying the desired conditions to within some tolerance. If so, stop. Otherwise, go to step (A2).
- (A2) **Compute a search direction**, say  $\mathbf{d}^k \neq \mathbf{0}$ . This might be a direction in which the function value is known to decrease within the feasible region.
- (A3) **Compute a step length**, say  $\alpha^k$  such that

$$f(\mathbf{x}^k + \alpha^k \mathbf{d}^k) < f(\mathbf{x}^k).$$

This may necessitate a one-dimensional (or line) search.

- (A4) **Define the new iterate** by setting

$$\mathbf{x}^{k+1} = \mathbf{x}^k + \alpha^k \mathbf{d}^k$$

and return to step (A1).

## Algorithm Complexity and Speeds I

The intrinsic computational cost/time of an algorithm depends on

- number of decision variables  $n$ : cost of the inner product of two vectors, cost of solving system of linear equations
- number of constraints  $m$ : cost of the product of a matrix and a vector, cost of the product of two matrices
- number of nonzero data entries NNZ: sparse matrix/data representation
- the desired accuracy  $0 < \epsilon < 1$ : the cost could be proportional to  $\frac{1}{\epsilon^2}$ ,  $\frac{1}{\epsilon}$ ,  $\log(\frac{1}{\epsilon})$ ,  $\log[\log(\frac{1}{\epsilon})]$ , ...
- problem difficulty or complexity measures such as the Lipschitz constant  $\beta$ , the condition number of a matrix, etc

## Algorithm Complexity and Speeds II

- **Finite versus infinite convergence.** For some classes of optimization problems there are algorithms that obtain an exact solution—or detect the unboundedness—in a finite number of iterations.
- **Polynomial-time versus exponential-time.** The solution time grows, in the worst-case, as a function of problem sizes (number of variables, constraints, accuracy, etc.).
- **Convergence order and rate.** If there is a positive number  $\gamma$  such that

$$\|\mathbf{x}^k - \mathbf{x}^*\| \leq \frac{O(1)}{k^\gamma} \|\mathbf{x}^0 - \mathbf{x}^*\|,$$

then  $\{\mathbf{x}^k\}$  converges **arithmetically** to  $\mathbf{x}^*$  with power  $\gamma$ . If there exists a number  $\gamma \in [0, 1)$  such that

$$\|\mathbf{x}^{k+1} - \mathbf{x}^*\| \leq \gamma \|\mathbf{x}^k - \mathbf{x}^*\| \quad (\Rightarrow \|\mathbf{x}^k - \mathbf{x}^*\| \leq \gamma^k \|\mathbf{x}^0 - \mathbf{x}^*\|),$$

then  $\{\mathbf{x}^k\}$  converges **geometrically or linearly** to  $\mathbf{x}^*$  with rate  $\gamma$ . If there exists a number  $\gamma \in [0, 1)$

$$\|\mathbf{x}^{k+1} - \mathbf{x}^*\| \leq \gamma \|\mathbf{x}^k - \mathbf{x}^*\|^2 \text{ after } \gamma \|\mathbf{x}^k - \mathbf{x}^*\| < 1$$

then  $\{\mathbf{x}^k\}$  converges **quadratically** to  $\mathbf{x}^*$  (such as  $\left\{\left(\frac{1}{2}\right)^{2^k}\right\}$ ).

## Algorithm Classes

Depending on information of the problem being used to create a new iterate, we have

- (a) **Zero-order** algorithms. Popular when the gradient and Hessian information are difficult to obtain, e.g., no explicit function forms are given, functions are not differentiable, etc.
- (b) **First-order** algorithms. Most popular now-days, suitable for large scale data optimization with low accuracy requirement, e.g., Machine Learning, Statistical Predictions...
- (c) **Second-order** algorithms. Popular for optimization problems with high accuracy need, e.g., some scientific computing, etc.



## One-Variable Optimization: Golden Section (Zero Order) Method

Assume that the one variable function  $f(x)$  is Unimodal in interval  $[a, b]$ , that is, for any point  $x \in [a_r, b_l]$  such that  $a \leq a_r < b_l \leq b$ , we have that  $f(x) \leq \max\{f(a_r), f(b_l)\}$ . How do we find  $x^*$  within an error tolerance  $\epsilon$ ?

- 0) Initialization: let  $x_l = a$ ,  $x_r = b$ , and choose a constant  $0 < r < 0.5$ ;
- 1) Let two other points  $\hat{x}_l = x_l + r(x_r - x_l)$  and  $\hat{x}_r = x_l + (1 - r)(x_r - x_l)$ , and evaluate their function values.
- 2) Update the triple points  $x_r = \hat{x}_r, \hat{x}_r = \hat{x}_l, x_l = x_l$  if  $f(\hat{x}_l) < f(\hat{x}_r)$ ; otherwise update the triple points  $x_l = \hat{x}_l, \hat{x}_l = \hat{x}_r, x_r = x_r$ ; and return to Step 1.

In either cases, the length of the new interval after one golden section step is  $(1 - r)$ . If we set  $(1 - 2r)/(1 - r) = r$ , then only one point is new in each step and needs to be evaluated. This give  $r = 0.382$  and the **linear convergence rate** is **0.618**.

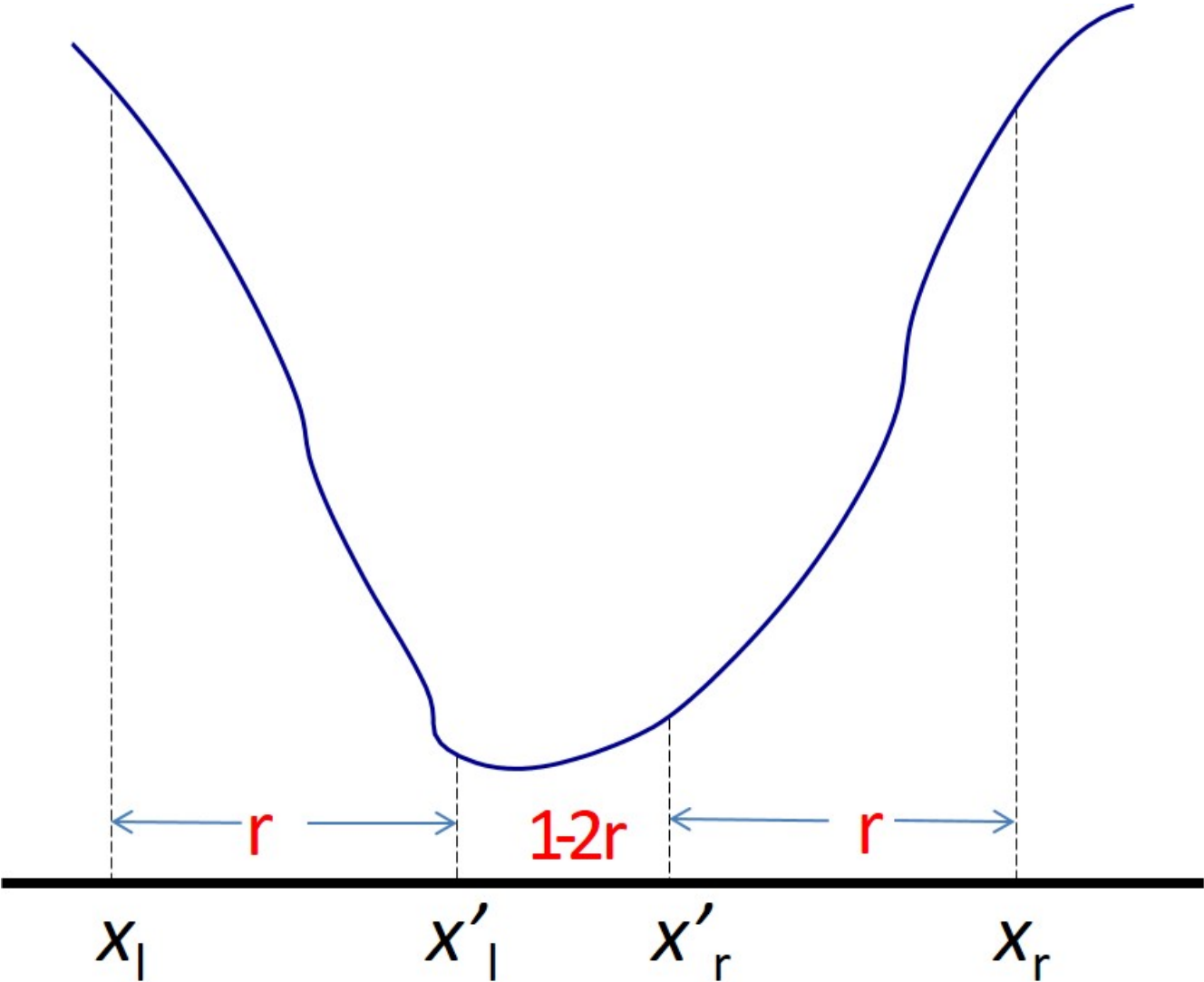


Figure 1: Illustration of Golden Section

## One-Variable Optimization: Bisection (First Order) Method

For a one variable problem, an KKT point is the root of  $g(x) := f'(x) = 0$ .

Assume we know an interval  $[a \ b]$  such that  $a < b$ , and  $g(a)g(b) < 0$ . Then we know there exists an  $x^*$ ,  $a < x^* < b$ , such that  $g(x^*) = 0$ ; that is, interval  $[a \ b]$  contains a root of  $g$ . How do we find  $x$  within an error tolerance  $\epsilon$ , that is,  $|x - x^*| \leq \epsilon$ ?

0) Initialization: let  $x_l = a$ ,  $x_r = b$ .

1) Let  $x_m = (x_l + x_r)/2$ , and evaluate  $g(x_m)$ .

2) If  $g(x_m) = 0$  or  $x_r - x_l < \epsilon$  stop and output  $x^* = x_m$ . Otherwise, if  $g(x_l)g(x_m) > 0$  set  $x_l = x_m$ ; else set  $x_r = x_m$ ; and return to Step 1.

The length of the new interval containing a root after one bisection step is  $1/2$  which gives the linear convergence rate is  $1/2$ , and this establishes a **linear convergence rate 0.5**.

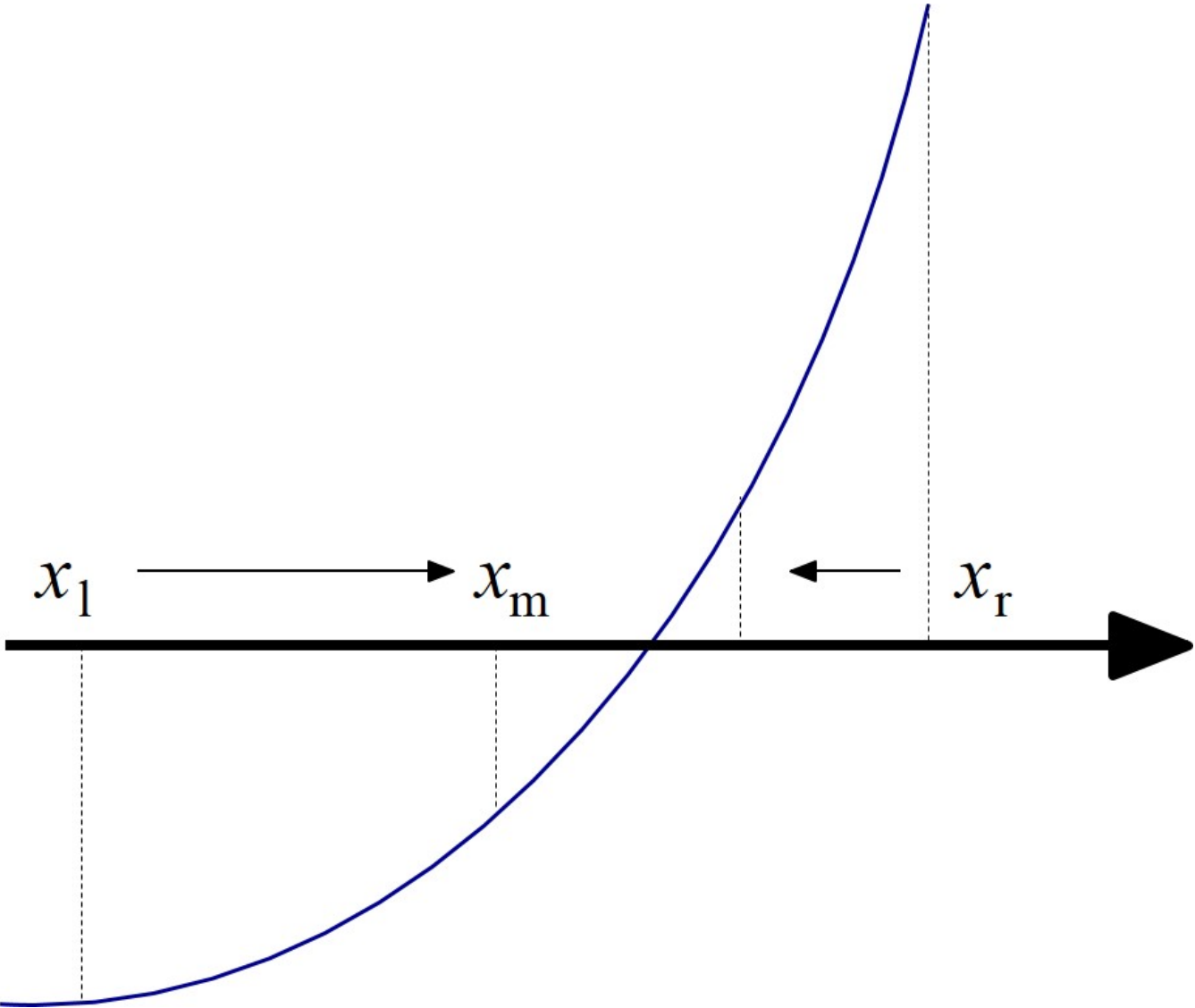


Figure 2: Illustration of Bisection

## One-Variable Optimization: Newton's (Second Order) Method

For functions of a **single** real variable  $x$ , the KKT condition is  $g(x) := f'(x) = 0$ . When  $f$  is **twice continuously differentiable** then  $g$  is **once continuously differentiable**, Newton's method can be a very effective way to solve such equations and hence to locate a root of  $g$ . Given a starting point  $x^0$ , Newton's method for solving the equation  $g(x) = 0$  is to generate the sequence of iterates

$$x^{k+1} = x^k - \frac{g(x^k)}{g'(x^k)}.$$

The iteration is well defined provided that  $g'(x^k) \neq 0$  at each step.

For strictly convex function, Newton's method has a **linear convergence rate** and, when the point is "close" to the root, the convergence becomes **quadratic**, which leads to the iterations bound of  $\log[\log(\frac{1}{\epsilon})]$ .

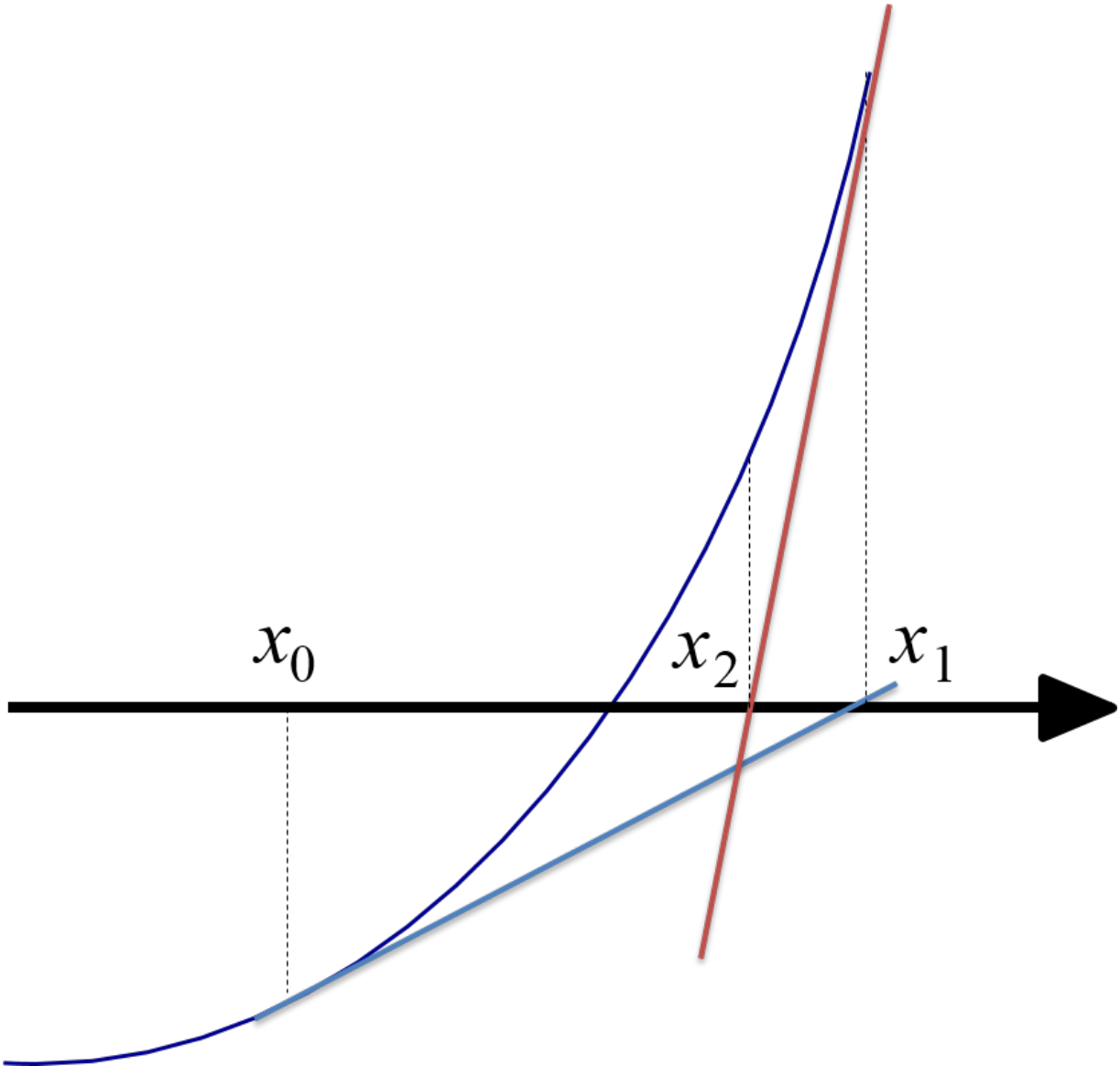


Figure 3: Illustration of Newton's Method

## How Close is Close: One-variable Criterion

**Theorem 2** (Smale 86). Let  $g(x)$  be an analytic function. Then, if  $x$  in the domain of  $g$  satisfies

$$\sup_{k>1} \left| \frac{g^{(k)}(x)}{k!g'(x)} \right|^{1/(k-1)} \leq (1/8) \left| \frac{g'(x)}{g(x)} \right|.$$

Then,  $x$  is an approximate root of  $g$ .

In the following, for simplicity, let the root be in interval  $[0, R]$ .

**Corollary 1** (Y. 92). Let  $g(x)$  be an analytic function in  $\mathbb{R}^{++}$  and let  $g$  be convex and monotonically decreasing. Furthermore, for  $x \in \mathbb{R}^{++}$  and  $k > 1$  let

$$\left| \frac{g^{(k)}(x)}{k!g'(x)} \right|^{1/(k-1)} \leq \frac{\alpha}{8} \cdot \frac{1}{x}$$

for some constant  $\alpha > 0$ . Then, if the root  $\bar{x} \in [\hat{x}, (1 + 1/\alpha)\hat{x}] \subset \mathbb{R}^{++}$ ,  $\hat{x}$  is an approximate root of  $g$ .

## Hybrid of Bisection and Newton I

Note that the interval becomes wider and wider at geometric rate when  $\hat{x}$  is increased.

Thus, we may symbolically construct a sequence of points:

$$\hat{x}_0 = \epsilon, \hat{x}_1 = (1 + 1/\alpha)\hat{x}_0, \dots, \text{ and } \hat{x}_j = (1 + 1/\alpha)\hat{x}_{j-1}, \dots$$

until  $\hat{x}_j = \hat{x}_J \geq R$ . Obviously the total number of points,  $J$ , of these points is bounded by  $O(\log(R/\epsilon))$ . Moreover, define a sequence of intervals

$$I_j = [\hat{x}_{j-1}, \hat{x}_j] = [\hat{x}_{j-1}, (1 + 1/\alpha)\hat{x}_{j-1}].$$

Then, if the root  $\bar{x}$  of  $g$  is in any one of these intervals, say in  $I_j$ , then the front point  $\hat{x}_{j-1}$  of the interval is an approximate root of  $g$  so that starting from it Newton's method generates an  $x$  with  $|x - \bar{x}| \leq \epsilon$  in  $O(\log \log(1/\epsilon))$  iterations.



## Hybrid of Bisection and Newton II

Now the question is how to identify the interval that contains  $\bar{x}$ ?

This time, we **bisect** the number of intervals, that is, evaluate function value at point  $\hat{x}_{j_m}$  where  $j_m = \lfloor J/2 \rfloor$ . Thus, each bisection reduces the total number of the intervals by a half. Since the total number of intervals is  $O(\log(R/\epsilon))$ , in at most  $O(\log \log(R/\epsilon))$  bisection steps we shall locate the interval that contains  $\bar{x}$ .

Then the total number iterations, including both **bisection and Newton** methods, is  $O(\log \log(R/\epsilon))$  iterations.

Here we take advantage of the **global convergence property** of Bisection and **local quadratic convergence property** of Newton, and we would see more of these features later...

## Multi-Variable Optimization Zero-Order Algorithms: the “Simplex” Method

- (1) Start with a **Simplex** with  $d + 1$  corner points and their objective function values.
- (2) **Reflection**: Compute other  $d + 1$  corner points each of them is an additional corner point of a reflection simplex. If a point is better than its counter point, then the reflection simplex is an improved simplex, and select the most improved simplex and go to Step 1; otherwise go to Step 3.
- (3) **Contraction**: Compute the  $d + 1$  middle-face points and subdivide the simplex into smaller  $d + 1$  simplexes, keep the simplex with the lowest sum of the  $d + 1$  function values, and go to Step 1.

This method can be also implemented with **exhausted enumeration** in parallel. The method is suitable for solving problems whose **derivatives** are difficult to compute.

How to generate the initial  $d + 1$  points?

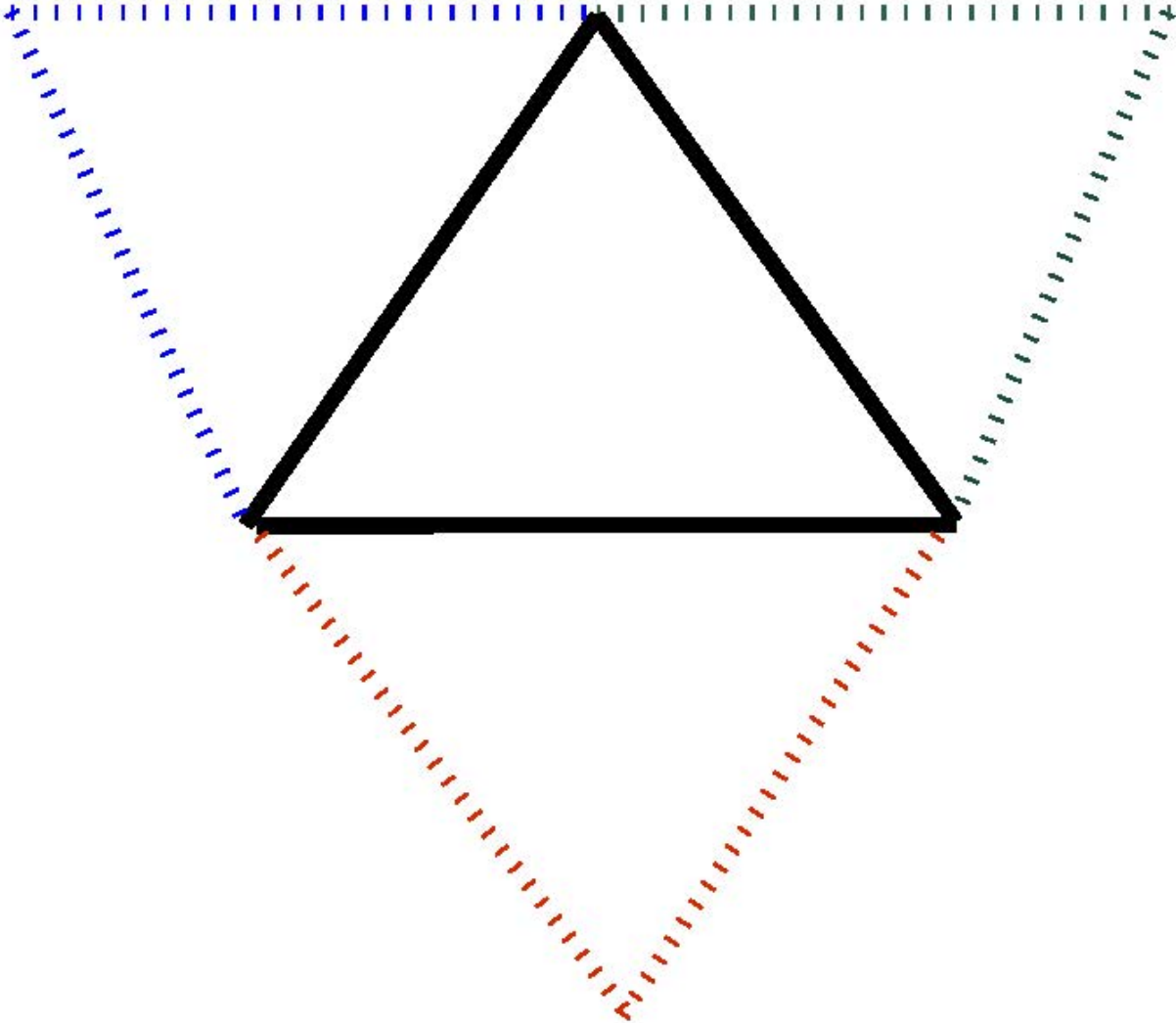


Figure 4: Reflection Simplexes

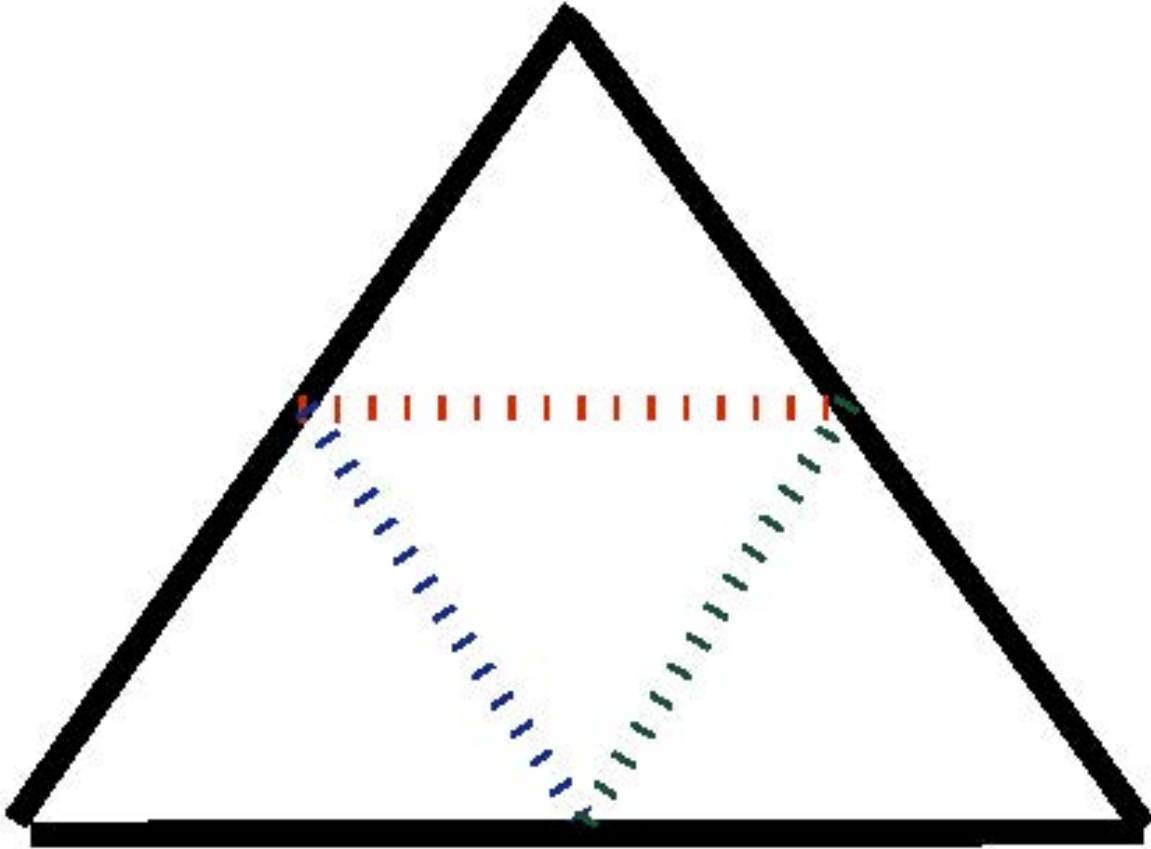


Figure 5: Contraction Simplexes

## Multi-Variable Optimization Zero-Order Algorithms: the Finite-Difference Gradient

$$\nabla f(\mathbf{x}^k)_j \sim \frac{1}{\delta} (f(\mathbf{x}^k + \delta \mathbf{e}_j) - f(\mathbf{x}^k)) \quad \forall j$$

for a small  $\delta (> 0)$ , and they can be estimated in parallel.

Check ZeroorderNLP.m and ZeroordersubNLP.m, which is modified from the derivative-free nonlinear optimization solver “SOLNP”. For more advanced one, see “SOLNP+”!

## First-Order Algorithm: the Steepest Descent Method (SDM)

Let  $f$  be a differentiable function and assume we can compute gradient (column) vector  $\nabla f$ . We want to solve the **unconstrained minimization problem**

$$\min_{\mathbf{x} \in \mathbb{R}^n} f(\mathbf{x}).$$

In the absence of further information, we seek a **first-order KKT or stationary point** of  $f$ , that is, a point  $\mathbf{x}^*$  at which  $\nabla f(\mathbf{x}^*) = \mathbf{0}$ . Here we choose direction vector  $\mathbf{d}^k = -\nabla f(\mathbf{x}^k)$  as the search direction at  $\mathbf{x}^k$ , which is the **direction of steepest descent**.

The number  $\alpha^k \geq 0$ , called step-size, is chosen “appropriately” as

$$\alpha^k \in \arg \min_{\alpha} f(\mathbf{x}^k - \alpha \nabla f(\mathbf{x}^k)).$$

Then the new iterate is defined as  $\mathbf{x}^{k+1} = \mathbf{x}^k - \alpha^k \nabla f(\mathbf{x}^k)$ .

In some implementations, step-size  $\alpha^k$  is fixed through out the process – independent of iteration count  $k$

## SDM Example: Unconstrained Quadratic Optimization

Let  $f(\mathbf{x}) = \frac{1}{2}\mathbf{x}^T Q\mathbf{x} + \mathbf{c}^T \mathbf{x}$  where  $Q \in R^{n \times n}$  is symmetric and positive definite. This implies that the eigenvalues of  $Q$  are all positive. The unique minimum  $\mathbf{x}^*$  of  $f(\mathbf{x})$  exists and is given by the solution of the system of linear equations

$$\nabla f(\mathbf{x})^T = Q\mathbf{x} + \mathbf{c} = \mathbf{0},$$

or equivalently

$$Q\mathbf{x} = -\mathbf{c}.$$

The **iterative** scheme becomes, from  $\mathbf{d}^k = -(Q\mathbf{x}^k + \mathbf{c})$ ,

$$\mathbf{x}^{k+1} = \mathbf{x}^k + \alpha^k \mathbf{d}^k = \mathbf{x}^k - \alpha^k (Q\mathbf{x}^k + \mathbf{c}).$$

To compute the step size,  $\alpha^k$ , we consider

$$\begin{aligned} & f(\mathbf{x}^k + \alpha \mathbf{d}^k) \\ = & \mathbf{c}^T (\mathbf{x}^k + \alpha \mathbf{d}^k) + \frac{1}{2} (\mathbf{x}^k + \alpha \mathbf{d}^k)^T Q (\mathbf{x}^k + \alpha \mathbf{d}^k) \\ = & \mathbf{c}^T \mathbf{x}^k + \alpha \mathbf{c}^T \mathbf{d}^k + \frac{1}{2} (\mathbf{x}^k)^T Q \mathbf{x}^k + \alpha (\mathbf{x}^k)^T Q \mathbf{d}^k + \frac{1}{2} \alpha^2 (\mathbf{d}^k)^T Q \mathbf{d}^k \end{aligned}$$

which is a strictly convex quadratic function of  $\alpha$ . Its minimizer  $\alpha^k$  is the unique value of  $\alpha$  where the derivative  $f'(\mathbf{x}^k + \alpha \mathbf{d}^k)$  vanishes, i.e., where

$$\mathbf{c}^T \mathbf{d}^k + (\mathbf{x}^k)^T Q \mathbf{d}^k + \alpha (\mathbf{d}^k)^T Q \mathbf{d}^k = 0.$$

Thus

$$\alpha^k = -\frac{\mathbf{c}^T \mathbf{d}^k + (\mathbf{x}^k)^T Q \mathbf{d}^k}{(\mathbf{d}^k)^T Q \mathbf{d}^k} = \frac{\|\mathbf{d}^k\|^2}{(\mathbf{d}^k)^T Q \mathbf{d}^k}.$$

The recursion for the method of steepest descent now becomes

$$\mathbf{x}^{k+1} = \mathbf{x}^k - \left( \frac{\|\mathbf{d}^k\|^2}{(\mathbf{d}^k)^T Q \mathbf{d}^k} \right) \mathbf{d}^k.$$

Therefore, minimize a strictly convex quadratic function is **equivalent** to solve a system of equation with a positive definite matrix. The former may be ideal if the system only needs to be solved approximately.



## Iterate Convergence of the Steepest Descent Method

The following theorem gives some conditions under which the steepest descent method will generate a sequence of iterates that **converge**.

**Theorem 3** Let  $f : R^n \rightarrow R$  be given. For some given point  $\mathbf{x}^0 \in R^n$ , let the level set

$$X^0 = \{\mathbf{x} \in R^n : f(\mathbf{x}) \leq f(\mathbf{x}^0)\}$$

be **bounded**. Assume further that  $f$  is **continuously differentiable** on the convex hull of  $X^0$ . Let  $\{\mathbf{x}^k\}$  be the sequence of points generated by the steepest descent method initiated at  $\mathbf{x}^0$ . Then every **accumulation point** of  $\{\mathbf{x}^k\}$  is a **stationary point** of  $f$ .

**Proof:** Note that the assumptions imply the **compactness** of  $X^0$ . Since the iterates will all belong to  $X^0$ , the existence of at least one accumulation point of  $\{\mathbf{x}^k\}$  is guaranteed by the **Bolzano-Weierstrass** Theorem. Let  $\bar{\mathbf{x}}$  be such an **accumulation point**, and without losing generality,  $\{\mathbf{x}^k\}$  converge to  $\bar{\mathbf{x}}$ .

Assume  $\nabla f(\bar{\mathbf{x}}) \neq 0$ . Then there exists a value  $\bar{\alpha} > 0$  and a  $\delta > 0$  such that  $f(\bar{\mathbf{x}} - \bar{\alpha}\nabla f(\bar{\mathbf{x}})) + \delta = f(\bar{\mathbf{x}})$ . This means that  $\bar{\mathbf{y}} := \bar{\mathbf{x}} - \bar{\alpha}\nabla f(\bar{\mathbf{x}})$  is an interior point of  $X^0$  and

$$f(\bar{\mathbf{y}}) = f(\bar{\mathbf{x}}) - \delta.$$

For an arbitrary iterate of the sequence, say  $\mathbf{x}^k$ , the **Mean-Value** Theorem implies that we can write

$$f(\mathbf{x}^k - \bar{\alpha} \nabla f(\mathbf{x}^k)) = f(\bar{\mathbf{y}}) + (\nabla f(\mathbf{y}^k))^T (\mathbf{x}^k - \bar{\alpha} \nabla f(\mathbf{x}^k) - \bar{\mathbf{y}})$$

where  $\mathbf{y}^k$  lies between  $\mathbf{x}^k - \bar{\alpha} \nabla f(\mathbf{x}^k)$  and  $\bar{\mathbf{y}}$ . Then  $\{\mathbf{y}^k\} \rightarrow \bar{\mathbf{y}}$  and  $\{\nabla f(\mathbf{y}^k)\} \rightarrow \nabla f(\bar{\mathbf{y}})$  as  $\{\mathbf{x}^k\} \rightarrow \bar{\mathbf{x}}$ . Thus, for sufficiently large  $k$ ,

$$f(\mathbf{x}^k - \bar{\alpha} \nabla f(\mathbf{x}^k)) \leq f(\bar{\mathbf{y}}) + \frac{\delta}{2} = f(\bar{\mathbf{x}}) - \frac{\delta}{2}.$$

Since the sequence  $\{f(\mathbf{x}^k)\}$  is monotonically decreasing and converges to  $f(\bar{\mathbf{x}})$ , hence

$$f(\bar{\mathbf{x}}) < f(\mathbf{x}^{k+1}) = f(\mathbf{x}^k - \alpha_k \nabla f(\mathbf{x}^k)) \leq f(\mathbf{x}^k - \bar{\alpha} \nabla f(\mathbf{x}^k)) \leq f(\bar{\mathbf{x}}) - \frac{\delta}{2}$$

which is a **contradiction**. Hence  $\nabla f(\bar{\mathbf{x}}) = 0$ .

**Remark** According to this theorem, the steepest descent method initiated at **any** point of the level set  $X^0$  will converge to a stationary point of  $f$ , which property is called **global convergence**.

This proof can be viewed as a special form of Theorem 1: the SDM algorithm mapping is closed and the objective function is strictly decreasing if not optimal yet.

## Convergence Speed of the SDM for Strongly Convex QP

The convergence rate of the steepest descent method applied to convex quadratic functions is known to be **linear**. Suppose  $Q$  is a symmetric positive definite matrix of order  $n$  and let its eigenvalues be  $0 < \lambda_1 \leq \dots \leq \lambda_n$ . Obviously, the global minimizer of the quadratic form  $f(\mathbf{x}) = \frac{1}{2} \mathbf{x}^T Q \mathbf{x}$  is at the origin.

It can be shown that when the steepest descent method is started from any nonzero point  $\mathbf{x}^0 \in \mathbb{R}^n$ , there will exist constants  $c_1$  and  $c_2$  such that (page 235, L&Y)

$$0 < c_1 \leq \frac{f(\mathbf{x}^{k+1})}{f(\mathbf{x}^k)} \leq c_2 \leq \left( \frac{\lambda_n - \lambda_1}{\lambda_n + \lambda_1} \right)^2 < 1, \quad k = 0, 1, \dots,$$

where the ratio  $\frac{\lambda_n}{\lambda_1}$  is called the **condition number** of the Hessian matrix.

Intuitively, the rate of linear convergence of the steepest descent method can be attributed the fact that the successive search directions are **perpendicular**. Consider an arbitrary iterate  $\mathbf{x}^k$ . At this point we have the search direction  $\mathbf{d}^k = -\nabla f(\mathbf{x}^k)$ . To find the next iterate  $\mathbf{x}^{k+1}$  we minimize  $f(\mathbf{x}^k - \alpha \nabla f(\mathbf{x}^k))$  with respect to  $\alpha \geq 0$ . At the minimum  $\alpha^k$ , the derivative of this function will equal zero. Thus, we obtain  $\nabla f(\mathbf{x}^{k+1})^T \nabla f(\mathbf{x}^k) = 0$ .

## Convergence Speed of the SDM for Minimizing Lipschitz Functions

Let  $f(\mathbf{x})$  be differentiable every where and satisfy the (first-order)  $\beta$ -Lipschitz condition, that is, for any two points  $\mathbf{x}$  and  $\mathbf{y}$

$$\|\nabla f(\mathbf{x}) - \nabla f(\mathbf{y})\| \leq \beta \|\mathbf{x} - \mathbf{y}\| \quad (1)$$

for a positive real constant  $\beta$ . Then, we have

**Lemma 1** *Let  $f$  be a  $\beta$ -Lipschitz function. Then for any two points  $\mathbf{x}$  and  $\mathbf{y}$*

$$f(\mathbf{x}) - f(\mathbf{y}) - \nabla f(\mathbf{y})^T (\mathbf{x} - \mathbf{y}) \leq \frac{\beta}{2} \|\mathbf{x} - \mathbf{y}\|^2. \quad (2)$$

At the  $k$ th step of SDM, we have

$$f(\mathbf{x}) - f(\mathbf{x}^k) \leq \nabla f(\mathbf{x}^k)^T (\mathbf{x} - \mathbf{x}^k) + \frac{\beta}{2} \|\mathbf{x} - \mathbf{x}^k\|^2.$$

The left hand strict convex quadratic function of  $\mathbf{x}$  establishes a upper bound on the objective reduction.

Let us minimize the quadratic function

$$\mathbf{x}^{k+1} = \arg \min_{\mathbf{x}} \nabla f(\mathbf{x}^k)^T (\mathbf{x} - \mathbf{x}^k) + \frac{\beta}{2} \|\mathbf{x} - \mathbf{x}^k\|^2,$$

and let the minimizer be the next iterate. Then it has a close form:

$$\mathbf{x}^{k+1} = \mathbf{x}^k - \frac{1}{\beta} \nabla f(\mathbf{x}^k)$$

which is the SDM with the **fixed step-size**  $\frac{1}{\beta}$ . Then

$$f(\mathbf{x}^{k+1}) - f(\mathbf{x}^k) \leq -\frac{1}{2\beta} \|\nabla f(\mathbf{x}^k)\|^2, \quad \text{or} \quad f(\mathbf{x}^k) - f(\mathbf{x}^{k+1}) \geq \frac{1}{2\beta} \|\nabla f(\mathbf{x}^k)\|^2.$$

Then, after  $K (\geq 1)$  steps, we must have

$$f(\mathbf{x}^0) - f(\mathbf{x}^K) \geq \frac{1}{2\beta} \sum_{k=0}^{K-1} \|\nabla f(\mathbf{x}^k)\|^2. \quad (3)$$

**Theorem 4** (*Error Convergence Estimate Theorem*) Let the objective function  $p^* = \inf f(\mathbf{x})$  be finite and let us stop the SDM as soon as  $\|\nabla f(\mathbf{x}^k)\| \leq \epsilon$  for a given tolerance  $\epsilon \in (0, 1)$ . Then the SDM

terminates in  $\frac{2\beta(f(\mathbf{x}^0) - p^*)}{\epsilon^2}$  steps.

**Proof:** From (3), after  $K = \frac{2\beta(f(\mathbf{x}^0) - p^*)}{\epsilon^2}$  steps

$$f(\mathbf{x}^0) - p^* \geq f(\mathbf{x}^0) - f(\mathbf{x}^K) \geq \frac{1}{2\beta} \sum_{k=0}^{K-1} \|\nabla f(\mathbf{x}^k)\|^2.$$

If  $\|\nabla f(\mathbf{x}^k)\| > \epsilon$  for all  $k = 0, \dots, K - 1$ , then we have

$$f(\mathbf{x}^0) - p^* > \frac{K}{2\beta} \epsilon^2 \geq f(\mathbf{x}^0) - p^*$$

which is a contradiction.

**Corollary 2** If a minimizer  $\mathbf{x}^*$  of  $f$  is attainable, then the SDM terminates in  $\frac{\beta^2 \|\mathbf{x}^0 - \mathbf{x}^*\|^2}{\epsilon^2}$  steps.

The proof is based on Lemma 1 with  $\mathbf{x} = \mathbf{x}^0$  and  $\mathbf{y} = \mathbf{x}^*$  and noting  $\nabla f(\mathbf{y}) = \nabla f(\mathbf{x}^*) = \mathbf{0}$ :

$$f(\mathbf{x}^0) - p^* = f(\mathbf{x}^0) - f(\mathbf{x}^*) \leq \frac{\beta}{2} \|\mathbf{x}^0 - \mathbf{x}^*\|^2.$$

## The SDM for Unconstrained Convex Lipschitz Optimization

Here we consider  $f(\mathbf{x})$  being convex and differentiable everywhere and satisfying the (first-order)  $\beta$ -Lipschitz condition. Given the knowledge  $\beta$ , we again adopt the fixed step-size rule:

$$\mathbf{x}^{k+1} = \mathbf{x}^k - \frac{1}{\beta} \nabla f(\mathbf{x}^k). \quad (4)$$

The following lemma is instrumental for establishing the global convergence rate of the Steepest Descent Method in this case.

**Lemma 2** *It holds for all  $\mathbf{x}$  and  $\mathbf{y} \in \mathbb{R}^n$  that*

$$f(\mathbf{x}) - f(\mathbf{y}) - [\nabla f(\mathbf{x})]^T (\mathbf{x} - \mathbf{y}) \leq -\frac{1}{2\beta} \|\nabla f(\mathbf{x}) - \nabla f(\mathbf{y})\|^2. \quad (5)$$

**Proof:** Fix an  $\mathbf{x} \in \mathbb{R}^n$ . Define  $F(\mathbf{y}) = f(\mathbf{y}) + [\nabla f(\mathbf{x})]^T (\mathbf{x} - \mathbf{y})$  for  $\mathbf{y} \in \mathbb{R}^n$ . Then (5) is equivalent to  $F(\mathbf{x}) - F(\mathbf{y}) \leq -\|\nabla F(\mathbf{y})\|^2 / (2\beta)$ . This inequality holds because  $\nabla F$  is  $\beta$ -Lipschitz and  $F(\mathbf{x})$  is the global minimum of  $F$ , as  $F$  is convex and  $\nabla F(\mathbf{x}) = 0$ .

**Theorem 5** For convex Lipschitz optimization the Steepest Descent Method generates a sequence of solutions such that

$$f(\mathbf{x}^k) - f(\mathbf{x}^*) \leq \frac{\beta}{2(k+1)} \|\mathbf{x}^0 - \mathbf{x}^*\|^2, \quad (6)$$

$$\min_{0 \leq l \leq k} \|\nabla f(\mathbf{x}^l)\| \leq \frac{\sqrt{2}\beta}{\sqrt{(k+1)(k+2)}} \|\mathbf{x}^0 - \mathbf{x}^*\|, \quad (7)$$

where we assume that  $\mathbf{x}^*$  is a minimizer of the problem.

**Proof:** According to Lemma 2, for the gradient method (4), we have

$$\begin{aligned} f(\mathbf{x}^k) - f(\mathbf{x}^*) &\leq [\nabla f(\mathbf{x}^k)]^T (\mathbf{x}^k - \mathbf{x}^*) - \frac{1}{2\beta} \|\nabla f(\mathbf{x}^k)\|^2 \\ &= \beta(\mathbf{x}^k - \mathbf{x}^{k+1})^T (\mathbf{x}^k - \mathbf{x}^*) - \frac{\beta}{2} \|\mathbf{x}^k - \mathbf{x}^{k+1}\|^2 \\ &= \frac{\beta}{2} (\mathbf{x}^k - \mathbf{x}^{k+1})^T (\mathbf{x}^k + \mathbf{x}^{k+1}) - 2\mathbf{x}^* \\ &= \frac{\beta}{2} (\|\mathbf{x}^k - \mathbf{x}^*\|^2 - \|\mathbf{x}^{k+1} - \mathbf{x}^*\|^2). \end{aligned} \quad (8)$$

On the other hand, as we have proved for general Lipschitz optimization case,

$$f(\mathbf{x}^k) - f(\mathbf{x}^{k+1}) \geq \frac{1}{2\beta} \|\nabla f(\mathbf{x}^k)\|^2. \quad (9)$$



Hence  $\{f(\mathbf{x}^k)\}$  is nonincreasing. Consequently,

$$\sum_{l=0}^k [f(\mathbf{x}^l) - f(\mathbf{x}^*)] \geq (k+1) [f(\mathbf{x}^k) - f(\mathbf{x}^*)],$$

which renders (6) together with (8). Meanwhile, inequality (7) follows from (8) and

$$\begin{aligned} \sum_{l=0}^k [f(\mathbf{x}^l) - f(\mathbf{x}^*)] &\geq \sum_{l=0}^k \sum_{i=l}^k [f(\mathbf{x}^i) - f(\mathbf{x}^{i+1})] \\ &\geq \frac{1}{4\beta} (k+2)(k+1) \min_{0 \leq l \leq k} \|\nabla f(\mathbf{x}^l)\|^2, \end{aligned}$$

where the second inequality uses (9).

**Remark** When  $k = 0$ , inequalities (6) and (7) reduce to

$$f(\mathbf{x}^0) - f(\mathbf{x}^*) \leq \frac{\beta}{2} \|\mathbf{x}^0 - \mathbf{x}^*\|^2 \quad \text{and} \quad \|\nabla f(\mathbf{x}^0)\| \leq \beta \|\mathbf{x}^0 - \mathbf{x}^*\|,$$

which cannot be improved.

## Forward and Backward Tracking Step-Size Method

In most real applications, the Lipschitz constant  $\beta$  is unknown. Furthermore, we like to use the **smallest localized** Lipschitz constant  $\beta^k$  at iteration  $k$  such that

$$f(\mathbf{x}^k + \alpha \mathbf{d}^k) - f(\mathbf{x}^k) - \nabla f(\mathbf{x}^k)^T (\alpha \mathbf{d}^k) \leq \frac{\beta^k}{2} \|\alpha \mathbf{d}^k\|^2,$$

where  $\mathbf{d}^k = -\nabla f(\mathbf{x}^k)$ , to decide the step-size  $\alpha = \frac{1}{\beta^k}$ .

Consider the following step-size strategy: start at a good step-size guess  $\alpha > 0$ :

- (1): If  $\alpha \leq \frac{2(f(\mathbf{x}^k) - f(\mathbf{x}^k + \alpha \mathbf{d}^k))}{\|\mathbf{d}^k\|^2}$  then **doubling** the step-size:  $\alpha \leftarrow 2\alpha$ , stop as soon as the inequality is reversed and select the latest  $\alpha$  with  $\alpha \leq \frac{2(f(\mathbf{x}^k) - f(\mathbf{x}^k + \alpha \mathbf{d}^k))}{\|\mathbf{d}^k\|^2}$ ;
- (2): Otherwise **halving** the step-size:  $\alpha \leftarrow \alpha/2$ ; stop as soon as  $\alpha \leq \frac{2(f(\mathbf{x}^k) - f(\mathbf{x}^k + \alpha \mathbf{d}^k))}{\|\mathbf{d}^k\|^2}$  and return it.

Prove that the selected step-size

$$\frac{1}{2\beta^k} \leq \alpha \leq \frac{1}{\beta^k}.$$

## The Barzilai and Borwein Method

There is a **steepest descent method** (Barzilai and Borwein 88) that chooses the step-size as follows:

$$\Delta_x^k = \mathbf{x}^k - \mathbf{x}^{k-1} \quad \text{and} \quad \Delta_g^k = \nabla f(\mathbf{x}^k) - \nabla f(\mathbf{x}^{k-1}), \quad (10)$$

$$\alpha^k = \frac{(\Delta_x^k)^T \Delta_g^k}{(\Delta_g^k)^T \Delta_g^k} \quad \text{or} \quad \alpha^k = \frac{(\Delta_x^k)^T \Delta_x^k}{(\Delta_x^k)^T \Delta_g^k},$$

Then

$$\mathbf{x}^{k+1} = \mathbf{x}^k - \alpha^k \nabla f(\mathbf{x}^k). \quad (11)$$

For convex quadratic minimization with Hessian  $Q$ ,  $\Delta_g^k = Q\Delta_x^k$ , the two step size formula become

$$\alpha^k = \frac{(\Delta_x^k)^T Q \Delta_x^k}{(\Delta_x^k)^T Q^2 \Delta_x^k} \quad \text{or} \quad \alpha^k = \frac{(\Delta_x^k)^T \Delta_x^k}{(\Delta_x^k)^T Q \Delta_x^k}$$

and it is between the reciprocals of the largest and smallest non-zero **eigenvalues** of  $Q$  (Rayleigh quotient).

## An Explanation why the BB Method Works

For convex quadratic minimization, let the **distinct nonzero eigenvalues** of Hessian  $Q$  be  $\lambda_1, \lambda_2, \dots, \lambda_K$ ; and let the step size in the SDM be  $\alpha^k = \frac{1}{\lambda_k}$ ,  $k = 1, \dots, K$ . Then, the SDM terminates in  $K$  iterations from any starting point  $\mathbf{x}^0$ .

In the BB method,  $\alpha^k$  minimizes

$$\|\Delta_x^k - \alpha \Delta_g^k\| = \|\Delta_x^k - \alpha Q \Delta_x^k\|.$$

If the error becomes 0 plus  $\|\Delta_x^k\| \neq 0$ ,  $\frac{1}{\alpha^k}$  will be a nonzero eigenvalue of  $Q$  – this is learning via Rayleigh quotient.

Another interpretation: one-dimensional Newton - (the second choice of)  $\alpha^k$  minimizes the quadratic (approximate) objective function along the negative-gradient direction at step  $k - 1$ .

On the other hand, many questions remain **open** for the BB method.