The parties to this Release are ___________________________________________________________________________
(Participant), Stanford Taekwondo and The Board of Trustees of the Leland Stanford Junior University (“Stanford”).

The Participant, has chosen to participate in the Stanford Spring Open 2013

Assumption of Risk. Participant expressly understands and agrees that participant in Non-Varsity Athletic Activities presents risks to Participant both serious and minor, including but not limited to head or other injuries, loss of sight, broken bones, brain damage, paralysis and death. Participant is responsible for researching and evaluating the risks she/he may face and is responsible for her/his actions.

Participant further recognizes, understands and agrees that the Stanford assumes no responsibility for any liability, damage or injury that may be caused by Participant’s negligence or willful acts committed prior to, during or after participation in the Activity, or for any liability, damage or injury caused by the intentional or negligent acts or omissions of any other participant in the Activity, or caused by any other person.

Indemnification and Hold Harmless. Participant specifically understands that she/he is personally responsible, agrees to indemnify, defend and holds harmless the Board of Trustees of the Leland Stanford Junior University, their officers, agents, volunteers, students and employees from any action, claim, or demand that his/her heirs, or legal representatives, have or may have for any and all personal injuries he/she may suffer or sustain, regardless of cause or fault as a result of his/her voluntary decision to participate in the Activity or related activities, on or off campus including reasonable attorneys’ fees and/or any other associated costs, caused by any act or omission of Participant resulting from direct or indirect participation in the Activity.

Release of Claims. In consideration of being allowed to participate in the Activity, Participant, his/her heirs, executors, administrators, employers, agents, representatives, insurers, and attorneys, hereby release and discharge the Board of Trustees of the Leland Stanford Junior University, its officers, trustees, faculty, employees, volunteers, students, agents, and representatives (hereafter “Released Parties”) from any and all claims which may arise from any cause whatsoever, including any negligent act or omission by the Released Parties. Participant further releases and discharges the Released Parties from direct or indirect participation in the Activity.

Participant understands and agrees to release and discharge the Board of Trustees of the Leland Stanford Junior University, their officers, agents, volunteers, students and employees from any action, claim, or demand that his/her heirs, or legal representatives, have or may have for any and all personal injuries he/she may suffer or sustain, regardless of cause or fault as a result of his/her voluntary decision to participate in the Activity or related activities, on or off campus including reasonable attorneys’ fees and/or any other associated costs, caused by any act or omission of Participant resulting from direct or indirect participation in the Activity.

Participant acknowledges that she/he has read this release and that she/he understands its meaning and effect.

Date: __________________________

Participant Signature: __________________________

Parent or Guardian Signature if under 18: __________________________