

***** EXT B1 Height, Weight, and Orthostatic Blood Pressure *****

Record ID

Site: 39
ADCID

Subject ID:PTID

Form Date: (Y-M-D)

Visit number: 1 (Initial visit), 2 and up (Follow up visit) VISITNUM

Examiner's initials: INITIALS

Data Entry Date: (Y-M-D)

Data Entry By:

Administered Status

- 1 Yes
 95 - No, Physical problem
 96 - No, Cognitive/behavior problem
 97 - No, Other problem
 98 - No, Verbal refusal
 99 - Not Administered

ADRC Protocol for Height, Weight, and Orthostatic Blood Pressure

Height (cm)

(Height, without shoes)

HT(inch)

Subject Weight, light clothing, no shoes (kg)

Weight (kg)

(Weight, light clothing, no shoes)

WT(lbs)

Orthostatic blood pressure should be recorded in the supine and standing positions. At the same time, record the pulse and any symptoms mentioned by the participant when he or she is standing.

Symptom and Comments (include time of onset after lying or standing) and observations

Lightheadedness or dizziness 1 Yes

Comments

Fainting or near-fainting 1 Yes

Comments

"Graying" of vision or blurry vision 1 Yes

Comments

Clammy skin or sweating 1 Yes

Comments

Imbalance 1 Yes

Comments

Pallor(paleness) 1 Yes

Comments

Chest pain(uncommon) 1 Yes

Comments

Headache(uncommon) 1 Yes

Comments

Shortness of breath(uncommon) 1 Yes

Comments

Other symptom(s) 1 Yes

Comments

Do not obtain a standing blood pressure if the participant is unable to stand safely.
 Instruct the participant on the process of, and rationale for, orthostatic blood pressure measurement.
 Record the type and brand of blood pressure monitor.
 Ask the participant to lie supine on the examination table with the head flat or nearly flat for a 3 full minutes. You may use a low pillow for comfort.
 Record the systolic blood pressure, diastolic blood pressure, and pulse. Take the blood pressure first. If the pulse is obtained manually, record for a full 60 seconds.
 Help the participant to stand. Observe carefully for signs that might indicate a large pressure drop. Ask the participant if he/she feels comfortable or all right. If there is concern at any point, have the participant sit or lie down, take the blood pressure and pulse if it is safe to do so, and discontinue the procedure.
 The participant should stand unassisted, but the participant may place his/her hand on the examination table if needed to improve stability, or use a cane or walker for the same purpose. Ideally, the participant should support very little of his/her weight on the table, cane, or walker. These are intended for stability. If the participant agrees, you may lightly support him/her by placing your hand lightly on the shoulder or upper arm. Discontinue the procedure if greater support is needed.
 We prefer that the participant stand still. However, the participant may shift his/her weight and move his/her feet but should not walk about the room or march in place.
 Measure the blood pressure and pulse after the participant has stood for 1 minute. Support the forearm at heart level when taking the blood pressure.
 Repeat the blood pressure and pulse measurements at 3 minutes.
 Assist the participant back to chair.
 Never hesitate to call the research physician or another health care professional, if urgent.

Supine, 3 minutes

Systolic BP

Subject diastolic blood pressure, supine at 3 minutes

Diastolic BP

Subject pulse, supine at 3 minutes

Pulse (per min)

Comments

Upright, 1 minute

Systolic BP

Subject diastolic blood pressure, upright at 1 minute

Diastolic BP

Subject pulse, upright at 1 minute

Pulse (per min)

Comments

Upright, 3 minutes

Systolic BP

Subject diastolic blood pressure, upright at 3 minutes

Diastolic BP

Subject pulse, upright at 3 minutes

Pulse (per min)

Comments

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Other (specify)

Blood pressure monitor type/brand
