

*****Falls Efficacy Scale*****

Record ID

Site: 39 ADCID

Subject ID: PTID

Form Date: (Y-M-D)

Visit number: 1 (Initial visit), 2 and up (Follow up visit) VISITNUM

Examiner's initials:
INITIALS

Administered Status

- 1 Yes
- 95 - No, Physical Problem
- 96 - No, Cognitive/Behavior Program
- 97 - No, Other Problem
- 98 - No, Verbal Refusal
- 99 - Not Administered

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Below are some questions about how concerned you might be about the possibility of falling.

For each of the following activities, please check the opinion closest to your own to show how concerned you are that you might fall if you did this activity. Please reply thinking about how you usually do the activity.

If you currently don't do the activity (for example, if someone does all of your shopping for you), please answer to show whether you think you would be concerned about falling IF you did the activity yourself.

If you currently use a walking aid such as a cane or walker, please reply thinking about how you would do the activity WITHOUT the assistance.

1. Cleaning the house (e.g., sweeping, vacuuming, or dusting)

- Not at all concerned
- Somewhat concerned
- Fairly concerned
- Very concerned

2. Getting dressed or undressed

- Not at all concerned
- Somewhat concerned
- Fairly concerned
- Very concerned

3. Preparing simple meals

- Not at all concerned
- Somewhat concerned
- Fairly concerned
- Very concerned

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4. Taking a bath or shower
- Not at all concerned
 - Somewhat concerned
 - Fairly concerned
 - Very concerned
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5. Going shopping
- Not at all concerned
 - Somewhat concerned
 - Fairly concerned
 - Very concerned
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6. Getting in or out of a chair
- Not at all concerned
 - Somewhat concerned
 - Fairly concerned
 - Very concerned
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7. Going up or down stairs
- Not at all concerned
 - Somewhat concerned
 - Fairly concerned
 - Very concerned
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8. Walking around in the neighborhood
- Not at all concerned
 - Somewhat concerned
 - Fairly concerned
 - Very concerned
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9. Reaching for something above your head or on the ground
- Not at all concerned
 - Somewhat concerned
 - Fairly concerned
 - Very concerned
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10. Going to answer the telephone before it stops ringing
- Not at all concerned
 - Somewhat concerned
 - Fairly concerned
 - Very concerned
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11. Walking on a slippery surface (e.g., on a wet or icy surface)
- Not at all concerned
 - Somewhat concerned
 - Fairly concerned
 - Very concerned
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12. Visiting a friend or relative
- Not at all concerned
 - Somewhat concerned
 - Fairly concerned
 - Very concerned
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13. Walking in a place with crowds
- Not at all concerned
 - Somewhat concerned
 - Fairly concerned
 - Very concerned
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14. Walking on an uneven surface (e.g., on rocky ground or poorly maintained pavement)
- Not at all concerned
 - Somewhat concerned
 - Fairly concerned
 - Very concerned

15. Walking up or down a slope

- Not at all concerned
- Somewhat concerned
- Fairly concerned
- Very concerned

16. Going out to a social event (e.g., to a religious service, family gathering, or club meeting)

- Not at all concerned
- Somewhat concerned
- Fairly concerned
- Very concerned

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Subtotals:

Subtotal (1-16): Not at all Concerned

Subtotal (1-16): Somewhat Concerned

Subtotal (1-16): Fairly Concerned

Subtotal (1-16): Very Concerned

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Subtotals Short Version:

Short Version Subtotal (Items 2, 4, 6, 7, 9, 15, 16):
Not at all Concerned

Short Version Subtotal (Items 2, 4, 6, 7, 9, 15, 16):
Somewhat Concerned

Short Version Subtotal (Items 2, 4, 6, 7, 9, 15, 16):
Fairly Concerned

Short Version Subtotal (Items 2, 4, 6, 7, 9, 15, 16):
Very Concerned

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Total (Items 1-16)

Short Version Total (Items 2, 4, 6, 7, 9, 15, 16):
