Research Participants Needed

Who may participate? People with:
• Prior ACL reconstruction surgery 2 years ago
• Age 18-40 years
• BMI less than 30 kg/m²

What is involved?
• 8 weekly gait retraining sessions
  • 30 minutes/session learning a new pattern of walking which may reduce your risk for arthritis
• 4 movement pattern analyses via 3D motion capture
  • Pre-training, 8th week, 3-months, and 6-months post-retraining
• MRI and x-rays of both knees
• Blood test for cartilage biomarker levels

You will receive up to $575 for participation.

For more information, please contact the research team:

650-493-5000 x64431

acl_research@lists.stanford.edu

Note: e-mail should not be used to communicate sensitive information

For general information about participant's rights: 1-866-680-2906