Reviving the Vedic Aryan

A talk by
Dr. Anuradha Choudry, PhD (Vedic Psychology)

From the time of India’s colonisation by the British till date, there has been a lot of debate about the concept of Aryan that has its origin in the Rig Veda. A skewed interpretation is that Aryans were a certain race with characteristic features resembling those of the tall, fair-skinned Europeans. And credit to Hitler, it is almost impossible to talk about Aryan without being considered a racist.

In his book, The Secret of the Veda, Sri Aurobindo goes back to the etymology of the word which is ‘ar’ meaning ‘to cultivate’. According to his psycho-spiritual interpretation of the Veda, Sri Aurobindo shows that the concept of Aryan in the Vedas originally signified an individual who constantly strove to cultivate his/her inner-being in quest of an integral perfection of his/her being. Michael Danino scientifically substantiates that Arya never signified a race in his book ‘The Invasion That Never Was’.

In today’s world, it is worth restoring the true sense of the term ‘Arya’, so that the younger generations of ‘Bharatiyas’ can look up once more to their ancestors as role models and aspire for a better and higher life in the pursuit of truth which is the essence of ‘Aryahood’.

Dr. Anuradha Choudry graduated with a PhD in Sanskrit on Vedic Psychology from Pondicherry University, India. She says, “My PhD is an attempt to show the practical application of this new kind of Psychology in our daily lives.” Presently, she is a recipient of the Erasmus Mundus Scholarship of the European Union and is doing her M.Litt in ‘Crossways in European Humanities’ from the University of St-Andrews in Scotland and the University of Bergamo in Italy. She had also participated in several workshops that encourage peace and harmony within various international Youth groups.

FREE and OPEN to Stanford Students, Faculty and Staff!

When: 6pm, 5th November
Where: Y2E2 111
(Yang and Yamazaki Environment and Energy building, Via Ortega, Stanford)

INDIAN DINNER provided!!!

More Event information at: hindu.stanford.edu

Organized by The Hindu Students Council at Stanford University