Survival Guide
WWW.INNVISION.ORG

Local Resources for Homeless / At Risk Families and Individuals
in the Midpeninsula & South Bay Area

Compiled by InnVision Peninsula Programs at the Opportunity Center in Palo Alto.

City abbreviations:
EPA = East Palo Alto  LA = Los Altos  LAH = Los Altos Hills  MP = Menlo Park  MV = Mountain View
PA = Palo Alto  RWC = Redwood City  SJ = San Jose  SM = San Mateo  SVL = Sunnyvale

NOTE: Telephone numbers without an area code listed are 650 numbers.

General

Bill Wilson Center: Primarily for runaway and homeless youth; some family programs. Case management, shelter, housing, counseling, advocacy, etc. Open 24 hours. 3490 The Alameda, Santa Clara, CA, (408) 243-0222

Ecumenical Hunger Program: Case management, referrals, furniture, groceries, clothing & basic household needs. 2411 Pulgas Ave, EPA. 10-12, 3-4 M, W, Th, F. Food: 3-4 only. Bus 280. 323-7781

Fair Oaks Community Center: For RWC residents only. Referrals, emergency food, rental assistance, PG&E assistance, clothing vouchers, etc. 2600 Middlefield Rd, RWC. 8-4, M-F. Bus 296. 780-7500

InnVision Cecil White Center: Meals, showers, computer access, clothing, & case management. 6am-7pm, M-F. Sat. & Sun, dinner only, 6-7pm. 358 N. Montgomery St., SJ. Bus: 22, 68. 408-271-5160

InnVision Elsa Segovia Center: For women, children & families. Case management, preschool, laundry, medical care, etc. 11am-5pm, M-F. 795 Willow Road, Bldg. 323-D, MP. 853-7066 x200

InnVision Georgia Travis Center: For women & children. Showers, laundry, phone, clothing, toiletries, computer access, & classes. 297 Commercial Street, SJ. 8:30-4:30, M-F. 408-453-3124

InnVision Opportunity Services Center (formerly Urban Ministry Drop-In Center)**new location**: Case management, referrals, bus passes, assistance in obtaining ID/DL’s, emergency assistance, mail, phones, light breakfast, clothes, toiletries, computer access, showers, coin laundry, medical care, etc. 8-4, M-F. 33 Encina Ave., PA. Off El Camino Real between Town & Country and Palo Alto Medical Foundation. Bus: 22,35,88, 280,281,297,390,397,DB, Marguerite/crosstown shuttle. (italics = closest stop) 853-8672 x204

InnVision Opportunity Services Center - Family Services**new**: For families and children. Case management, referrals, bus passes, assistance in obtaining ID/DL’s, emergency assistance, groceries, mail, phones, clothes, toiletries, computer access, showers, coin laundry, medical care, etc. 10-6:30, M-F. 33 Encina Ave., PA. Off El Camino Real between Town & Country and Palo Alto Medical Foundation. Bus: 22,35,88,280,281,297, 390,397,KX,DB, Marguerite /crosstown shuttle. (italics = closest stop) 853-8672

Mountain View Community Services Agency (CSA): For residents of MV, LA, & LAH only. Case management, emergency assistance, groceries, referrals. 204 Stierlin Road, MV. M-F, 9-12,1:30-4. Bus 48, 51. 968-0836

Sunnyvale Community Services Agency (CSA): For residents of SVL only. Case management, emergency assistance, food, referrals, etc. 810 W. McKinley, SVL. M-F, 9-11:30am, 1-4:30pm. Bus 53, 54. 408-738-4321

Groceries

Ecumenical Hunger Program: 1836 Bay Road, EPA. Call M-F, 10-12 to make an appt. to pick up food from 3-4pm. Bus 280. 323-7781

Family Harvest: Opportunity Services Center, PA. 2nd Wednesday of the month., 5-7pm. Groceries for families in Palo Alto. Registration required. 853-8672 x204

InnVision Urban Ministry Food Closet: For homeless individuals & residents of PA, EPA & MP only. All Saints Episcopal Church, 425 Hamilton Ave. at Waverley, PA. 10-3:30 M-F. Also open LAST Saturday of every month from 11-2. Picture ID required. Bus 35, DB. 325-FOOD (325-3663)

Mountain View Community Services Agency (CSA): For residents of MV, LA, & LAH only. Food & Nutrition Center. 204 Stierlin Rd., MV. 10-12, 2-4, M-F. Call 9-4 for appt. Bus 48, 51. 968-0836 ext. 111

South Palo Alto Food Closet: For PA families only. Covenant Presbyterian Church, 670 E. Meadow at Middlefield. 10-2 M, W, F. Voucher must be obtained from Opportunity Center. Bus 35, 88. 494-9310

St. Anthony’s (of Padua): 3500 Middlefield Rd., RWC. M-Sat., 11am-1pm. Bus 296. 365-9664

Meals

Sunday
Bread of Life: 1852 Bay Road, EPA. 2:30-3:30pm. Bus 280, 281, 296. 326-9796

Breakfast With Friends: Mountain View 7th Day Adventist Church. 1425 Springer Road. 8:30-10am. Bus 22 to El Monte. 967-2189

InnVision “Breaking Bread”: Dinner at Holy Trinity Church, 330 Ravenswood, MP. 2:30-3:30 pm. Bus 22, 296.

Monday
InnVision “Breaking Bread”: Dinner at First United Methodist Church, 625 Hamilton Ave, PA. 5-6 pm. Bus 35.

St. Anthony’s (of Padua): 3500 Middlefield Rd., RWC. 11am-1pm. Bus 296. 365-9664

St. Francis of Assisi Church: 1400 Bay Road near Glen Way, EPA. 5:30-6:30pm. Bus 280, 296.


Tuesday
Bread of Life: 1852 Bay Road, EPA. 4:30-5:30pm. Bus 280, 281, 296. 326-9797

InnVision “Breaking Bread”: Dinner at Grace Lutheran Church, Loma Verde at Waverley, PA. 5-6pm. Bus 35.

St. Anthony’s (of Padua): 3500 Middlefield Rd., RWC. 11am-1pm. Bus 296. 365-9664

Wednesday
Bread of Life: 1852 Bay Road, EPA. 4:30-5:30pm. Bus 280, 281, 296. 326-9797

InnVision “Breaking Bread”: Dinner at First Presbyterian Church, 1140 Cowper at Lincoln, PA. 5-6 pm. Bus 35.

St. Anthony’s (of Padua): 3500 Middlefield Rd., RWC. 11am-1pm. Bus 296. 365-9664


Thursday
Bread of Life: 1852 Bay Road, EPA. 4:30-5:30pm. Bus 280, 281, 296. 326-9797

InnVision “Breaking Bread”: Lunch at All Saints Episcopal Church, 555 Hamilton at Waverley, PA. 11:30-12:30. Buses 35, DB.

St. Anthony’s (of Padua): 3500 Middlefield Rd., RWC. 11am-1pm. Bus 296. 365-9664
**Friday**

**InnVision “Breaking Bread”:** Lunch at All Saints Episcopal Church, 555 Hamilton at Waverley, PA.  11:30-12:30. Buses 35, DB.

**St. Anthony’s (of Padua):** 3500 Middlefield Rd., RWC. 11am-1pm.  Bus 296.  365-9664

**St. Thomas Episcopal:** 231 S. Sunset Ave, SVL.  Serve 11:30-12:30. Open at 11. Serves holidays.  Bus 22 to S. Pastoria.  Walk to W. McKinley.  At Washington Park turn left to Sunset.  408-736-4108

**Saturday**

**Bread of Life:**  1852 Bay Road, EPA.  1-2pm. Bus 280, 281, 296.  326-9797


**St. Anthony’s (of Padua):** 3500 Middlefield Rd., RWC. 11am-1pm.  Bus 296.   365-9664

**Local Showers**

**Cubberley Community Center Gym:** 4000 Middlefield Rd. near San Antonio, PA.  Bring your own towel & soap.  8-10am, M-Th only.  Bus 35. 329-2418

**InnVision Elsa Segovia Center:** For women, children & families.  Case management, preschool, laundry, medical care, etc.  11am-5pm.  795 Willow Road, Bldg. 323-D, MP.  853-7066 x200


**Medical/Health**

*Indicates free TB test available for homeless individuals*

**Arbor Free Clinic:**  795 Willow Rd, Bldg. 334, MP.  Sundays only, 11am-2pm.  TB tests free.  Bus 296, DB.  493-5000 ext. 22844

**Belle Haven Community Health Clinic:**  100 Terminal Ave, MP.  8:30-11:45, 12:45-5, M-F.  TB tests free for homeless(letter from shelter required).  TB tests given M,Tu,W,F at 2:30 pm.  Bus 281.  321-0980

**Fair Oaks Family Health Center:**  2710 Middlefield Rd, RWC.  8:30-5, m-f, by appt only:5-8pm Th.  TB tests M& F, 2:30-4:30 & T & W, 9:30-11:30.  TB tests free for homeless (letter from shelter required).  Bus 296.  364-6010

**Mayview Community Health Center (Palo Alto):**  270 Grant Ave, PA.  TB test costs $15.  Bus 22, 88.  327-8817

**Mayview Community Health Center (Mountain View):**  100 N. Moffett Blvd, Suite 101, MV.  M, W, Th, F: 8:30-5, T: 12-8:30.  TB tests given Mon. only at 1pm & cost $15.  Take El Camino Hospital Bus.  965-3323

**Opportunity Health Center:** medical, family, mental healthcare services, disability analyst.  By appt only.  9-4, M-F.  TB tests free; given M-Th.  33 Encina Ave., PA.  Off El Camino Real between Town & Country and Palo Alto Medical Foundation.  Bus: 22,35,88,280,281,297,390,397,DB, Marguerite/crosstown shuttle.  *(italics = closest stop)*  853-0321

**RotaCare Free Clinic:**  2400 Grant Road, MV.  M & W, 4:30-8:30 by appt. only; same day appts available.  (Same day appts. Available.)  Immunizations: Tu, 9-11 & F, 9-12.  TB tests: M 5-7, Tues. 9-11.  TB tests free.  Bus 35, 52.  988-8200

**VA Palo Alto:** For veterans only.  795 Willow Rd, MP.  493-5000.  Bus 296, DB.  Also at 3801 Miranda Ave, PA.  493-5000

**Willow Clinic:**  795 Willow Rd, Bldg. 334, MP.  M-F, 8:30-12 & 1-5.  TB tests free.  Call to make an appointment.  Bus 296, DB.  599-3890
Mental Health

**Bill Wilson Center:** Primarily for runaway and homeless youth; some family programs. Case management, shelter, housing, counseling, advocacy, etc. Open 24 hours, 7 days a week. 3490 The Alameda, Santa Clara, CA, (408) 243-0222


**Santa Clara County Mental Health:** Assessment, consultation & referral through centralized system. Call 1-800-704-0900

**San Mateo County Mental Health:** Assessment, consultation & referral through centralized system. Call 1-800-686-0101

Drug & Alcohol Information, Referral & Treatment

**Daytop Village:** 2560 Pulgas Ave, EPA. For screening call Director of Intake at 325-9544. Bus 280

**Free At Last:** 1796 Bay Road, EPA. Bus 280. 462-6999

**Palm Avenue Detox:** 2251 Palm Ave, SM. 513-6500

**Project 90:** 720 S. B St, #3, SM. For men only. 579-7881

**San Mateo County Dept. of Drug & Alcohol Services:** 573-3950

**Santa Clara County Dept. of Drug & Alcohol Services:** Gateway: alcohol & drug screening, information & referrals. Call 1-800-488-9919

Clothing

**Bread of Life:** 1852 Bay Road, EPA. M-F, 10:30-5:30, Sat. 11-2. Bus 280, 281, 296. 326-9796

**Ecumenical Hunger Program:** 1836 Bay Road, EPA. M, W, Th, 10-12. Bus 280. 323-7781

**InnVision Elsa Segovia Center:** For women, children & families. 11am-5pm. 795 Willow Road, Bldg. 323-D, MP. 853-7066 x200


**St. Anthony’s (of Padua):** 3500 Middlefield Rd., RWC. Women & children: Wed, 10:30-1pm. Single adults: Thurs, 10:30-1pm. Bus 296. 365-9664

Emergency Assistance

**Dept. of Social Services(welfare/ E.D.D.):** 1110 La Avenida, MV. 8-4, M-F. Bus 40. 314-1300

**Ecumenical Hunger Program:** 1836 Bay Road, E.P.A. 10-12, M, W, Th. Bus 280. 323-7781

**Fair Oaks Community Center:** For RWC residents only. 2600 Middlefield Rd, RWC. 8-4, M-F. Bus 296. 780-7500

**InnVision Opportunity Services Center:** Emergency rental & utility assistance for residents of PA only. Must call for info or to set up an appointment. 8-4, M-F. Bus 22, DB, Marguerite Shuttle. 853-8672 x204

**Mountain View Community Services Agency:** For residents of MV, LA, & LAH only. 204 Stierlin, MV. 9-12, 1:30-4pm. Bus 51. 968-0836

**Sunnyvale Community Services Agency (CSA):** For residents of SVL only. 810 W. McKinley, SVL. M-F, 9-11:30, 1-4:30. Bus 53, 54. 408-738-4321
Employment Services

Downtown Streets Team: transitional program to employ, train, and place homeless individuals in permanent positions. Participants work during training in exchange for food and shelter. 462-1795.

Goodwill of Silicon Valley: vocational, occupational, and educational services for those with disabilities and other barriers to employment. 1080 North Seventh Street, SJ. (408) 998-5787 x 223

Shelters

Shelter Hotline: 1-800-7-SHELTER

www.housingscc.org An online reference for locating housing in Santa Clara County. Click on Shelters for a list of shelters

Single People

City Team Rescue Mission: Men only. 1174 Old Bayshore Highway near Oakland Rd, SJ. Line up at 4:30. Meal, shower, bed, attendance at religious service required. First come first served. 408-288-2153

InnVision Clara-Mateo Alliance: Shelter/transitional housing. 795 Willow Rd, Bldg. 323-D, MP. Walk in or call. Bus 296, DB. 853-7066 x217

Cupertino Community Services Agency: For men working or actively looking for work. ID required. 10185 N. Stelling, Cupertino. Bus 23, 25. 408-255-8033


Homeless Veterans Emergency Housing Facility (HVEHF): Veterans only. 795 Willow Rd, Menlo Park. Bldg. 323 B. Bus 296, DB. 493-5000 ext. 22044

Homeless Veterans Rehabilitation Program (HVRP): Veterans only. Menlo Park VA. 493-5000 ext 22751 or 800-848-7254

InnVision Commercial Street Inn: Emergency & transitional housing. Women and children only. Intake done through Georgia Travis Center. 66 Rosemary, SJ. Take light rail to corner of 1st & Gish, walk one block back. 408-453-3124


InnVision Julian St. Inn: SJ. By referral only. For clients with mental health diagnosis. 408-271-0820

InnVision Montgomery Street Inn: Men only. Emergency & transitional housing. Call or drop-in mornings to be put on bed list. 385 N. Montgomery St, SJ. Bus 22, 68. 408-271-5160

Maple Street: Emergency & transitional shelters. By voucher only. Obtain voucher at Fair Oaks Community Center, 2600 Middlefield Rd, RWC. Bus 296. 364-1150

Safe Harbor: 295 North Access Rd., South San Francisco. Must get voucher 1st night from St. Vincent de Paul or Samaritan House (SM). 347-3648

Salvation Army Hospitality House: Men only. 405 N. 4th St., SJ. Line up at 1:30. Shower & meal mandatory. Bus 66. 408-282-1175

Second Chance: Men, women & children. 6519 Central Ave, Newark. Call 8:30-9:30 for intake. 510-792-4357

Shelter Network: SM County. By referral only. Referrals available from Opportunity Services Center.

Spring Street Shelter: Redwood City. By referral only. For mentally disadvantaged adults. 365-5772

Sunnyvale Armory: Open Thanksgiving thru spring. 620 E. Maude, SVL. Doors open at 6pm. Bus 26, 55. 408-739-6980

Telecare: Referrals only through San Mateo County Mental Health. Menlo Park.
Families with Children

**Bill Wilson Center:** Primarily for runaway and homeless youth; some family programs. Open 24 hours. 3490 The Alameda, Santa Clara, CA, (408) 243-0222

**InnVision Clara-Mateo Alliance:** 795 Willow Rd, Bldg. 323-D, Menlo Park. Bus 296, DB. 853-7066 x200

**Emergency Housing Consortium (EHC):** Intake done at Bocardo Reception Center, 2011 Little Orchard, SJ. Open 24 hrs. Bus 55, 328. 408-294-2100 ext. 402

**Family Supportive Housing (formerly San Jose Family Shelter):** 1600 Las Plumas Ave, SJ. 24 hr. facility. Shelter & comprehensive day services for residents. Parents over 18 & children under 18. Clean & sober facility. Call at 10am M-F. Bus 77. 408-926-8885

**InnVision Commercial Street Inn:** Women & women with children. Intake done through Georgia Travis Center. 66 Rosemary, SJ. Take light rail to corner of 1st & Gish & walk one block back. 408-453-3124.

**Interfaith Hospitality Network:** Rotating church shelter for families with children. By referral only. Referrals available through the Opportunity Center or Fair Oaks Community Center. SM. 652-1100

**Second Chance:** Men, women & children. 6519 Central Ave, Newark. Call 8:30-9:30am for intake. Bus DB. 510-792-4357

**Shelter Network:** Throughout San Mateo County. By referral only. Referrals available through Opportunity Services Center.

Domestic Violence

**AACI Domestic Violence Shelter:** 2400 Moorpark Ave, Ste 300, SJ. Bus 68. 408-975-2739

**Bill Wilson Center/Project SAFE PLACE:** For any youth under 18 who needs a safe place to go. *Any youth can get on a VTA Bus or Light Rail and tell the driver they need a SAFE PLACE and a supervisor will come and transport them to the Bill Wilson Center.* Open 24 hours. 3490 The Alameda, Santa Clara, CA, Toll free:1-888-247-7717

**CORA:** SM. Screening done through 24-hour hotline: 312-8515 or 800-300-1080

**Next Door Solutions to Domestic Violence:** 234 E. Gish Rd., SJ. Office: 408-501-7550. Screening & acceptance through 24hr hotline: 408-279-2962

**San Mateo Women’s Shelter:** SM. Office: 652-0800. Call 24-hr hotline for intake: 312-8515

**Support Network for Battered Women:** 1257 Tasman Drive, Suite C, SV 9-5, M-F. Bus 22. 408-541-6100