Below are outstanding and recommended titles by the National Science Teachers Association that fit this year's theme for NCW. Descriptions are based on reviews from the NSTA (http://www.nsta.org) website.

Levels:  (E) Elementary (K-4),  (I) Intermediate (6-8),  (HS) High School (9-12),  (C) College, and  (G) General Public.

ACHOO! THE MOST INTERESTING BOOK YOU'LL EVER READ ABOUT GERMS.  Trudee Romanek. Tonawanda, NY: Kids Can Press Ltd., 2003. 40 pp. ISBN 1553374509 (E, I) This book is about good and bad germs, what they are, how they live, how they affect our lives, and how we have learned to deal with them. Source: NSTA Recommends http://www.nsta.org/recommends/product.asp?id=14440


HEAD TO TOE SCIENCE. Jim Wiese. NY: Wiley, 2000. 120 pp. ISBN 0-471-33203-8 (E, I) This book has some wonderful experiments. It explains why experiments are done and the science behind the physiology. The experiments are simple, easy, and safety is stressed. Source: NSTA Recommends http://www.nsta.org/recommends/product.asp?id=11536


HEALTHY FOODS FROM HEALTHY SOILS: A HANDS-ON RESOURCE FOR EDUCATORS. Elizabeth Patten and Kathy Lyons. Gardiner, ME: Tilbury House Publishers, 2003. 256 pp. ISBN 0884482421 (E, I) Fundamental to good health is good nutrition. This book is a treasure chest of information and activities to help teachers teach nutrition in their classrooms. Through these activities students can learn where food comes from, how to make good food choices, and how to garden and compost. Source: NSTA Recommends http://www.nsta.org/recommends/product.asp?id=14054


INSIDE YOUR OUTSIDE! ALL ABOUT THE HUMAN BODY. Tish Rabe. NY: Random House, 2003. 45 pp. ISBN 0375811001 (E) Young children will love this Cat in the Hat-style introduction to the human body. Beginning readers will enjoy the rhyming and the illustrations. The topic is appropriate for early childhood education since learning about the body is included in national and most state standards. Source: NSTA Recommends http://www.nsta.org/recommends/product.asp?id=14600
LEARNING ABOUT MY BODY: SCIENCE WORKS FOR KIDS SERIES. Jo Ellen Moore and Jill Norris. Monterey, CA: Evan-Moor Corporation, 2000. 80 pp. ISBN 1-55799-773-X (E) There are two main concepts addressed in this book: the body has structures and behaviors that help it grow and survive, and we must take care of our bodies through good nutrition, rest, cleanliness, exercise, and attention to safety. Source: NSTA Recommends http://www.nsta.org/recommends/product.asp?id=12246


THERE'S A ZOO ON YOU. Kathy Darling. Brookfield, CT: Millbrook Press, 2000. 48 pp. ISBN 0-7613-1357-5 (E, I) This book is an entertaining look at the microscopic critters that inhabit our bodies. It is well written, attractive, and enlightening. A sensitive reader will be intrigued, amazed, and even shocked by her text; bacteria on your face, parasites under your nails, mites on your skin, and even tooth amoebas! Source: NSTA Recommends http://www.nsta.org/recommends/product.asp?id=12120

ZOOM: HUMAN BODY. Nicholas Harris. Farmington Hills, MI: Gale Group, 2002. 31 pp. ISBN 1567116930. (E, I) Have you ever used the "zoom" feature on a camera? It enables your eye to capture progressively more detail as you zoom in. Page after page, text boxes describes a science area in greater detail, encouraging the reader to "zoom" in for a closer look at that topic. Source: NSTA Recommends http://www.nsta.org/recommends/product.asp?id=14234


101 QUESTIONS ABOUT YOUR IMMUNE SYSTEM YOU FELT DEFENSELESS TO ANSWER...UNTIL NOW. Faith Hickman Brynie. Frederick, MD: Twenty-First Century Books, 2000. 176 pp. ISBN 0-7913-1569-1 (HS) This volume provides information about the basic foundations of the immune system, its component parts, the natural processes involved in it, what goes awry when it malfunctions and how it interacts with foreign substances. Source: NSTA Recommends http://www.nsta.org/recommends/product.asp?id=12128

101 QUESTIONS ABOUT YOUR SKIN THAT GOT UNDER YOUR SKIN...UNTIL NOW. Faith Hickman Brynie. Frederick, MD: Twenty-First Century Books, 2000. 176 pp. ISBN 0-7613-1259-5 (I, HS) This book covers interesting issues gathered from polling young adults. Our skin provides much more than just “a pretty face”; it regulates temperature, prevents water loss, fights infection, and often tells our brain much of what we know about our environment. The book is organized into six chapters in a question-and-answer format. The questions range from the structure of skin, hair, and nails to injuries, cellulite, diseases, and aging. Environmental factors that affect our skin, such as sun, lice, smoking, dandruff, and nail biting, are also covered. Source: NSTA Recommends http://www.nsta.org/recommends/product.asp?id=12129