

HealTAC 2025: 8th Healthcare Text Analytics Conference

# Addressing the Missing Context Problem in Foundation Models for Healthcare

Jason Alan Fries, PhD

Center for Biomedical Informatics Research

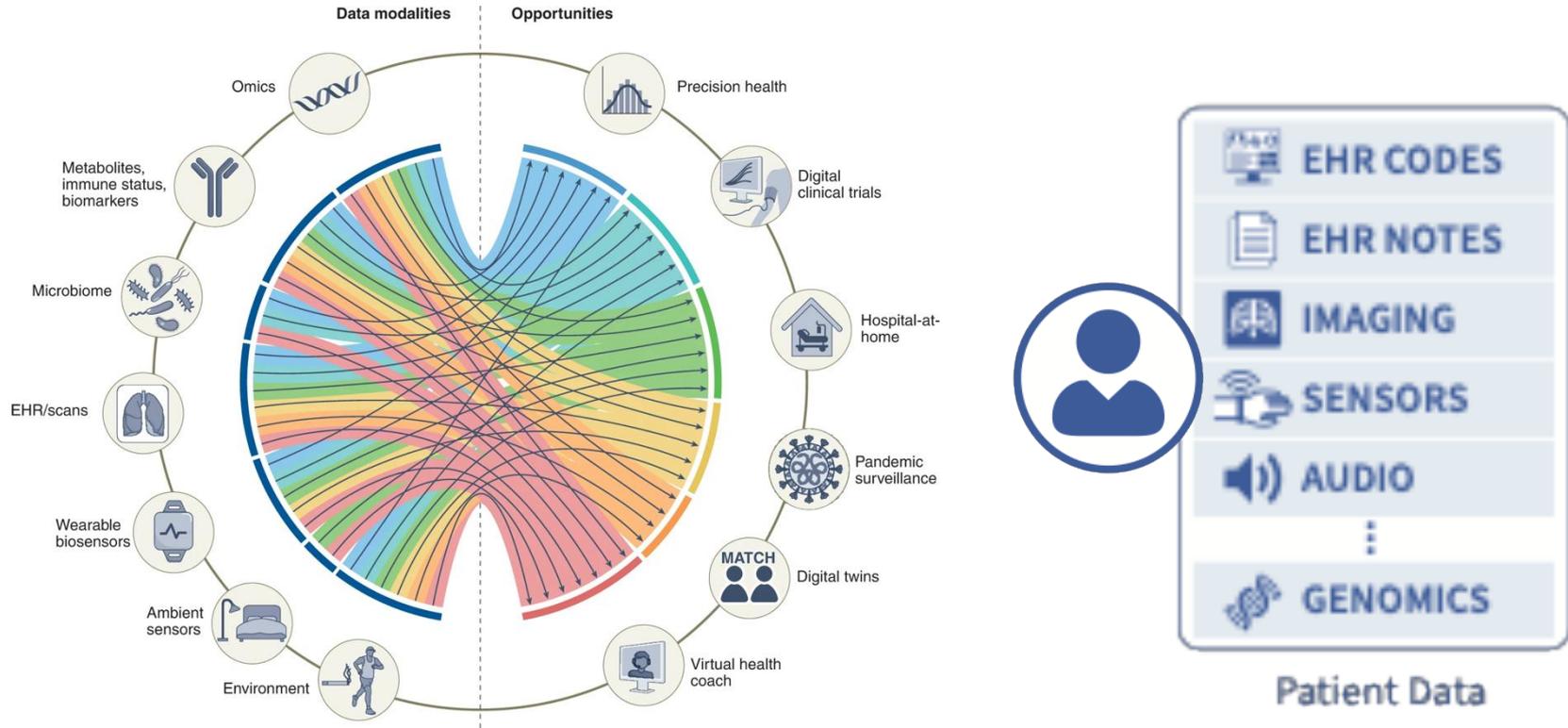
Stanford University



**BMIR**

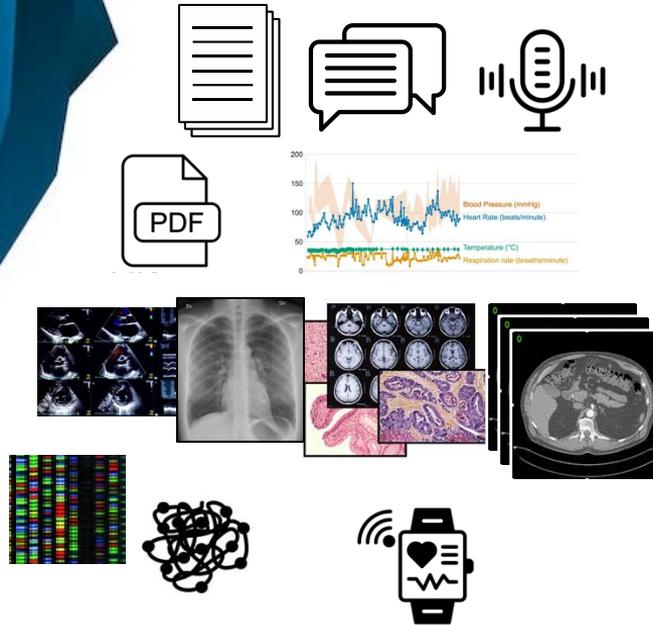
Stanford Center for  
Biomedical Informatics Research

# Healthcare is Inherently Multimodal



# Hospital data is growing at a rate of **36% per year**

World Economic Forum, Dec. 2019



**Hard to use for medical  
decision making**



*A patient with advanced lung cancer has been treated for 24 months and now shows progression in a few isolated areas, with mixed response.*

When presenting to a **tumor board**, clinicians need to piece together:

- New genomic mutations driving treatment resistance
- Pathology reports
- Radiology scans
- Clinical history

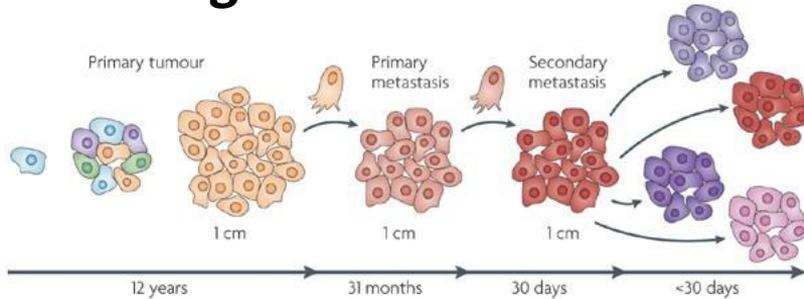
**Time-consuming to gather data manually**

**No easy way to find similar cases**

**Difficult to reason longitudinally**

# Human Health is Time-Varying

## Cancer Progression



Klein 2009

Nature Reviews | Cancer

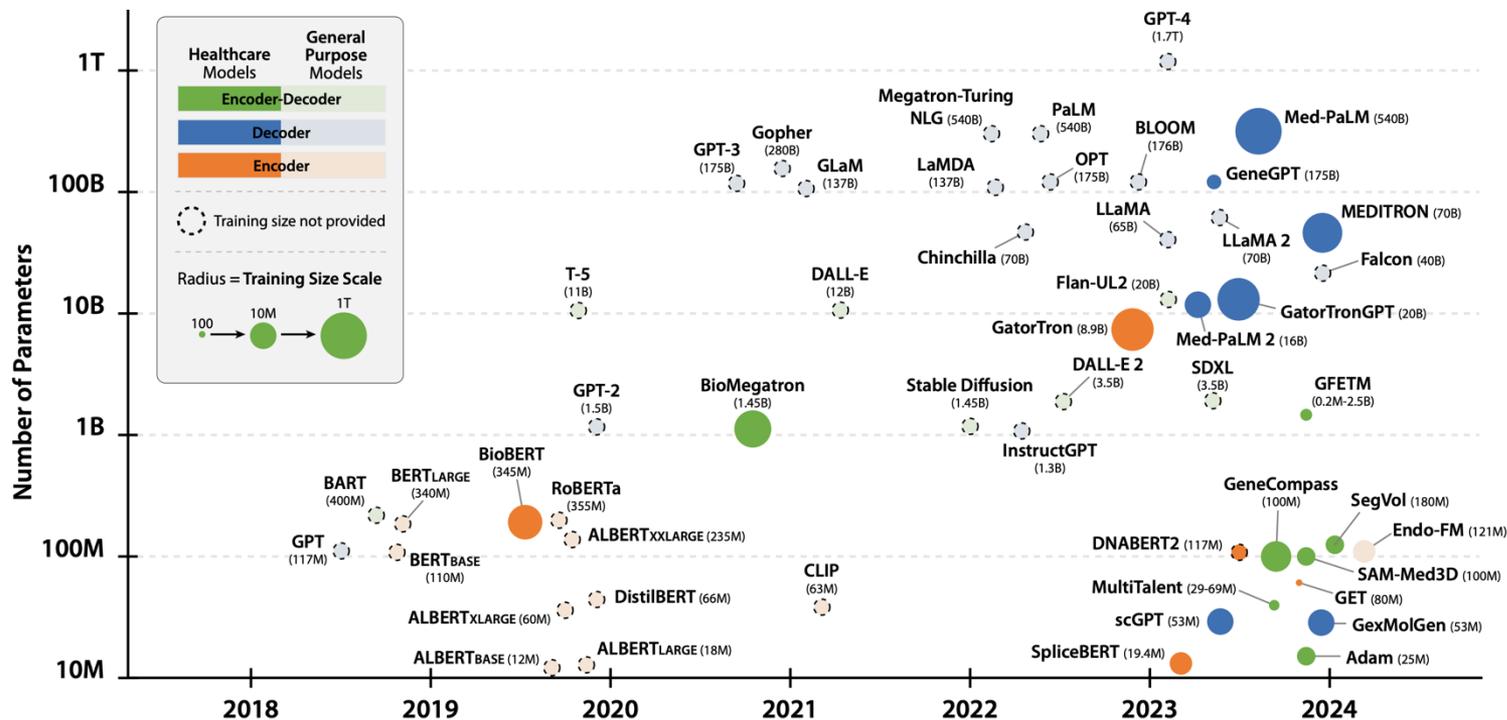
*How likely is this patient to develop gastrointestinal cancer in 10 years, 5 years, or 2 years?*

## Pediatric Development



*By what age will this child receive an autism spectrum disorder diagnosis: 18 months, 3 years, or 10 years?*

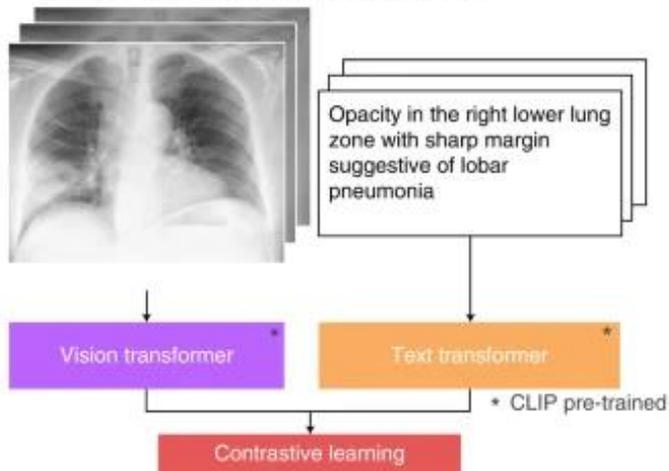
# Opportunity for AI to **reimagine** how we **interact and understand** medical data



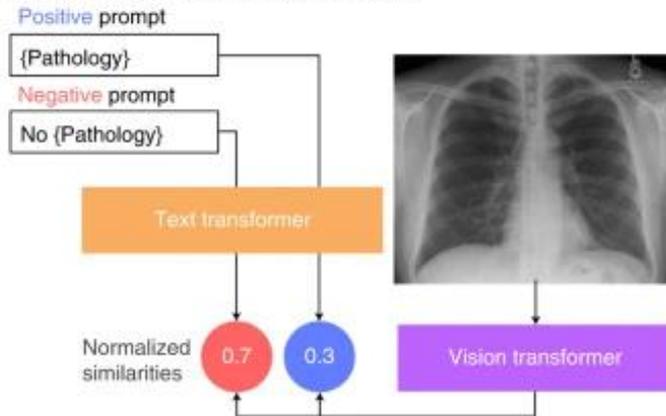
Khan et al., "A Comprehensive Survey of Foundation Models in Medicine," 2025.

# The Status Quo: Opportunistic *Local* Supervision

**a** CheXzero training with chest X-ray image report

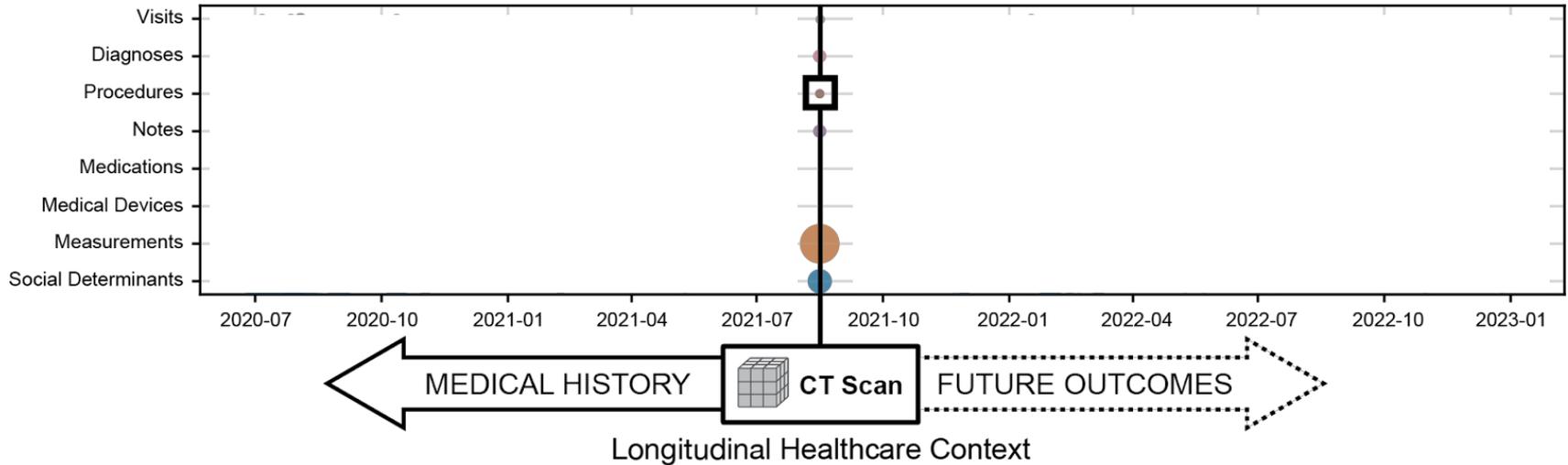


**b** CheXzero zero-shot pathology classification



Tiu et al. 2022. *Nature Biomedical Engineering*

# Missing Context Problem



- Limited use of **longitudinal health data to supervise models**
- Limited insight into the **distinct needs of different stakeholders**

# Outline

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- **Overview:** EHR Timelines & Tasks
- **Pre- and Post-Training:** Longitudinal EHRs as Supervision
- **Human-AI Teaming:** Natural Language Interfaces
- **Future:** Research Opportunities
- **Questions**

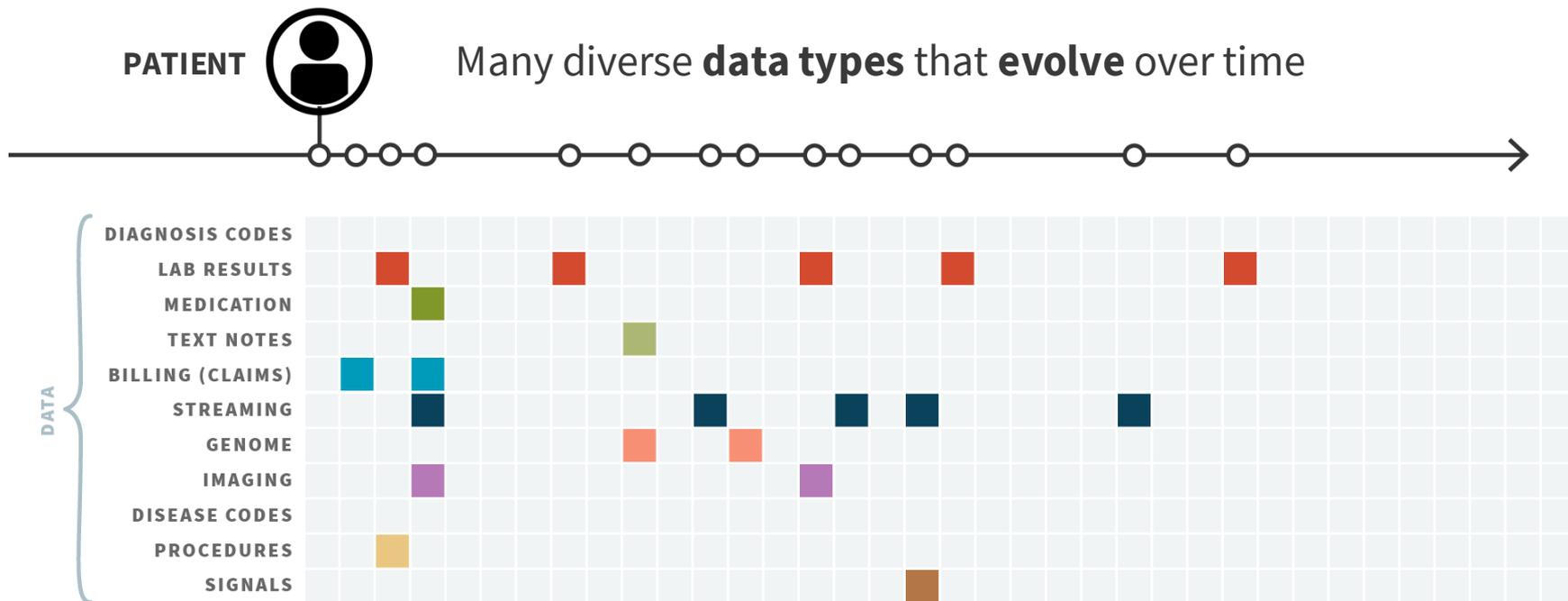
# Overview: EHR Timelines & Tasks

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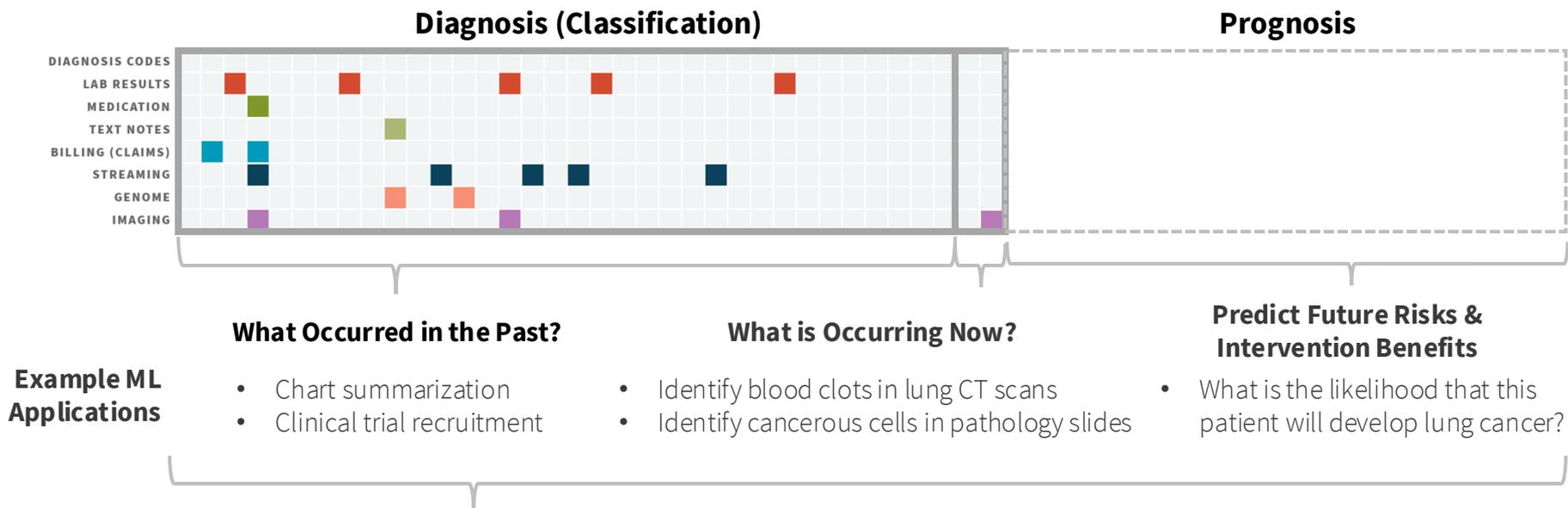
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# Electronic Health Records (EHRs) are Multimodal Timelines



Longitudinal EHRs provide a **holistic view of multimodal data**

# AI for Healthcare Requires Temporal Reasoning



Stakeholders



Clinicians

Whether to Treat

How to Treat

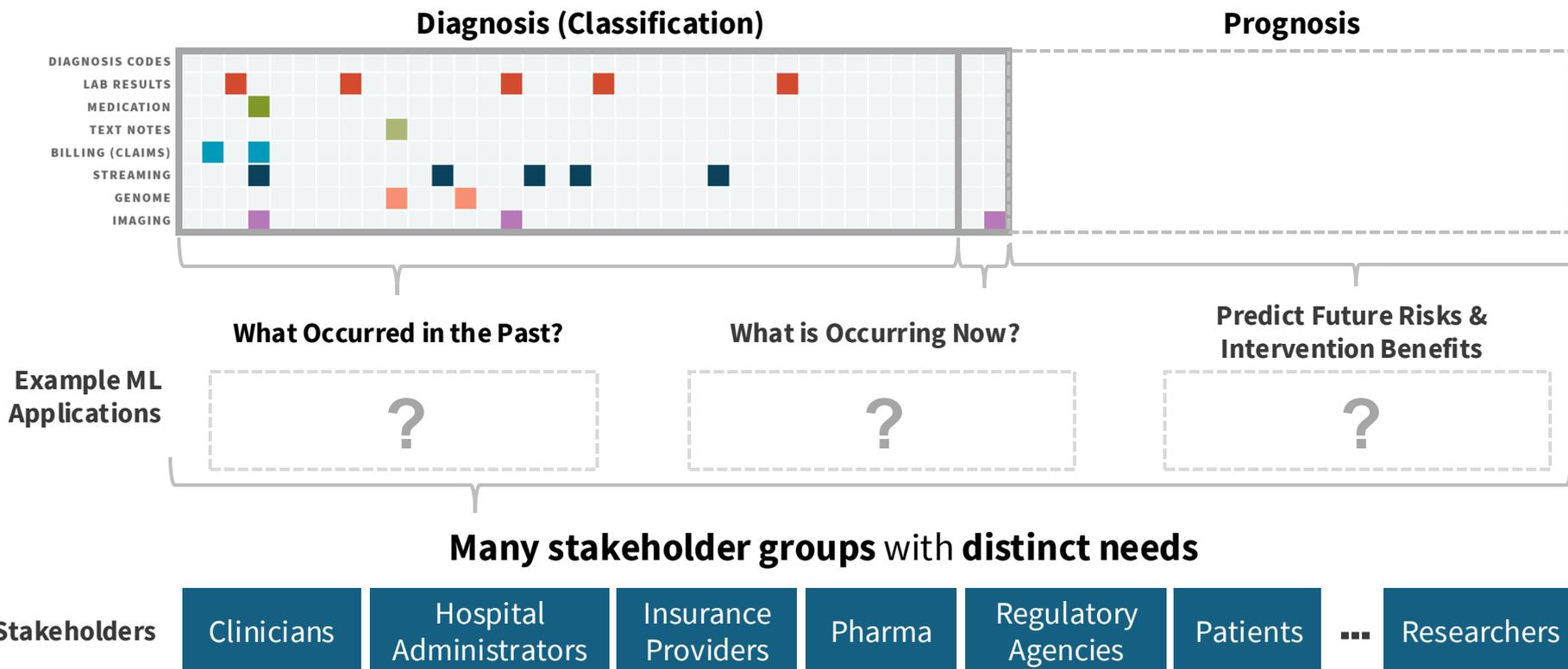
subject to

Policy

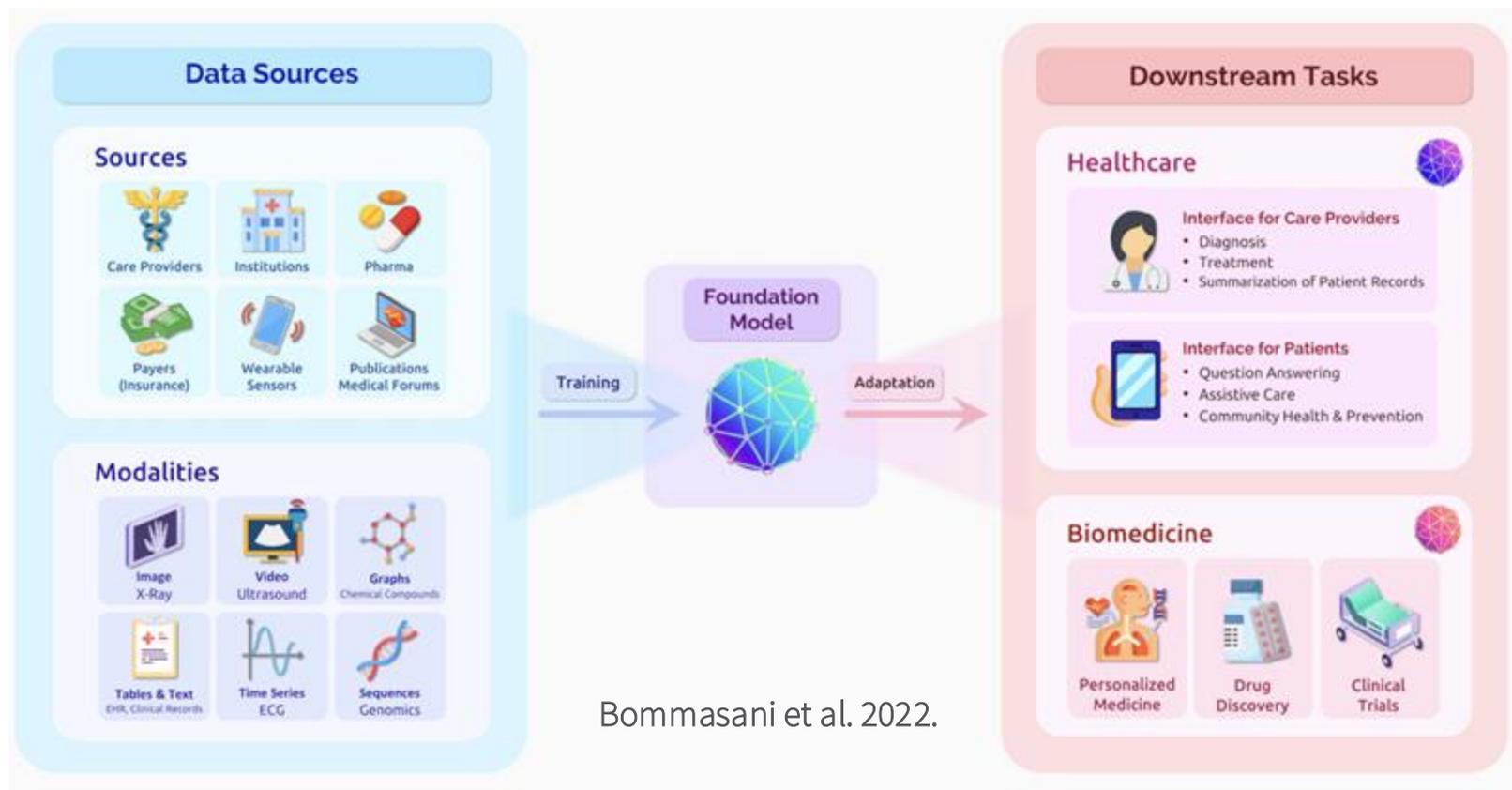
Capacity to Act

Intervention Properties

# Foundation Models Are Essential for AI in Healthcare



# Foundation Models and AI's “Industrial Age”



Bommasani et al. 2022.

# Pre- and Post-Training: Longitudinal EHRs as Supervision

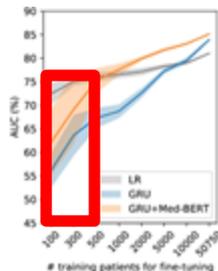
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# Current Self-Supervised Objectives for Structured EHR Data

## BERT-Style (Masked Language Modeling)

- BEHRT (Li et al. 2020)
- MedBERT (Rasmy et al. 2021)
- CEHR-BERT (Pang et al 2021)
- ClaimPT (Zeng et al. 2022)
- *et alia*

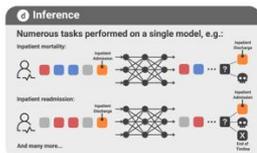
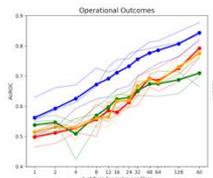


## MedBERT

- Trained on **28M patients**
- Performance with **< 500 examples worse than logistic regression**

## GPT-Style (Autoregressive)

- CLMBR (Steinberg et al. 2020)
- TransformEHR (Yang et al. 2023)
- CEHR-GPT (Pang et al 2024)
- ETHOS (Renc et al. 2024)
- Foresight (Kraljevic et al. 2024)
- Context Clues (Wornow et al 2025)



## CLMBR

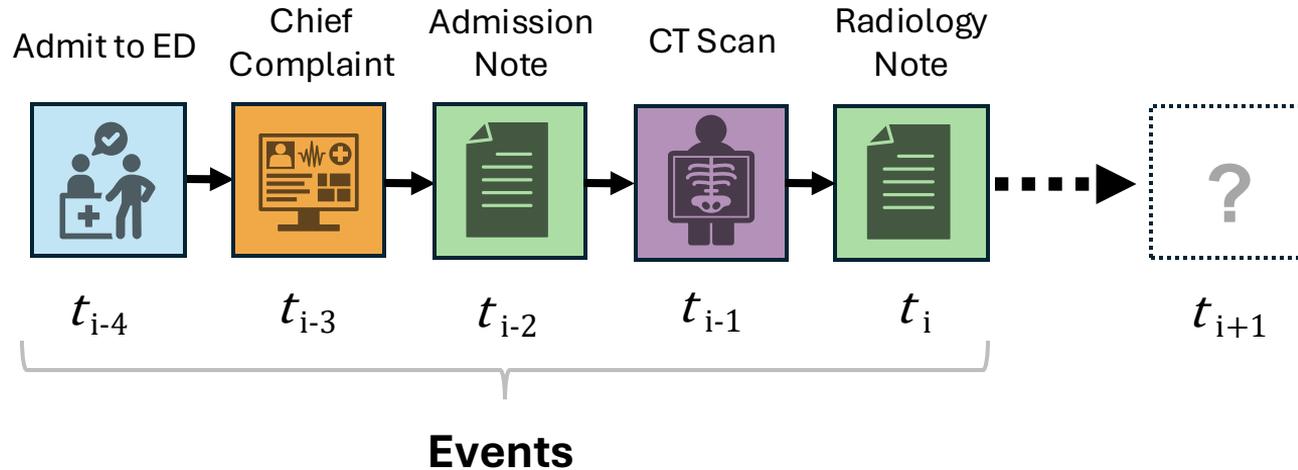
- Trained on **2.57M patients** (3.5B tokens)
- SOTA **few-shot** learning using **embeddings**

## ETHOS

- Trained on **200k patients** (MIMIC-VI)
- **Zero-shot** abilities using **generation**

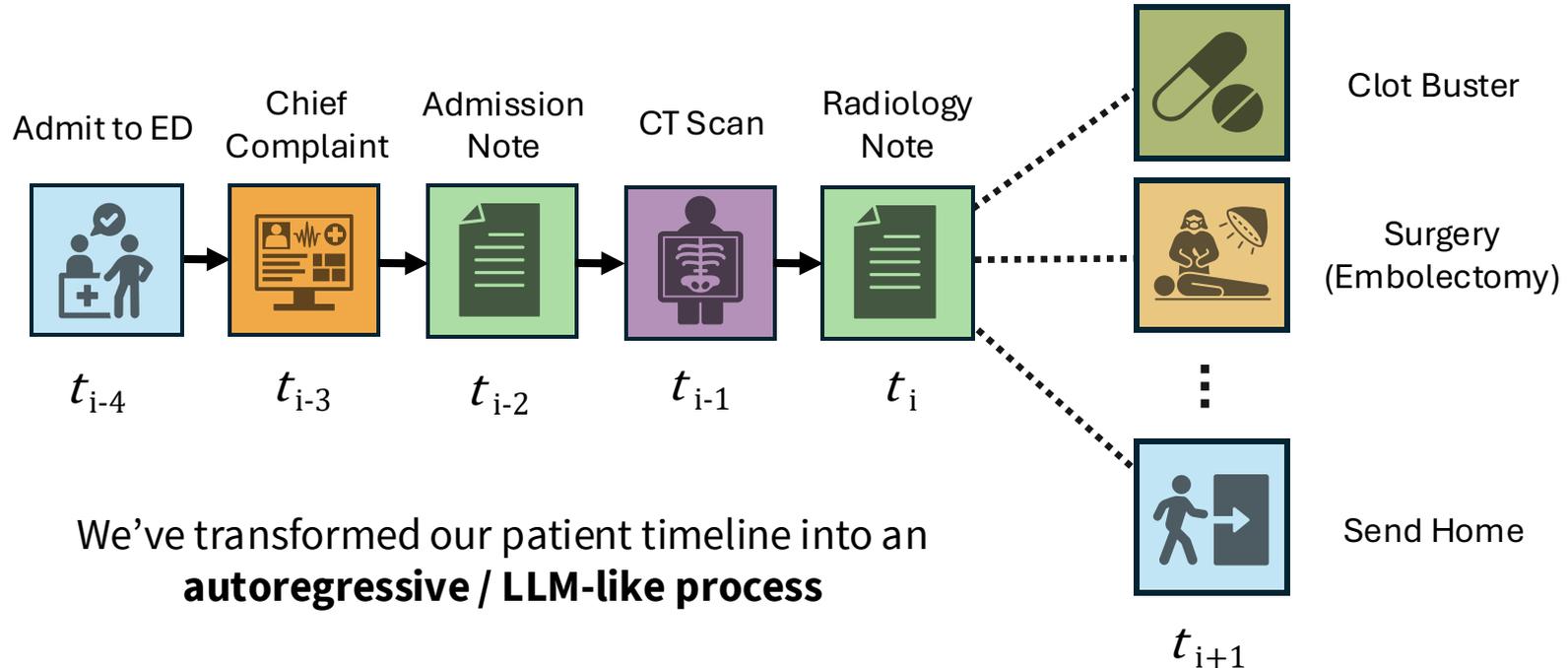
# Modeling Patient Timelines for AI

CASE: Patient **presents to ED** with sudden onset **shortness of breath**, **pleuritic chest pain**, and **tachycardia**. Concern for **pulmonary embolism**.



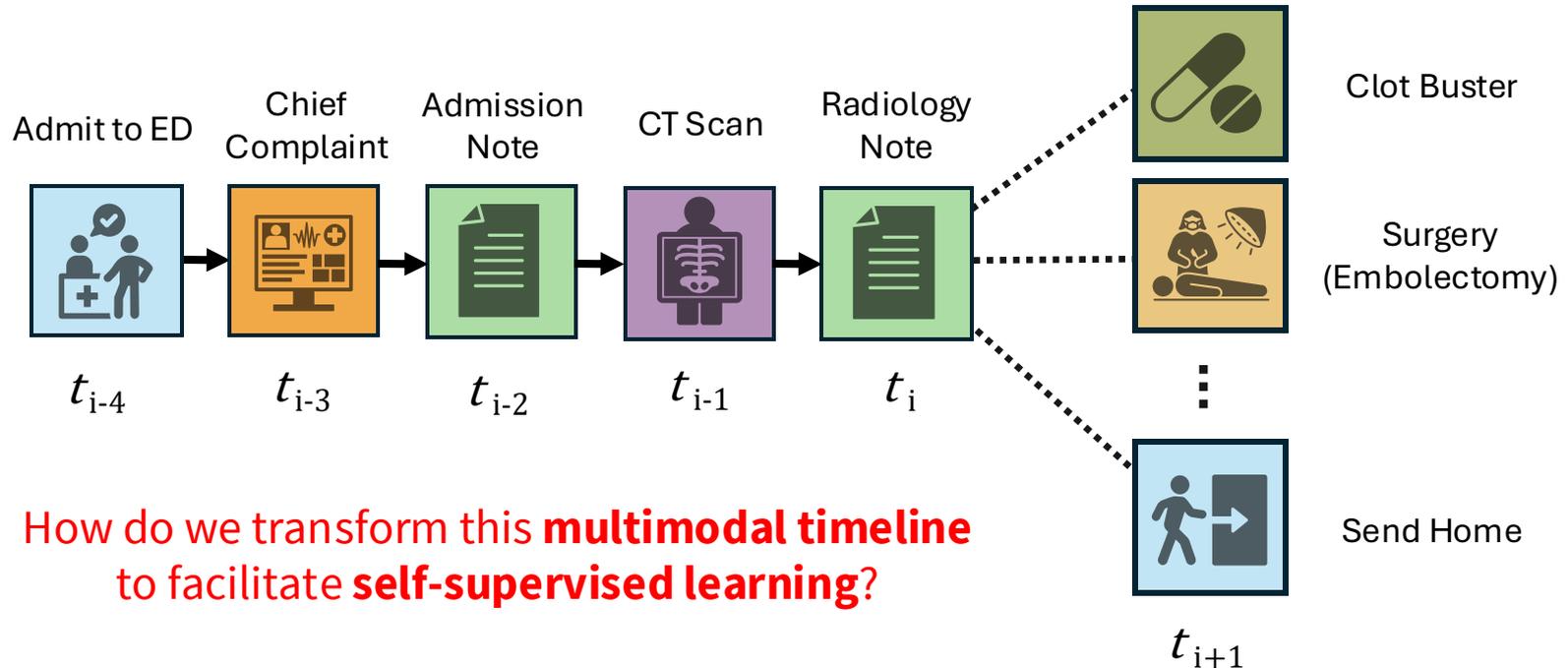
# Modeling Patient Timelines for AI

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# Modeling Patient Timelines for AI

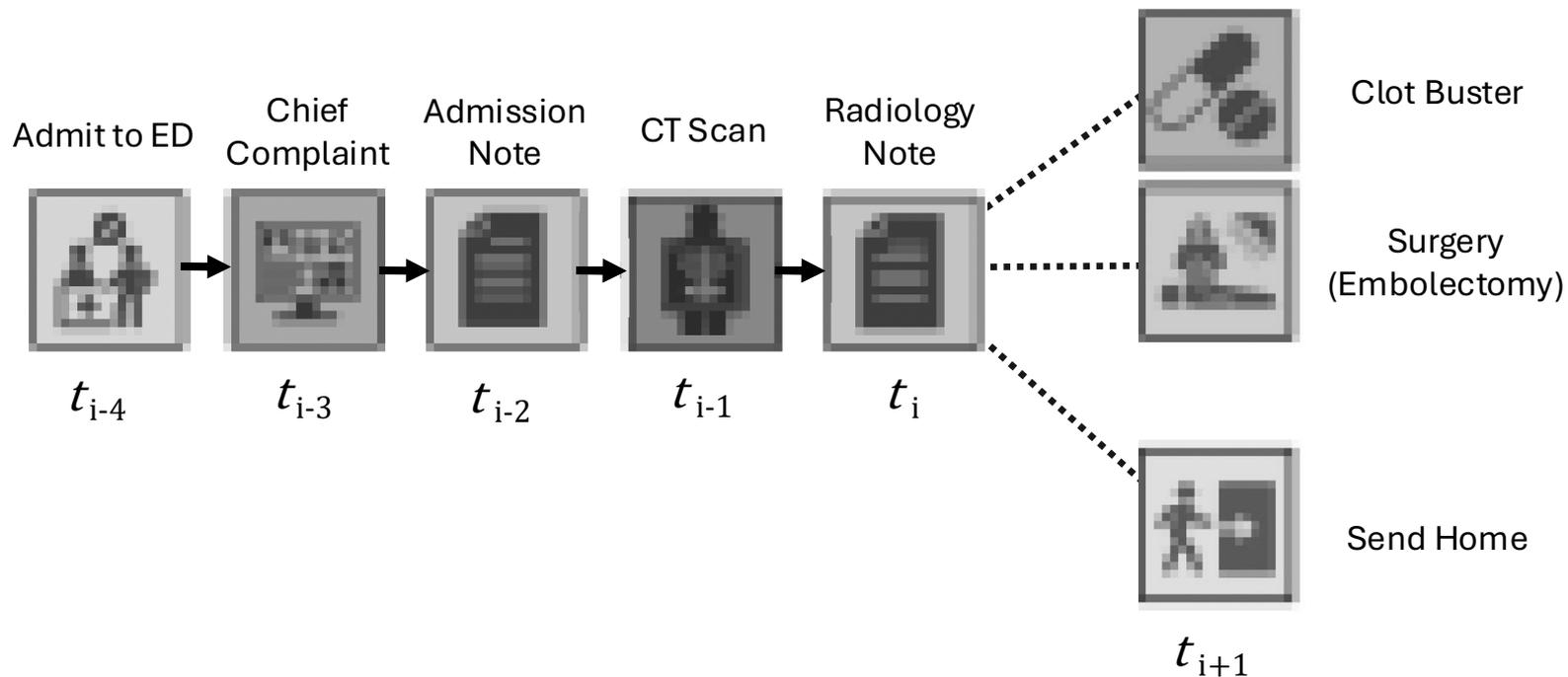
**Hypothesis:** A model that accurately **predicts future health states**, based on patient history, **encompasses many proposed use cases of medical AI**



How do we transform this **multimodal timeline** to facilitate **self-supervised learning**?

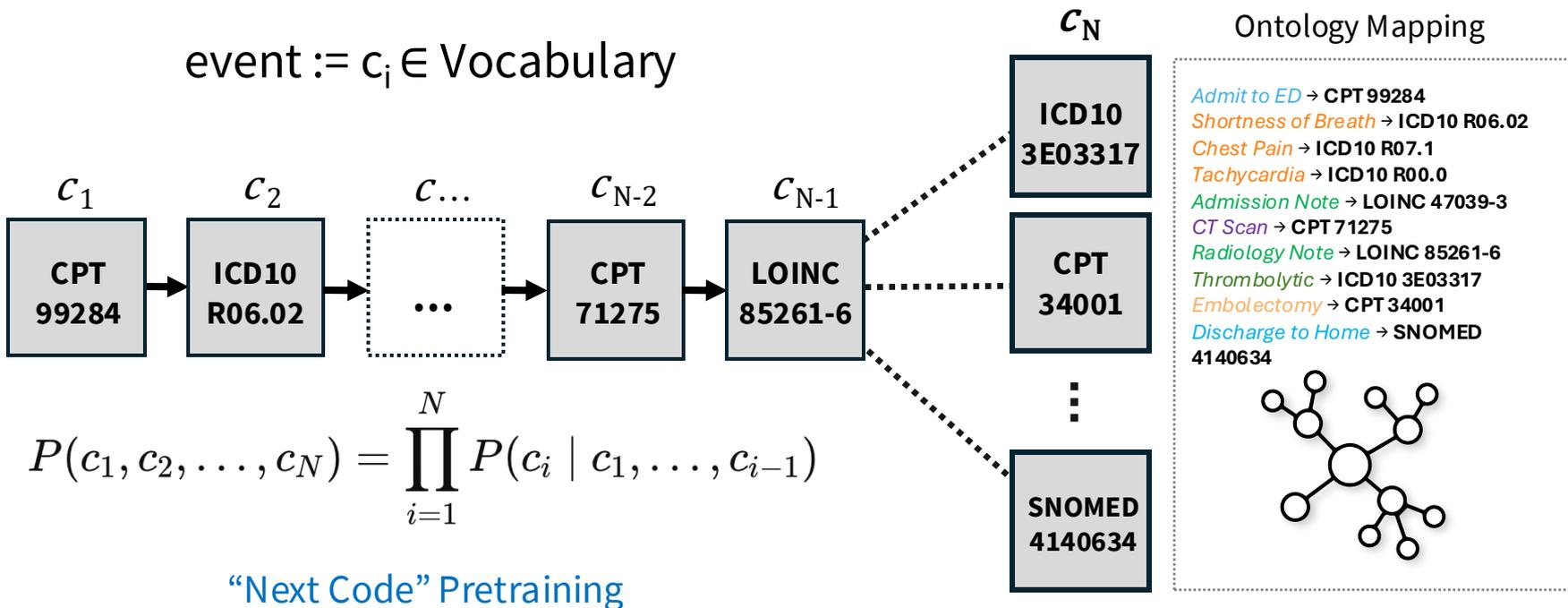
# Modeling Patient Timelines for AI

We do have a “**low-res**” version of this timeline readily available ...



# Autoregressive Modeling of Structured EHR Timelines

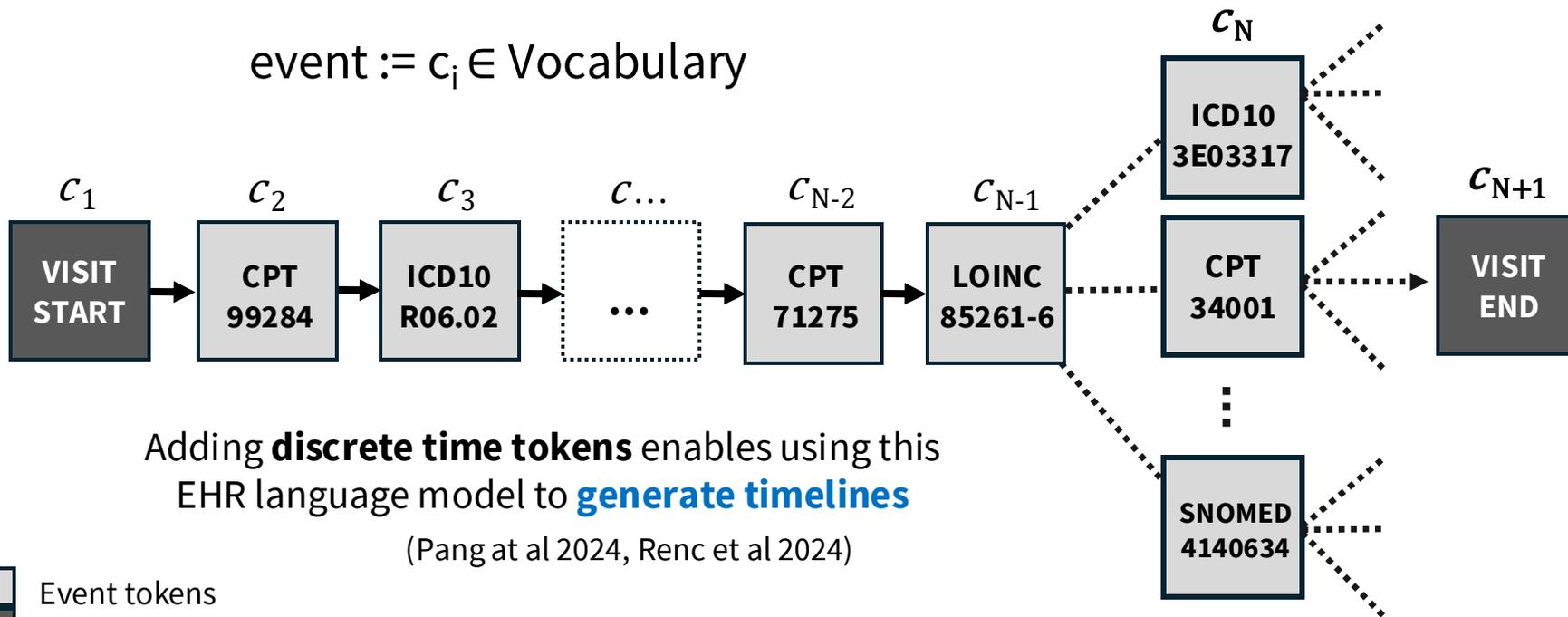
Map events to ontologies to define a “language” based on medical codes



# Autoregressive Modeling of Structured EHR Timelines

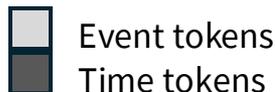
Map events to ontologies to define a “language” based on medical codes

event :=  $c_i \in \text{Vocabulary}$



Adding **discrete time tokens** enables using this EHR language model to **generate timelines**

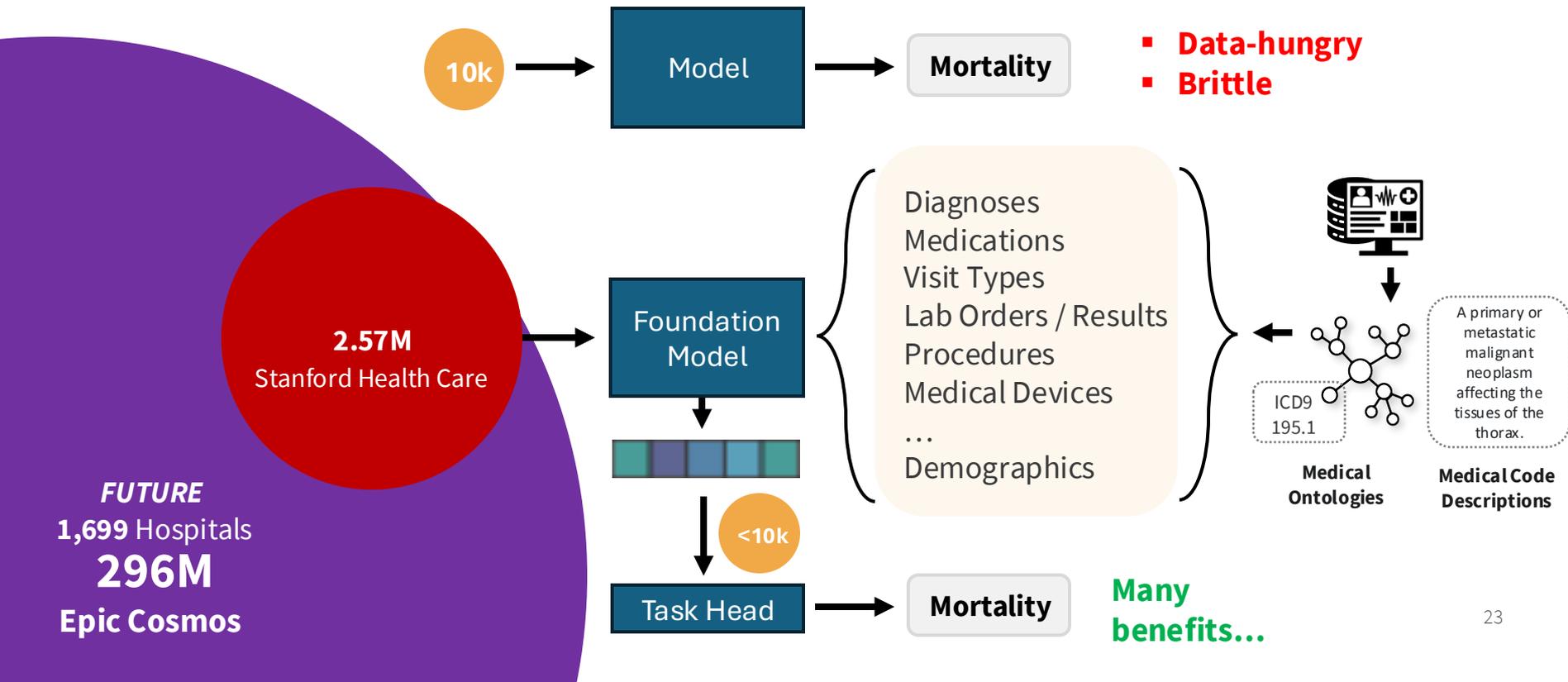
(Pang et al 2024, Renc et al 2024)



# Self-Supervised Training of an EHR Foundation Model

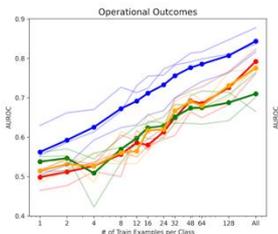
## PATIENT POPULATION

## TASKS



# Validating Benefits of EHR Foundation Models

## Data Efficiency



SOTA **few-shot learning**  
SOTA **overall performance**

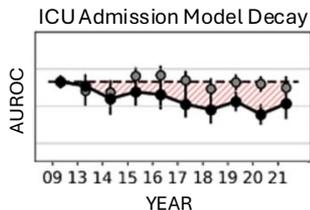
(Wornow et al. 2023)

(Steinberg et al. 2020)

### Publication Venue

Medical / Informatics  
Computer Science

## Robustness



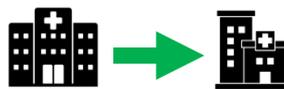
Improved robustness to  
**temporal distribution shifts**

(Guo et al. 2023)

Improved performance across  
key **subgroups** (pediatrics)

(Lemmon et al. 2023)

## Cross-Site Adaptability



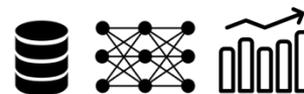
Hospital A Hospital B

Transfer **pretrained models** across hospitals

Require **up to 90% less** pretraining data

(Guo et al. 2024)

## Reproducible EHR Benchmarking



First **externally verifiable** evaluation of  
**EHR foundation models**  
on longitudinal data

(Wornow et al. 2025)

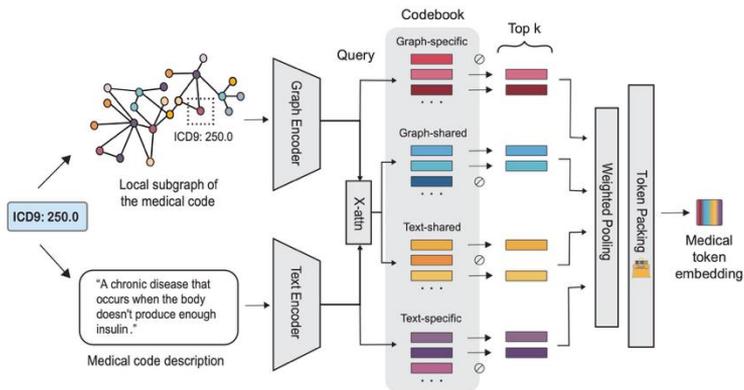
(Arrrich et al. 2024)

(Steinberg et al. 2024)

(Wornow et al. 2023)

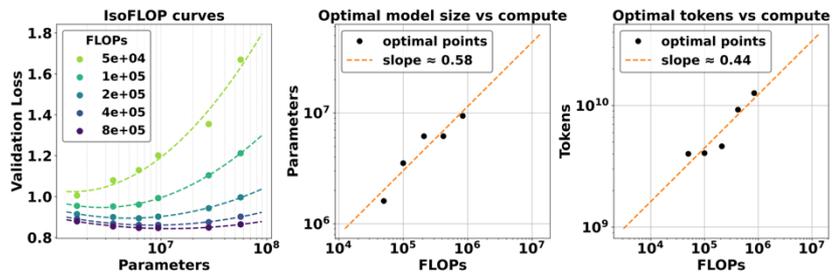
(Huang et al. 2023)

# Inherits Many of the Benefits of Large Language Models

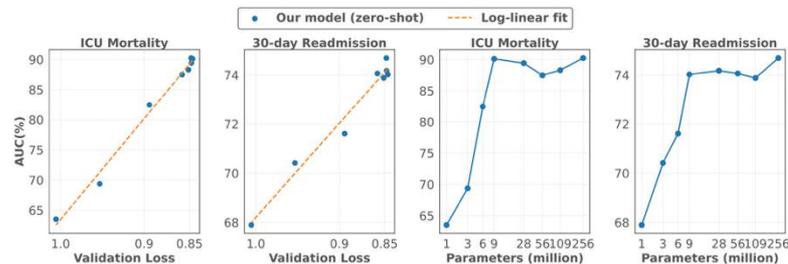


## Tokenizer Abstractions MedTok (Su et al. 2025)

## Derive Scaling Laws



## Improve Zero Shot Learning



Zhang et al. 2025

# EHR Modeling at Smaller Pretraining Scale

Autoregressive LLMs can capture long-distance dependencies given **sufficient data and parameters**

**Natural Language**

$\geq 7\text{B}$  parameters

$\geq 500\text{B}-1\text{T}$  tokens

**EHR**

**143M** parameters

**3.5B** tokens

**285x**  
**less data**

Can we train a **small, data-constrained** EHR foundation model to learn embeddings that **capture more time information about the future?**



Published as a conference paper at ICLR 2024

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# MOTOR: A TIME-TO-EVENT FOUNDATION MODEL FOR STRUCTURED MEDICAL RECORDS

**Ethan Steinberg<sup>1\*</sup>, Jason Alan Fries<sup>2\*</sup>, Yizhe Xu<sup>2</sup>, Nigam H. Shah<sup>3</sup>**

<sup>1</sup>Department of Computer Science, Stanford University

<sup>2</sup>Center for Biomedical Informatics Research, Stanford University

<sup>3</sup>Stanford University, Stanford Health Care

{ethanid, jfries, yizhex, nigam}@stanford.edu

# Key Concepts in Time-to-Event Modeling

Model the **time until an event occurs** (e.g., death) while accounting for **censoring**

## Censoring

Event times are **not fully observed by end of a study period**

$$\boxed{(X_i, T_i)} \text{ BIASED } (X_i, T_i, \delta_i) \quad \delta_i = \begin{cases} 1 & \text{event observed} \\ 0 & \text{censored} \end{cases}$$

## Survival Function

The probability that an event has not occurred as of time  $t$

$$S(t) = \Pr(T > t)$$

## Hazard Rate Function

Instantaneous risk of an event at time  $t$ , given survival up to  $t$

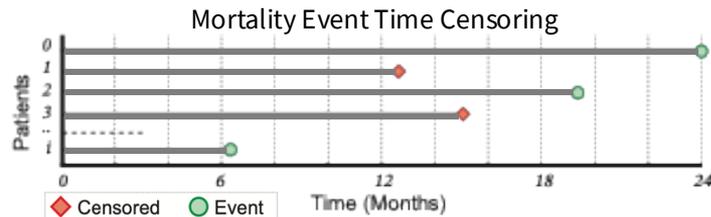
$$h(t) = \lim_{\Delta t \rightarrow 0} \frac{\Pr(t \leq T < t + \Delta t \mid T \geq t)}{\Delta t}$$

*Event's "speed" at each moment*

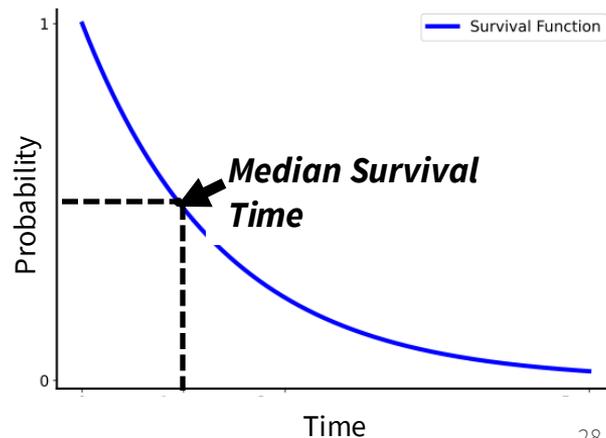
$$S(t) = \exp\left(-\int_0^t h(u) du\right)$$

*Survival depends on cumulative hazard over time*

Learn a patient representation  $R_i = f_\theta(X_i)$  for estimating personalized hazard rates

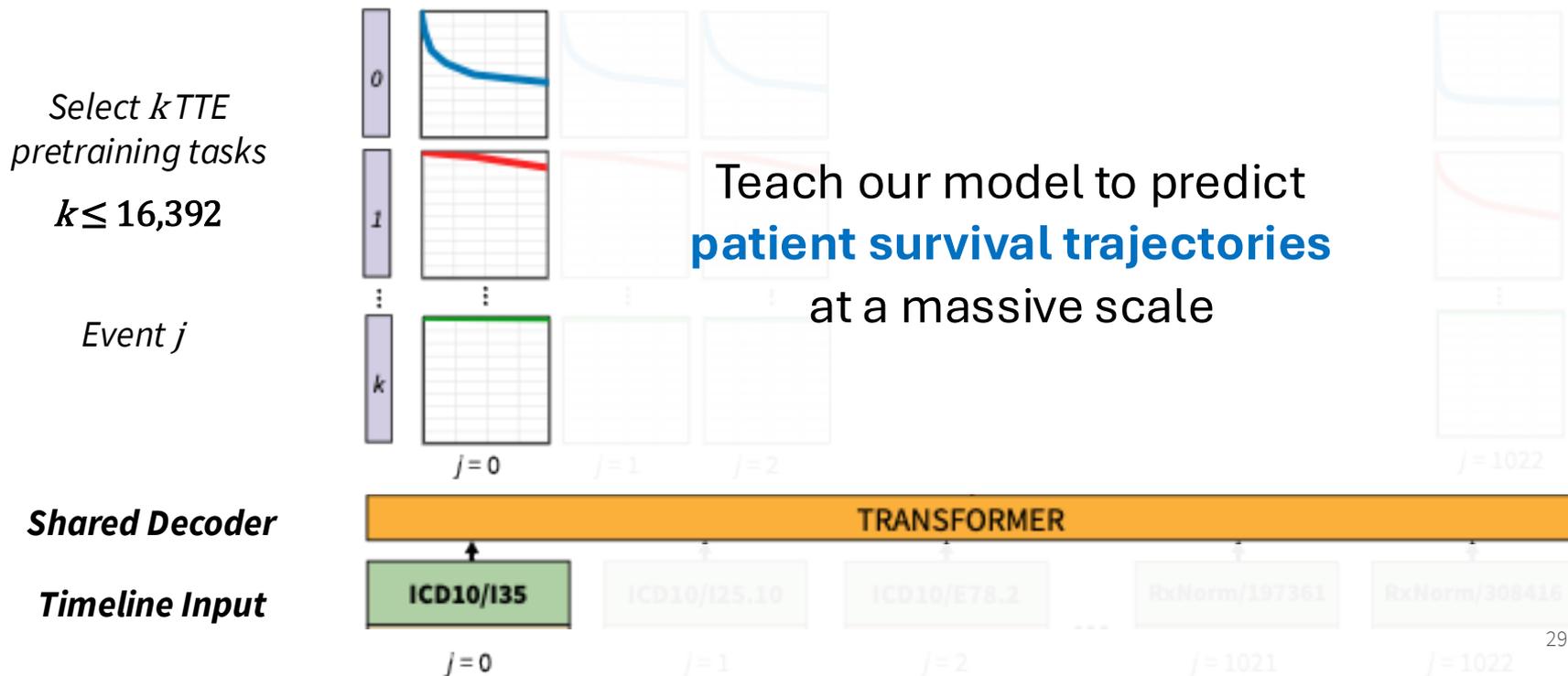


## Survival Curve



# Intuition Behind the Pretraining Objective

**Hypothesis:** Multi-task learning (MTL) will capture generalizable TTE features



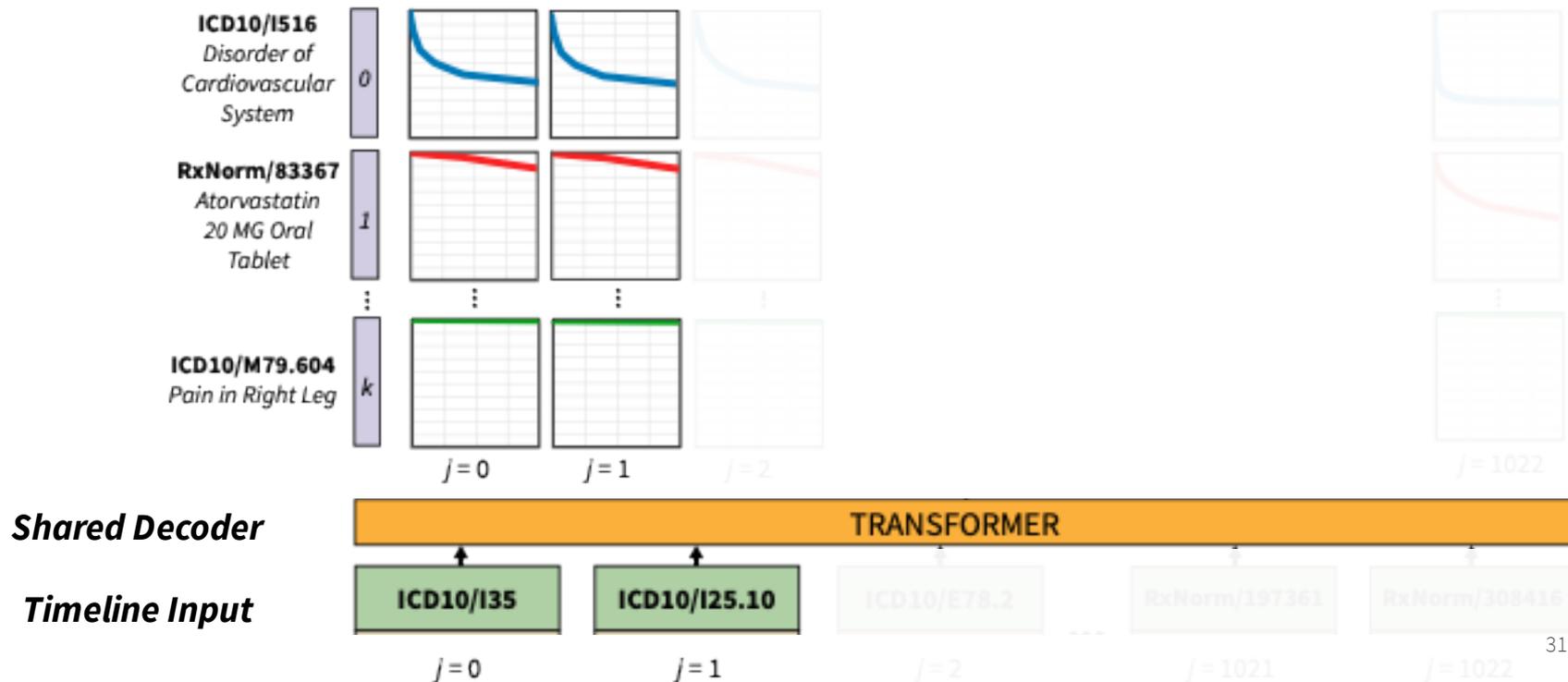
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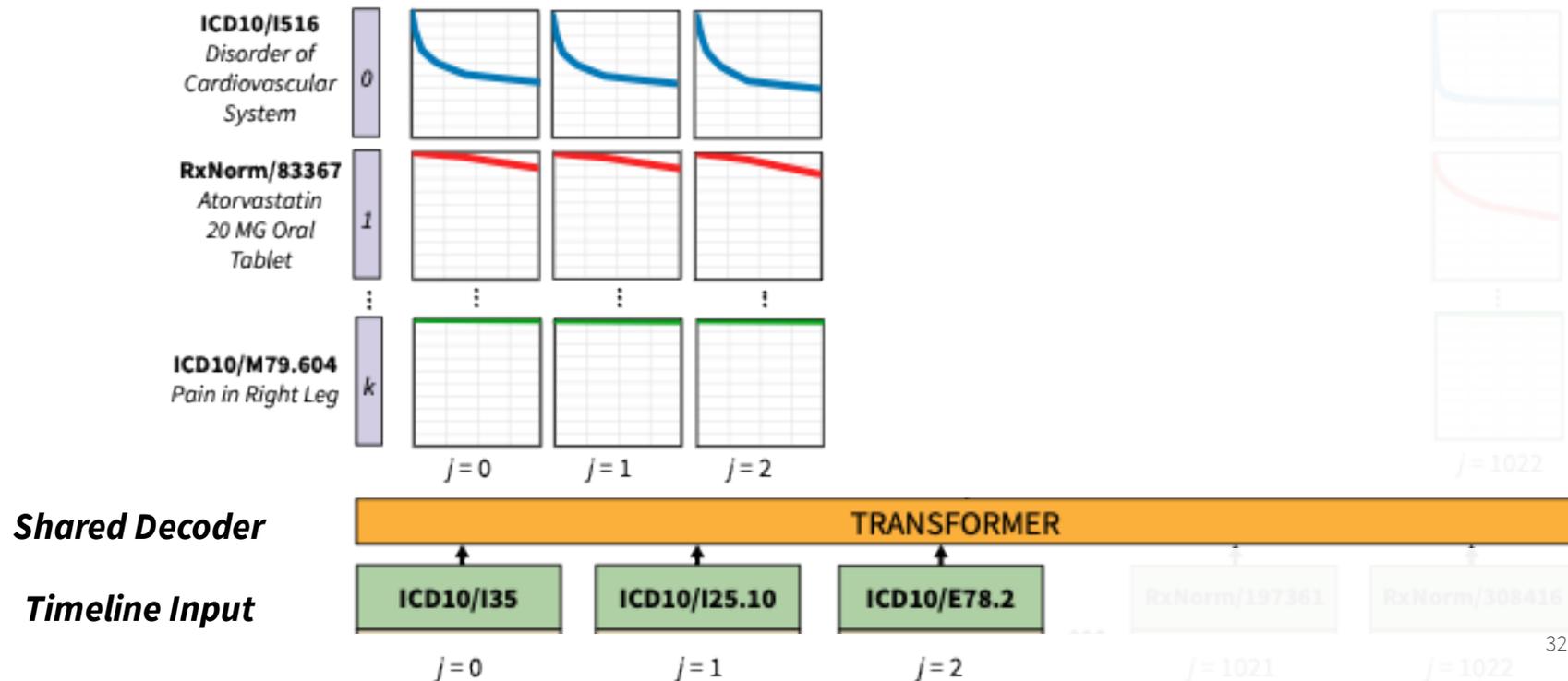
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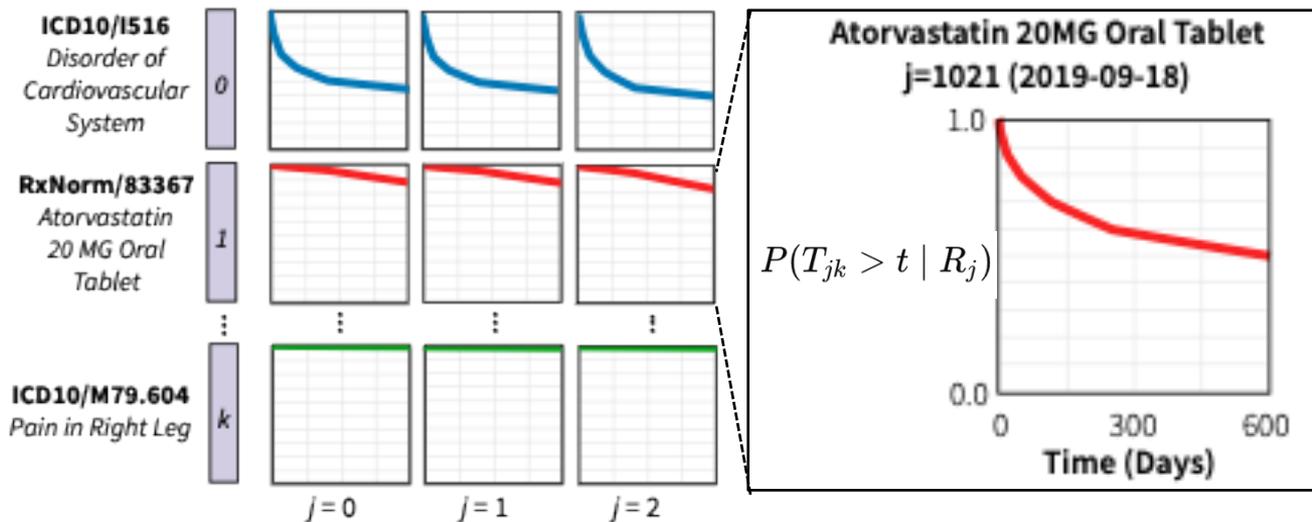
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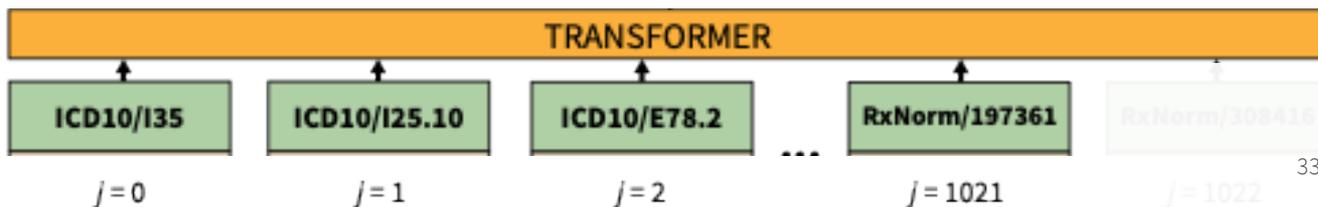
# Intuition Behind the Pretraining Objective

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Shared Decoder

Timeline Input



# Datasets & Tasks

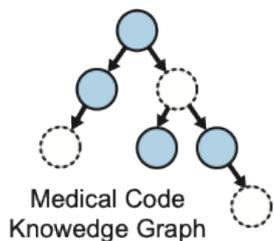
## Datasets

STANFORD STARR-OMOP (EHR)

2.7M Patients

3.5B Events

## Pretraining Tasks



Entropy-Ranked Vertex  
Cover for Task Selection

**Intuition:** We pick  $k$  tasks that **maximize diversity** by selecting nodes whose values are **least predictable** given their parents

$$k \leq 16,392$$

## Evaluation Tasks

Celiac Disease

Stroke

Pancreatic Cancer

NAFLD

Heart Attack

Lupus

## ICD-10

Rule-based labeling

**We remove these tasks from the pretraining set**



13 Chest X-ray Findings

## NLP-based

Measures generalization to labels not derived from codes

# Results: MOTOR vs. Baselines

**Pretrained MOTOR-Probe & MOTOR-Finetune** outperform  
**SOTA on all tasks**

Avg improvement: **+4.6%**

Method	Dataset	Celiac	HA	Lupus	NAFLD	Cancer	Stroke
Cox PH	EHR-OMOP	0.689	0.761	0.770	0.726	0.793	0.779
DeepSurv	-	0.704	0.823	0.790	0.800	0.811	0.830
DSM	-	0.707	0.828	0.784	0.805	0.809	0.835
DeepHit	-	0.695	0.826	0.807	0.805	0.809	0.833
RSF	-	0.729	0.836	0.787	0.802	0.824	0.840
MOTOR-Scratch	-	0.696	0.795	0.803	0.821	0.777	0.831
MOTOR-Probe	-	0.802	0.884	0.850	0.859	0.865	0.874
MOTOR-Finetune	-	<b>0.802</b>	<b>0.887</b>	<b>0.863</b>	<b>0.864</b>	<b>0.865</b>	<b>0.875</b>

# Results: Autoregressive vs. TTE Pretraining

## Overall Performance

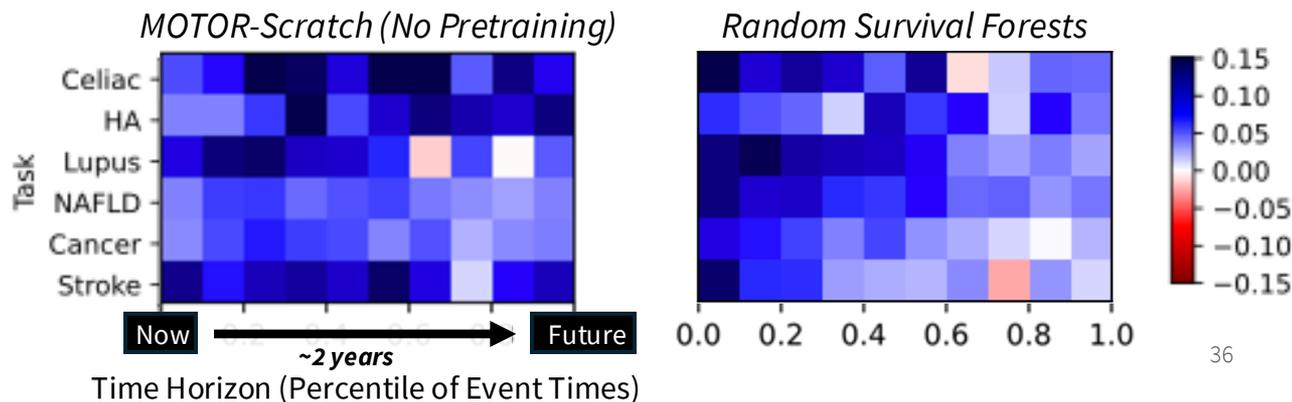
Objective	Celiac	HA	Lupus	NAFLD	Cancer	Stroke
RSF	0.729	0.836	0.787	0.802	0.824	0.840
Next Code	0.774	0.862	0.842	0.860	0.860	0.857
Time-to-Event	0.802	0.887	0.863	0.864	0.865	0.875

**Autoregressive beats SOTA (RSF)**  
...but **TTE beats autoregressive** by  
**~2%**

## Performance Comparison over Long Time Horizons

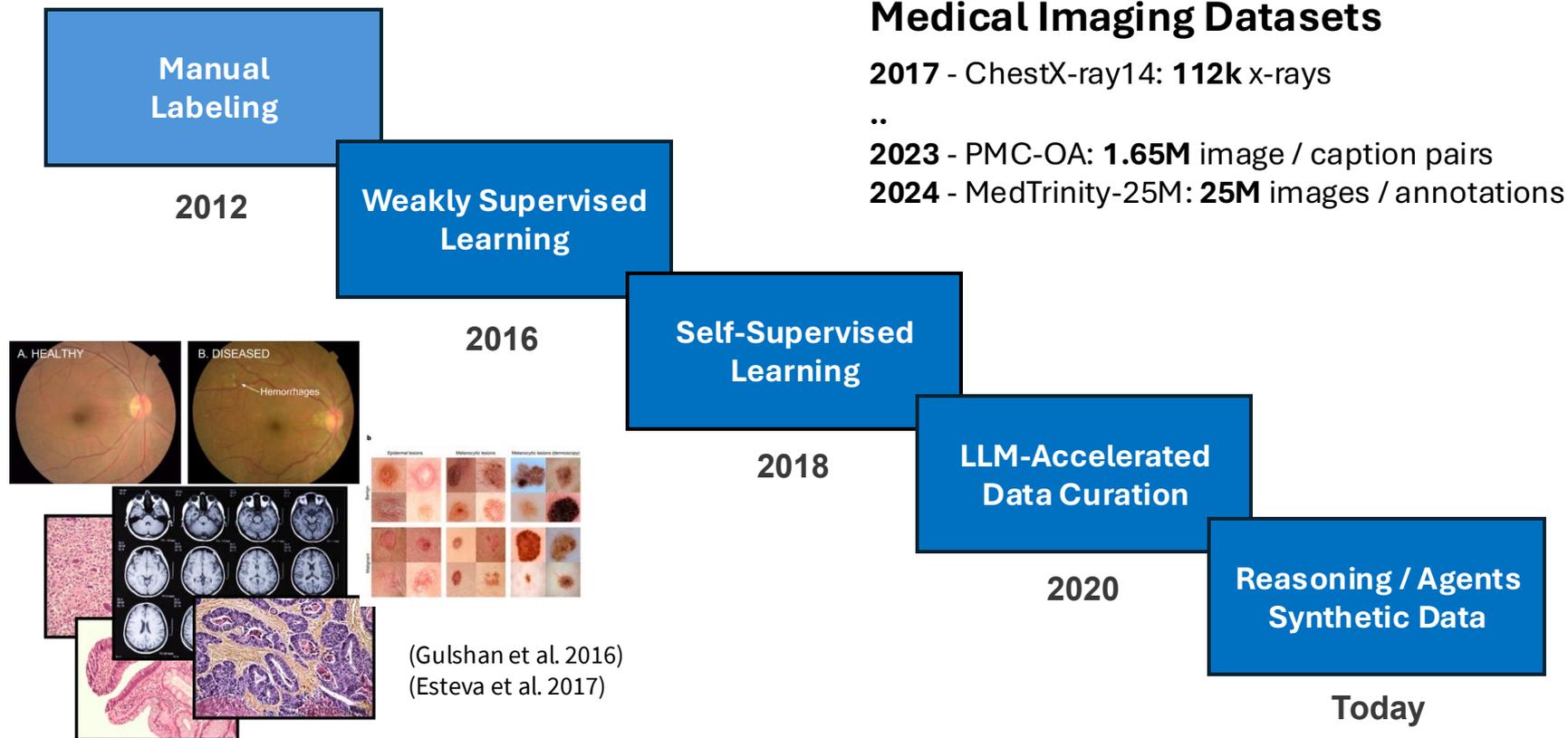
Performance Deltas of MOTOR with TTE Pretraining Versus:

**Pretraining is  
the key driver  
of performance**



Can this same TTE approach handle  
**high-dimensional, multimodal data**  
at a **single time point**?

# Eras of Training Supervision for Unstructured Data



# Multimodal Healthcare Foundation Models

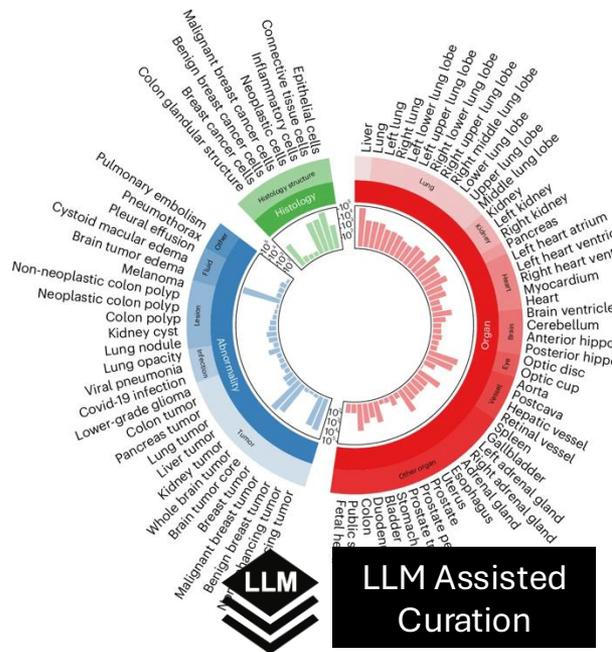
Image

Text  
Description

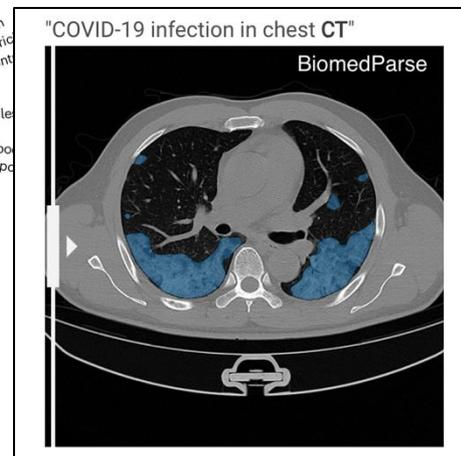
Segmentation  
Mask

...

Aligned Data For  
Self-Supervised  
Learning



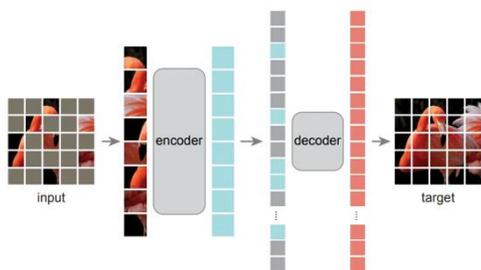
**6.8M** image/mask/description  
**82** major object types  
**9** imaging modalities



BiomedParse (Zhao et al. 2024) *Nature Methods*

# Vision Pretraining Approaches

Current self-supervised learning methods **work well for diagnosis** (classify “now”)

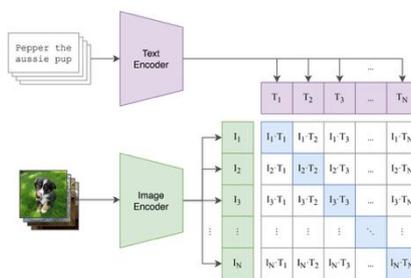


(He et al. 2021)

## Masked Autoencoder (MAE)



Image

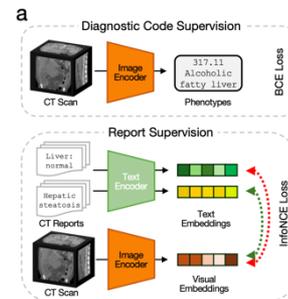


(Radford et al. 2021)

## Contrastive (e.g., CLIP)



Image + Text



(Blankemeier et al. 2024)

## Hybrid (e.g., Merlin)



Image + Text + Diagnosis Codes

## Curate heterogenous task supervision from the EHR

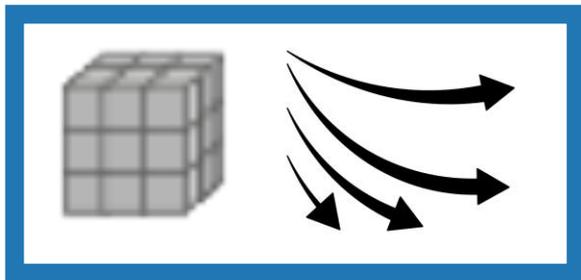


Image + Survival Trajectories

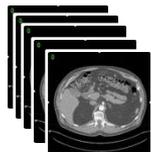
Published as a conference paper at ICLR 2025

## TIME-TO-EVENT PRETRAINING FOR 3D MEDICAL IMAGING

**Zepeng Huo<sup>1,\*</sup>, Jason Alan Fries<sup>1,\*</sup>, Alejandro Lozano<sup>2,\*</sup>,  
Jeya Maria Jose Valanarasu<sup>3,5</sup>, Ethan Steinberg<sup>1,6</sup>, Louis Blankemeier<sup>2</sup>,  
Akshay S. Chaudhari<sup>2,5,9,10</sup>, Curtis Langlotz<sup>4,5,8,10</sup>, Nigam H. Shah<sup>4,5,7,8,9,11</sup>**

# Time-to-Event Pretraining for 3D Imaging

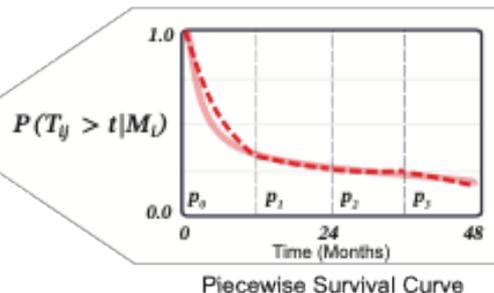
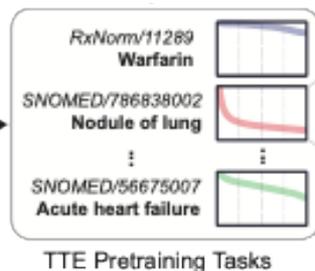
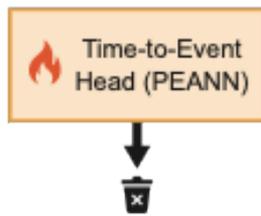
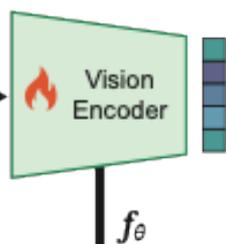
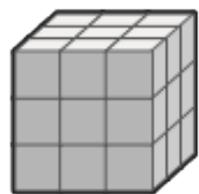
## Pulmonary Embolisms



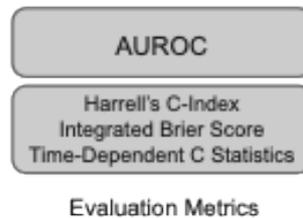
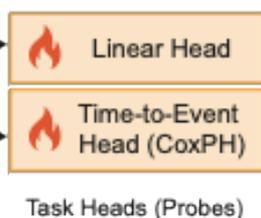
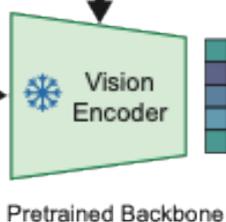
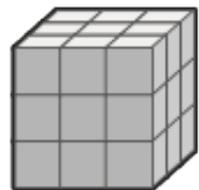
18,945 CT Scans  
(4.2 Million 2D images)

- Same pretraining setup as MOTOR
- **Single time point** (not dynamic)
- Pretraining a 3D image encoder

### TIME-TO-EVENT PRETRAINING



### TASK ADAPTATION



3D Image Inputs

Pretrained Backbone

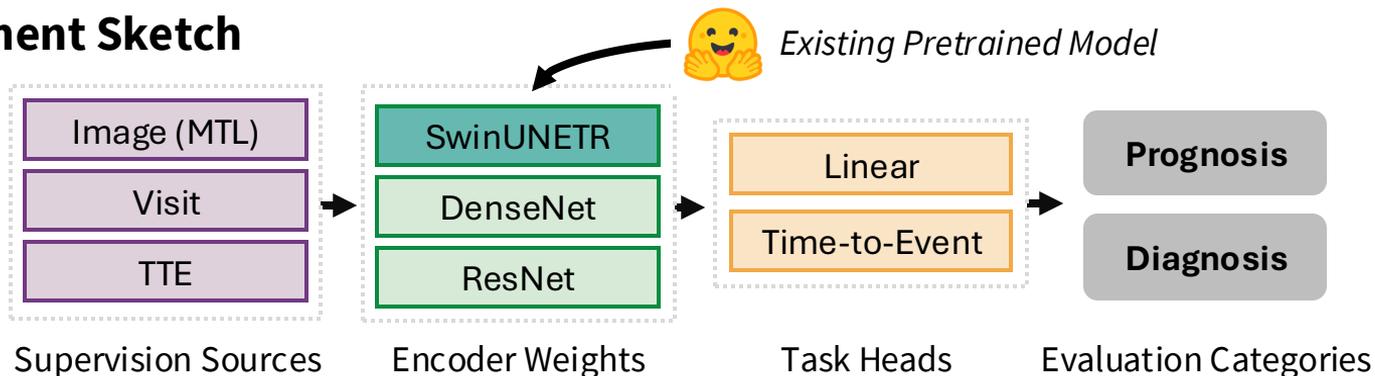
Task Heads (Probes)

Task Categories

Evaluation Metrics

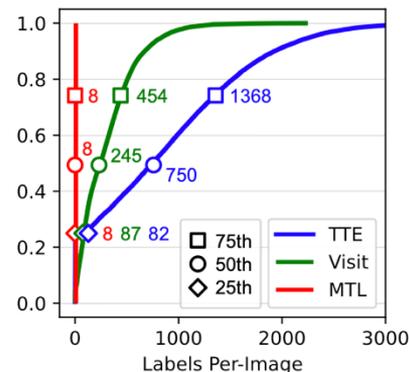
# Summary of Results: TTE (Continued) Pretraining

## Experiment Sketch



**Prognosis** Average **+23.7% AUROC** and **+29.4% Harrell's C-index** across 8 prognostic tasks

**Diagnosis** TTE pretraining does **NOT degrade performance** across 9 diagnostic tasks



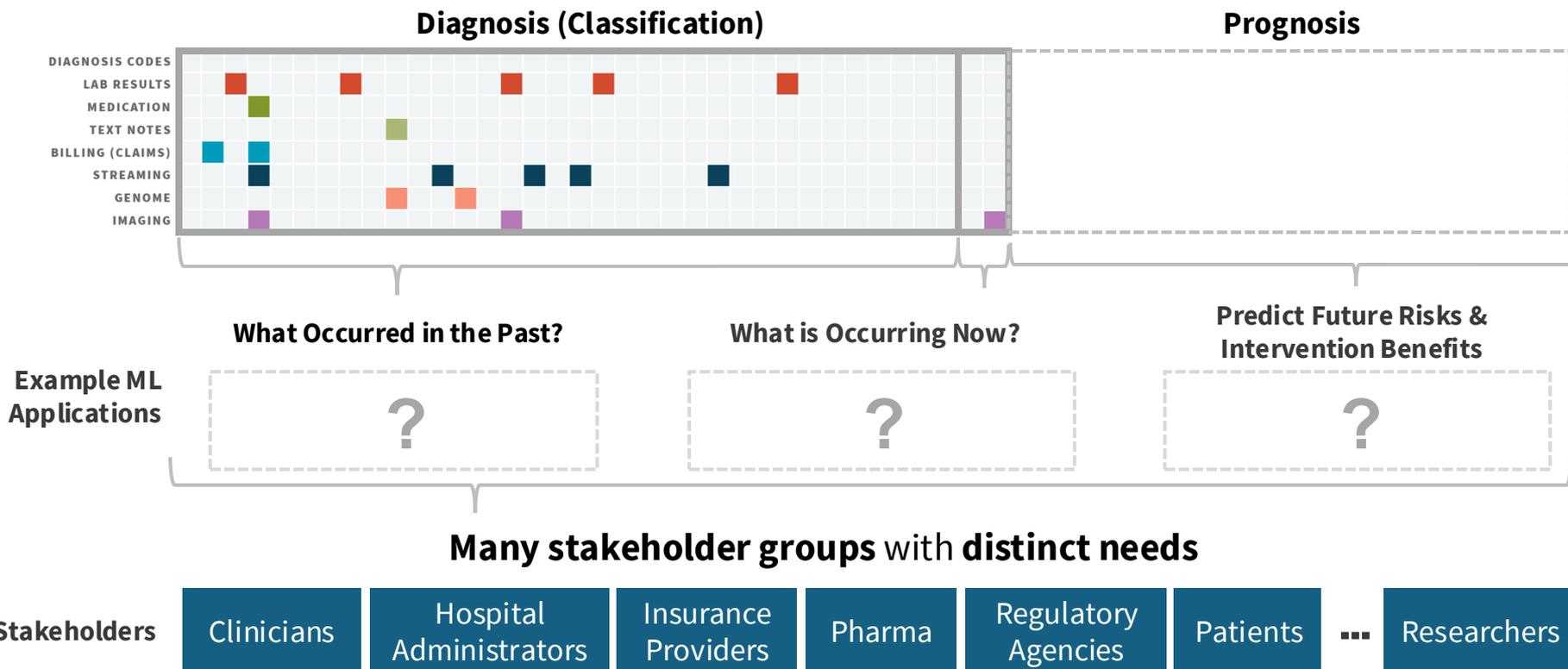
TTE increases label density by **3x**

# Human-AI Teaming: Natural Language Interfaces

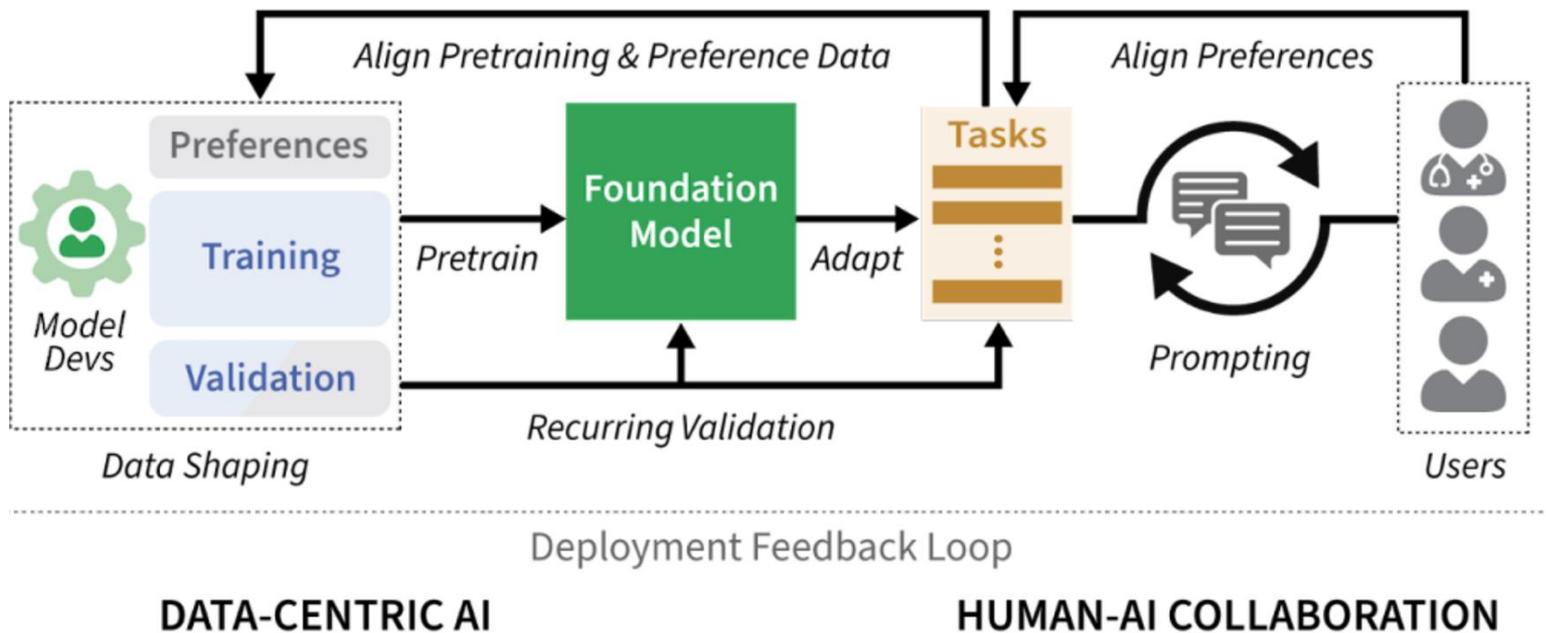
CTAGCTCC<sub>G...</sub>



# Ascertaining the Needs of Stakeholders



# Creating Feedback Loops with Real-world Data and Real Users



# Multiple Choice vs. Longitudinal Patient Timelines

## MedQA

**Question:** A 35-year-old man is brought to the emergency department by a friend 30 minutes after the sudden onset of right-sided weakness and difficulty speaking. [...] Which of the following is the most appropriate next step in diagnosis?

- (A) Echocardiography with bubble study
- (B) Adenosine stress test
- (C) Cardiac catheterization
- (D) Cardiac MRI with gadolinium
- (E) CT angiography

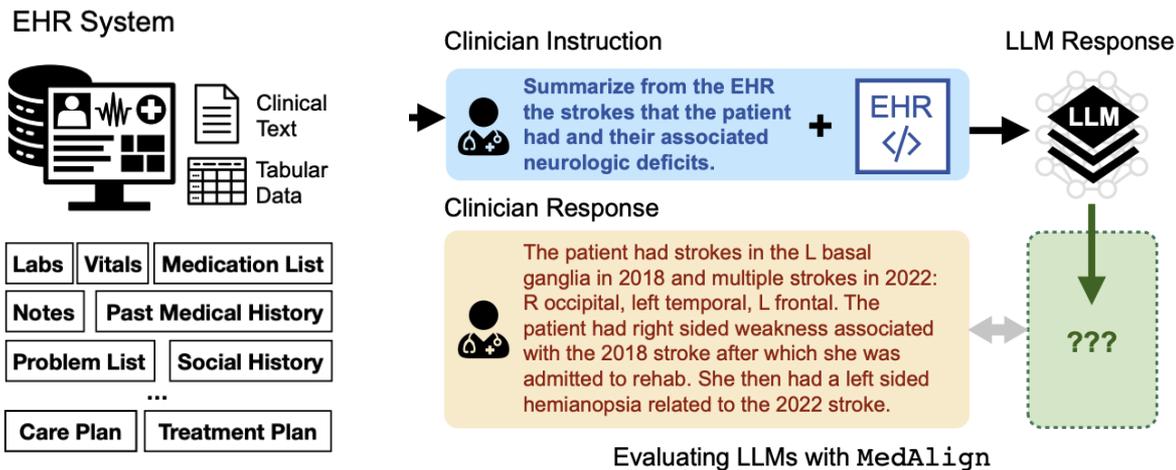


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    <observation start="10/08/2018 08:10 PM">
      <code>[LOINC/LP21258-6] Oxygen saturation 96 %</code>
    </observation>
    <note type="emergency department note" start="10/08/2018 08:10 PM">
      Emergency Department Provider Note Name: Jessica Jones, MD MRN: [1234555]
      ED Arrival: 10/08/2018 Room #: 17B History and Physical Triage: 52 year old woman
      with unknown past medical history presenting with right sided weakness since about
      2 hours ago. Last known normal 5:45pm. She said she was feeling well and then suddenly
      noticed that her right arm and leg went limp. She denies taking any blood thinners,
      and has had no recent surgeries. NIHSS currently graded at an 8: 4 no movement in R
      arm and 4 no movement in R leg CT head is negative for any bleed or any early ischemic
      changes. INR is 1.0, Plt 133. Discussed with patient the severity of symptoms and the
      concern that they are caused by a stroke, and that IV tPA is the best medication to
      reduce the risk of long term deficits. Patient is agreeable and IV tPA was given at
      8:20pm. Initially SBP 210/100, labetalol 5mg IV x1 given and came down to 180/90.
      IV tPA given after this point. Patient will need to be admitted to the ICU, with close
      neurological monitoring. Plan for head CT 24 hours post IV tPA administration, stroke
      workup including LDL, HA1C, echo, tele monitoring. Local neurology consult in AM.
    </note>
    <measurement start="10/08/2018 08:15 PM">
      <code>[LOINC/70182-1] NIHSS 8 </code>
```

## Longitudinal Patient Timelines

# Instruction Tuning: Aligning with Clinical Needs



**MedAlign:** A Clinician-Generated Benchmark Dataset for Instruction Following with Electronic Medical Records [1]

- **15** clinicians / **7** specialties
- 983 instructions, 303 responses
- Assess **real information needs**

[1] Fleming et al. "A Clinician-Generated Benchmark Dataset for Instruction Following with Electronic Medical Records". *AAAI*. 2024.

# Instruction Tuning: Aligning with Clinical Needs

Table 2: MEDALIGN instruction categories and example instructions.

Category	Example Instruction	Gold	All
Retrieve & Summarize	Summarize the most recent annual physical with the PCP	223	667
Care Planning	Summarize the asthma care plan for this patient including relevant diagnostic testing, exacerbation history, and treatments	22	136
Calculation & Scoring	Identify the risk of stroke in the next 7 days for this TIA patient	13	70
Diagnosis Support	Based on the information I've included under HPI, what is a reasonable differential diagnosis?	4	33
Translation	I have a patient that speaks only French. Please translate these FDG-PET exam preparation instructions for her	0	2
Other	What patients on my service should be prioritized for discharge today?	41	75
Total		303	983

Clinicians spend 49% of their day interacting with EHRs! **>66% of instructions** were **"retrieve & summarize"** data from the EHR.

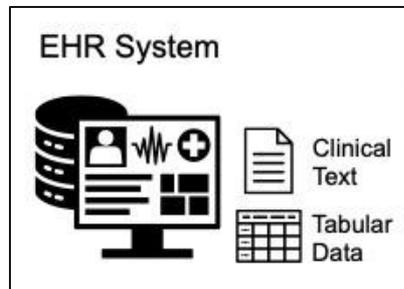
# The Perils of Climbing the Wrong Hill....

## MedQA

**Question:** A 35-year-old man is brought to the emergency department by a friend 30 minutes after the sudden onset of right-sided weakness and difficulty speaking. [...] Which of the following is the most appropriate next step in diagnosis?

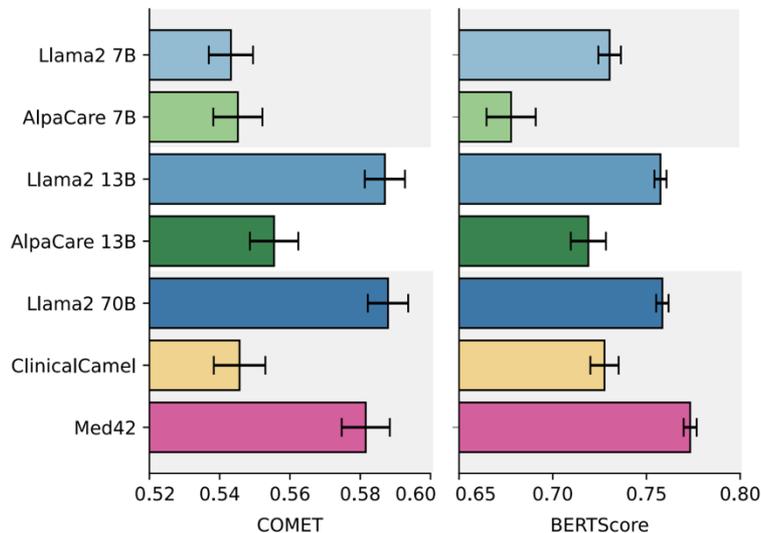
- (A) Echocardiography with bubble study
- (B) Adenosine stress test
- (C) Cardiac catheterization
- (D) Cardiac MRI with gadolinium
- (E) CT angiography

## MedAlign



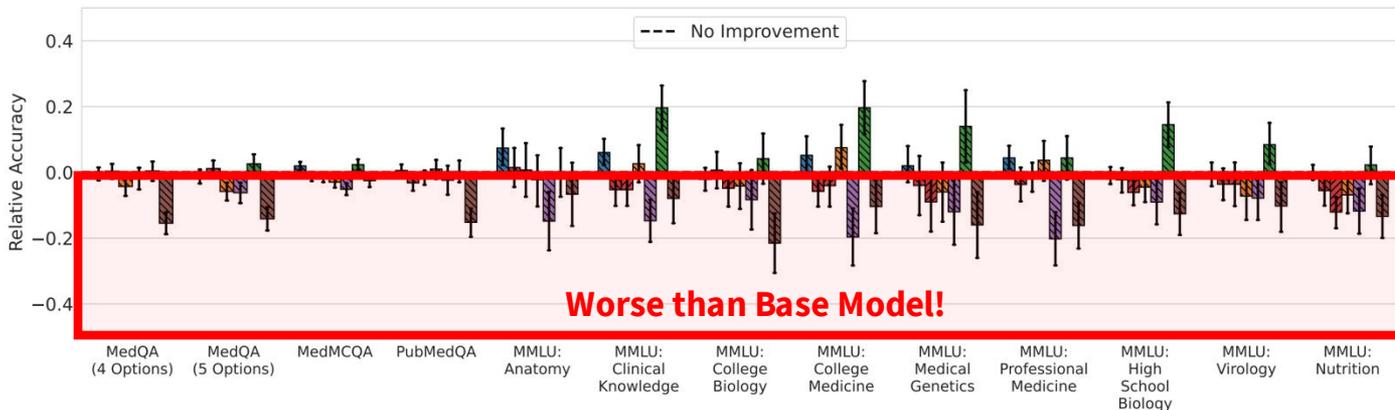
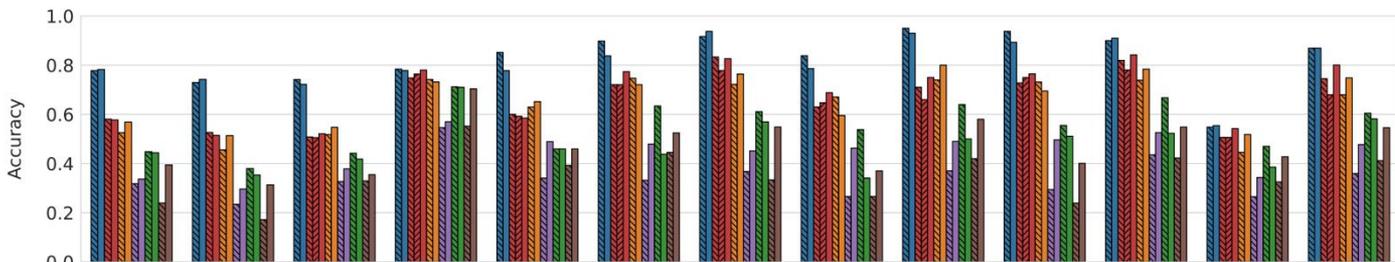
**33k to 1.6M**  
tokens per patient

Base vs. Base + Medical Instruction Tuning



Short instruction tuning tasks for medicine  
**actually hurt performance on MedAlign**

# The Perils of Climbing the Wrong Hill....



## Medical LLM (3-shot)

12.1% better

49.8% tie

38.2% worse

(Jeong et al. 2024)

Little  
improvement  
over base  
models!

# Future: Research Opportunities

CTAGCTCC<sub>G...</sub>



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# Longitudinal, Multimodal EHR Dataset & Model Releases

 Dataset	 Task	 Technical Challenge	 Example	 Tabular	 Images	 Notes
<b>EHRSHOT</b>	Risk Stratification	Few-Shot Learning	<i>What is the likelihood that this patient gets a diagnosis of pancreatic cancer within the next year?</i>	✓	✗	✗
<b>INSPECT</b>	Time-to-Event Modeling	Multimodal Learning	<i>When is chronic pulmonary hypertension most likely to develop</i>	✓	✓	✓
<b>MedAlign</b>	Instruction Following	Long-Context Learning & Temporal Reasoning	<i>From this EHR, summarize the patient's history of strokes and the resulting neurologic deficits.</i>	✓	✗	✓

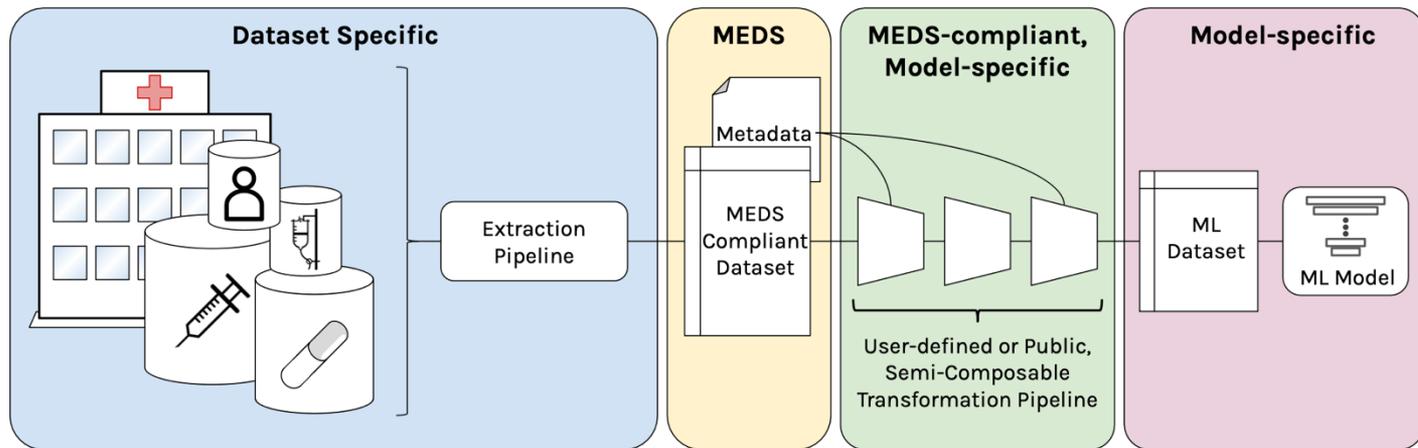
**26k** Patients **295M** Events **442k** Visits



<https://redivis.com/ShahLab>



# Medical Event Data Standard (MEDS)



## Open Data Schema for Health AI Practitioners

*Bert Arnrich, Edward Choi, Jason A. Fries, Matthew B. A. McDermott, Jungwoo Oh, Tom J Pollard, Nigam Shah, Ethan Steinberg, Michael Wornow, Robin van de Water*

<https://github.com/Medical-Event-Data-Standard/meds>

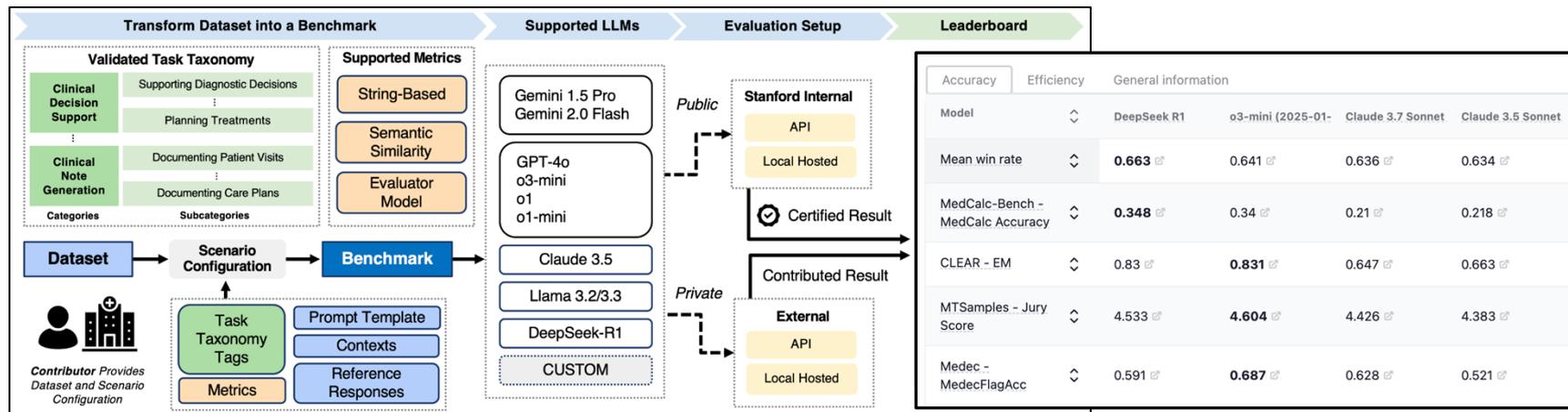
# Evaluation is Critical to Real-World Impact



## Stanford MedHELM

Community evaluation framework for benchmarking healthcare LLMs

<https://medhelm.stanford.edu/>

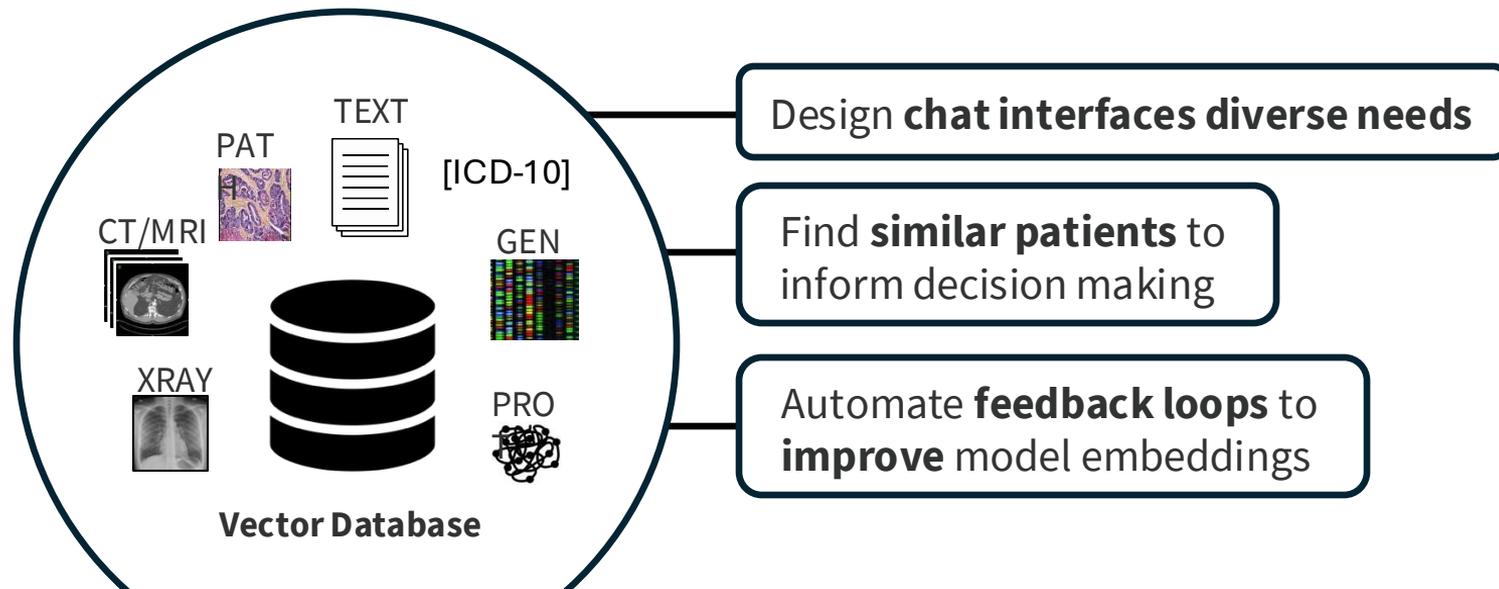


# The Future

We must build systems for patient timeline data that are **fast**, **multimodal**, and **interactive**

*“I can’t just go to the medical records department to have them pull 500 charts on a certain type of patient.”*

[Byrne Lee](#), MD, Clinical Professor,  
Surgical Oncology, Stanford Health Care



# Team Science

## Shah Lab and Collaborating Researchers



Jason Fries



Ethan  
Steinberg



Michael  
Wornow



Frazier Huo

## Governance, Privacy, and Licensing



Mariko Kelly



Julie Marie  
Romero



Jonathan  
Gortat



Scott Edmiston



Reed Sprague

## Technology & Digital Solutions



Alejandro  
Lozano



Hejie Cui



Alyssa Unell



Suhana Bedi



Louis  
Blankemeier



Natasha  
Flowers



Joseph  
Mesterhazy



Priya Desai



Somalee Datta



Todd Ferris

## External Collaborating Researchers



Keith Morse



Akshay  
Chaudhari



Curtis Langlotz



Nigam Shah



Lawrence Guo



Joshua Lemmon



Lillian Sung

# Questions

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