### Clinical Preventive Services for Normal-Risk Adults

#### Screening
- Blood Pressure, Height and Weight, Dental
- Alcohol Use
- Pap Smear
- Cholesterol
- Mammography
- Sigmoidoscopy and/or Fecal Occult Blood
- Vision, Hearing

#### Immunization
- Tetanus-Diphtheria (Td)
- Varicella (VZV)
- Measles, Mumps, Rubella (MMR)
- Pneumococcal
- Influenza

#### Counseling
- Women only:
  - Calcium Intake
  - Folic Acid
  - Hormone Replacement Therapy
  - Mammography Screening

- Men Only:
  - Prostate Cancer Screening

#### Tobacco cessation, drug and alcohol use, STDs and HIV, family planning, domestic violence, unintentional injuries, seat belt use, nutrition, physical activity, fall prevention and polypharmacy (elderly)

#### Screenings
- Periodically
- Every 1 to 3 years; less frequently in some groups
- Men: Every 5 Years
- Women: Every 5 Years
- Every 1 to 2 years
- Every 5 to 10 years
- Yearly
- Periodically

#### Recommendations
- Recommended by most US authorities
- Recommended by some US authorities

#### Upper Age Limits
- Should be individualized for each patient